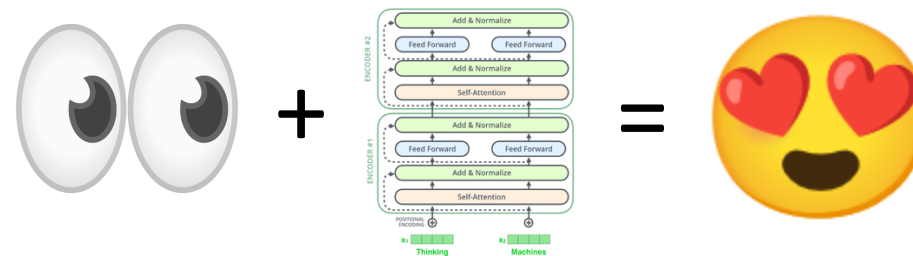


# ACL 2025 Tutorial

## Eye Tracking and NLP

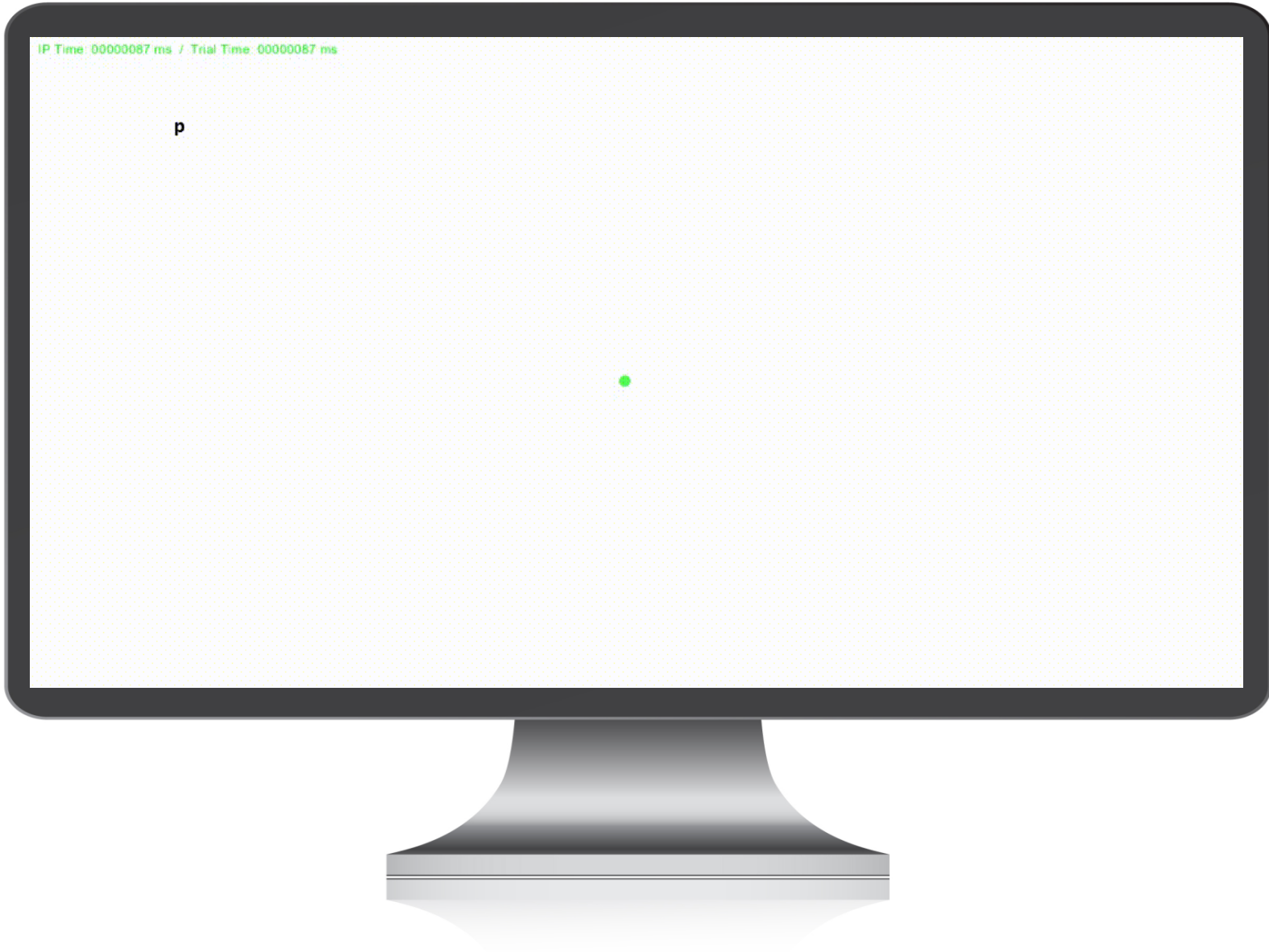


**David Reich<sup>1,2</sup>, Omer Shubi<sup>3</sup>, Lena Jäger<sup>1</sup> and Yevgeni Berzak<sup>3</sup>**

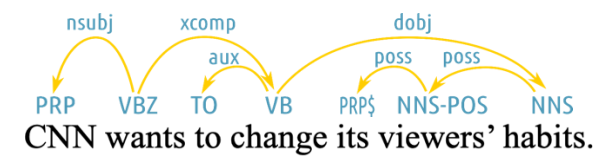
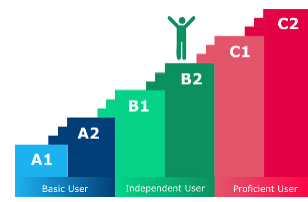
<sup>1</sup>University of Zurich <sup>2</sup>University of Potsdam <sup>3</sup>Technion

# Read the Following Paragraph

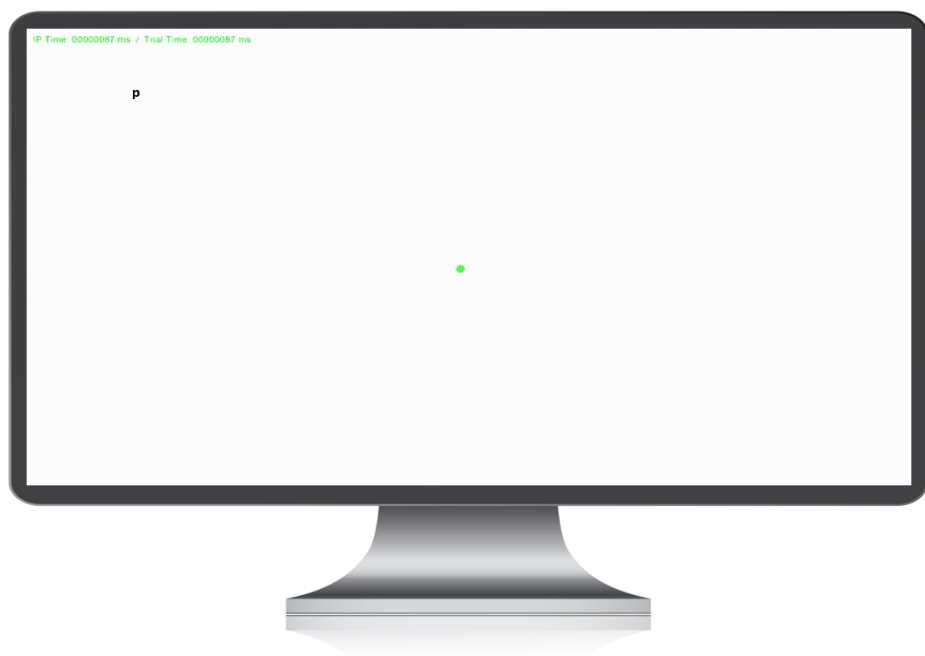
Over the next 30 years, the planet's human population will increase to nine billion. Already one billion people do not get enough food. The increase will mean more pressure on agricultural land, water, forests, fisheries and biodiversity resources, as well as nutrients and energy supplies. There is also the issue of methane excreted by cows. The livestock farming contribution, in terms of greenhouse gas emissions, is enormous – 35% of the planet's methane, 65% of its nitrous oxide and 9% of the carbon dioxide.



L1

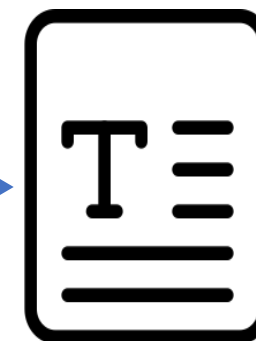


# Eye Movements in Reading: Rich Information



Linguistic knowledge  
Reading skill  
Cognitive state  
...

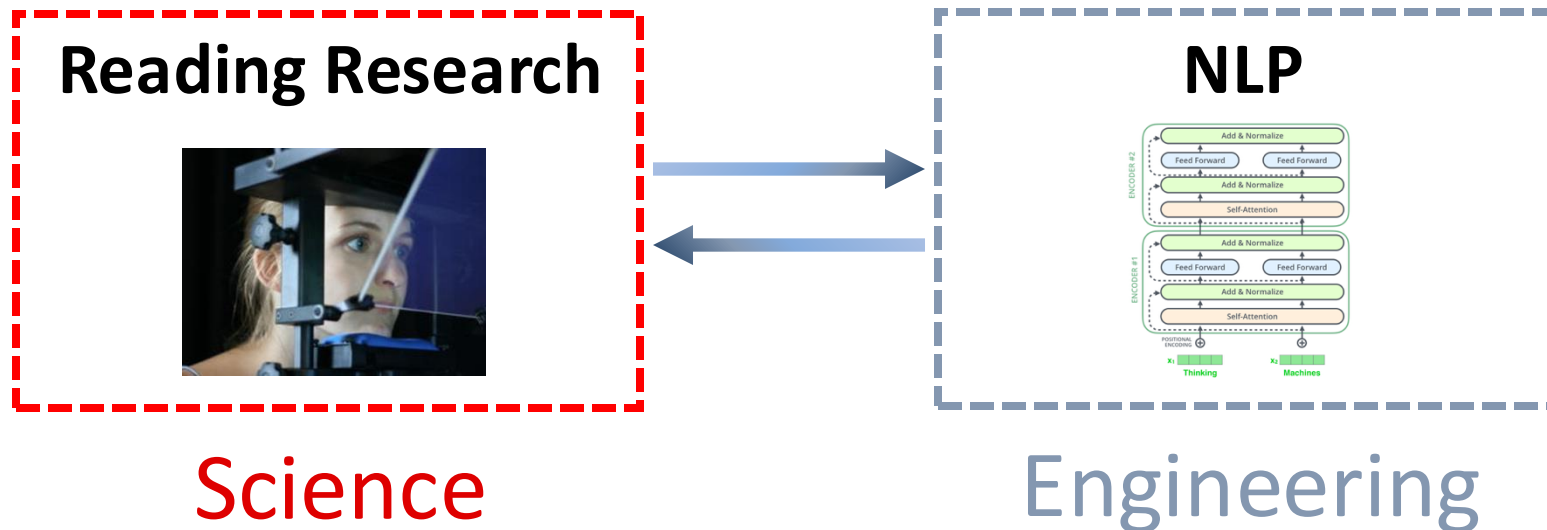
Comprehension  
Relevance  
Goals  
Prior exposure  
...



Ling. characteristics  
Information structure  
Difficulty level  
...

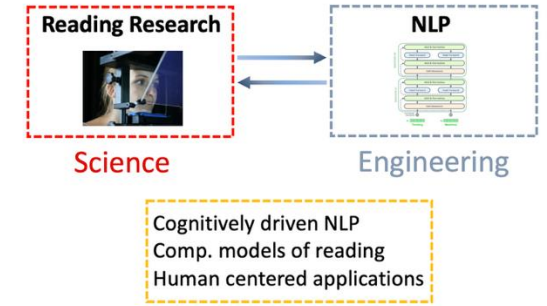


# This Tutorial



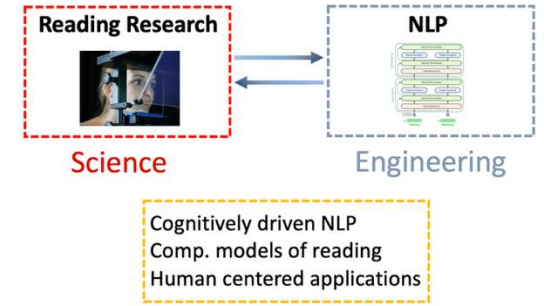
Cognitively driven NLP  
Comp. models of reading  
Human centered applications

# Huge untapped potential for NLP research



- A unique multimodal modeling challenge
- Expanding the role of NLP in cognitive modeling and science
- Opportunities for innovative high-impact applications
  - Education
  - Language learning and assessment
  - Content personalization
  - Content accessibility
  - ...

# The domain is ripe enough

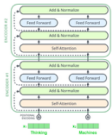


- Builds on a long tradition in the psychology of reading
- Amount and diversity of eye tracking data has reached a critical mass
- Recent NLP and ML modelling approaches demonstrate feasibility

# Tutorial Outline

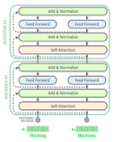


1. Introduction to eye tracking

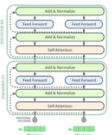


2. Uses of eye tracking in NLP + QA

30 minutes break



3. NLP for eye movement and cognitive modeling



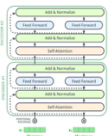
+



=



4. New human centered applications



+

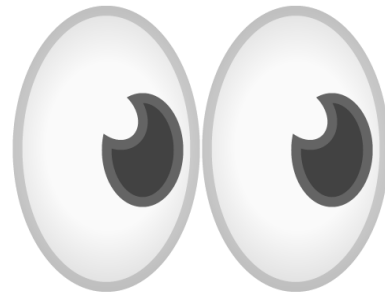


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5. Outlook and future directions + QA

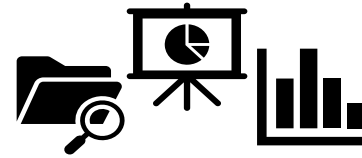
# Introduction to Eye Movements in Reading and Eye Tracking



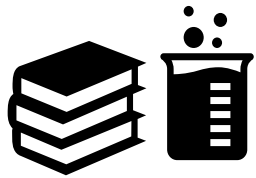
# Introduction to Eye Movements in Reading and Eye Tracking



How do People Read?



Data Representation



Reading Measures



Alternatives



Eye Tracking

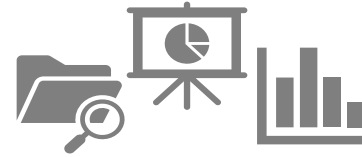


Datasets

# Introduction to Eye Movements in Reading and Eye Tracking



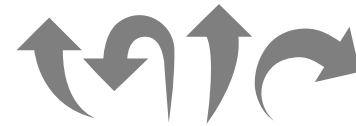
How do People Read?



Data Representation



Reading Measures



Alternatives



Eye Tracking



Datasets

# Read the Following Paragraph

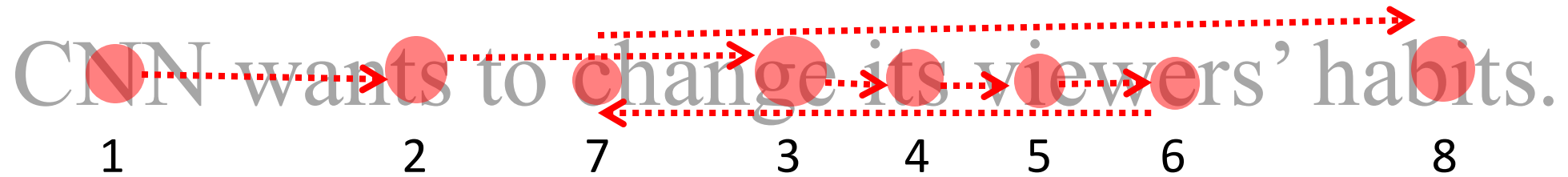
Over the next 30 years, the planet's human population will increase to nine billion. Already one billion people do not get enough food. The increase will mean more pressure on agricultural land, water, forests, fisheries and biodiversity resources, as well as nutrients and energy supplies. There is also the issue of methane excreted by cows. The livestock farming contribution, in terms of greenhouse gas emissions, is enormous – 35% of the planet's methane, 65% of its nitrous oxide and 9% of the carbon dioxide.



# How do people read?



# How do people read?



# How do people read?

CNN wants to change its viewers' habits.

A diagram illustrating eye-tracking fixations on the sentence "CNN wants to change its viewers' habits.". Eight red circular markers are placed over specific words in the sentence, each with a number below it indicating the order of fixations. The fixations are numbered 1 through 8, showing a non-linear reading path. The words "CNN", "wants", "to", "change", "its", "viewers'", "habits.", and the period are all in a light gray font.

Fixation Number	Word
1	CNN
2	wants
7	to
3	change
4	its
5	viewers'
6	habits.
8	habits.

## Fixations

# How do people read?

CNN wants to change its viewers' habits.

1 2 7 3 4 5 6 8

## Saccades

# How do people read?

CNN wants to change its viewers' habits.

# How do people read?

CNN wants to change its viewers' habits.

A diagram illustrating eye-tracking on the sentence "CNN wants to change its viewers' habits." Two red circles are placed over the words "CNN" and "wants". A horizontal red dotted line connects the two circles, with a red arrowhead pointing from "CNN" to "wants".

# How do people read?

CNN wants to change its viewers' habits.

A diagram illustrating eye movement. Two red circles are positioned over the words 'wants' and 'change' in the sentence 'CNN wants to change its viewers' habits.'. A horizontal red dotted line connects the two circles, ending in a red arrowhead pointing towards the word 'change'.

# How do people read?

CNN wants to change  its  viewers' habits.





# How do people read?

CNN wants to change its viewers' habits.



# How do people read?

CNN wants to change its viewers' habits.

A diagram illustrating eye-tracking on the word "viewers". Two red circles are positioned over the 'v' and 'e' of "viewers". A horizontal red dotted line connects the two circles, and a red arrow points from the circle over the 'v' to the circle over the 'e', indicating the direction of reading.

# How do people read?

CNN wants to change its viewers' habits.



# How do people read?

CNN wants to change its viewers' habits.

The image shows the sentence "CNN wants to change its viewers' habits." in a light gray font. A red dotted line with arrowheads at both ends is drawn horizontally across the text, starting at the first red dot on the 'c' of "change" and ending at the second red dot on the 'b' of "habits". This visualizes a reading path from the start of the main clause to the end of the object of the prepositional phrase.

# How do people read?

CNN wants to change its viewers' habits.

# How do people read?

CNN wants to change its viewers' habits.  
225ms

# How do people read?

CNN wants to change its viewers' habits.



225ms

# How do people read?

CNN wants to change its viewers' habits.



225ms 30ms



# How do people read?

CNN wants to change its viewers' habits.

What do you see during a **fixation**?

# How do people read?

CNN wants to change its viewers' habits.

Perceptual  
Span

What do you see during a **fixation**?

# How do people read?

CNN wants to  change its viewers' habits.

What do you see during a **saccade**?

# How do people read?



What do you see during a **saccade**?

*Nothing!*

# How do people read?


CNN wants to change its viewers' habits.

A diagram illustrating a forward saccade. It shows two red circles connected by a red dotted line with an arrow pointing from the left circle to the right circle, representing the movement of the eye from one point of interest to another.

Forward  
Saccade

# How do people read?

CNN wants to change its viewers' habits.



Forward  
Saccade

The diagram shows two red circles representing fixation points. A red dotted line with an arrowhead points from the left circle to the right circle, illustrating a forward saccade.

# How do people read?

CNN wants to change its viewers' habits.



Forward  
Saccade

# How do people read?

CNN wants to change its viewers' habits.

A red dashed horizontal line with a red arrowhead pointing to the left, positioned over the word 'change' in the sentence 'CNN wants to change its viewers' habits.' The line starts at the 'e' in 'viewers' and ends at the 'c' in 'change', indicating a backward movement of the eye.

Backward  
Saccade  
(Regression)



# How do people read?

CNN wants to change its viewers' habits.

1 2 7 3 4 5 6 8

An eye-tracking visualization showing eight red circular markers of varying sizes overlaid on the sentence "CNN wants to change its viewers' habits.". The markers are positioned at the following approximate coordinates (x, y) relative to the text: 1. Over the first 'N' in "CNN". 2. Over the 's' in "wants". 3. Over the 'c' in "change". 4. Over the 'e' in "change". 5. Over the 'i' in "its". 6. Over the 'v' in "viewers". 7. Over the 'e' in "viewers". 8. Over the 'b' in "habits.". The markers at positions 1, 2, 3, 4, and 5 are significantly larger than the others, indicating longer dwell times or more frequent fixations on these words. The marker at position 7 is also relatively large. The marker at position 8 is the smallest, indicating a quick glance at the end of the sentence.

# How do people read?

CNN wants to change its viewers' habits.

1 2 7 3 4 5 6 8

An eye-tracking visualization showing the sequence of fixations on the sentence "CNN wants to change its viewers' habits.". Eight red circles of varying sizes are placed over the text, indicating where the reader's eyes stopped. Below each circle is a number representing the order of the fixation: 1 (over 'C'), 2 (over 'n'), 7 (over 't'), 3 (over 'c'), 4 (over 'h'), 5 (over 'a'), 6 (over 'n'), and 8 (over 'h'). The sequence of numbers (1, 2, 7, 3, 4, 5, 6, 8) suggests a non-linear reading path, starting with the first word and then jumping to various parts of the sentence.

# How do people read?

CNN wants to change its viewers' habits.

1 2 7 3 4 5 6 8

The image shows an eye-tracking visualization for the sentence "CNN wants to change its viewers' habits." Red circles of varying sizes are placed over the text to indicate where and how long a reader's gaze was fixed. The circles are positioned over the words: CNN (1), wants (2), to (7), change (3), its (4), viewers' (5), habits. (6), and a final circle (8) at the end of the sentence. The size of the circles suggests the duration of the gaze, with the largest circle appearing over the word "change". The numbers 1 through 8 are placed directly below each corresponding circle.

# How do people read?

CNN wants to change its viewers' habits.

1 2 7 3 4 5 6 8

An eye-tracking visualization showing eight red circular markers overlaid on the sentence "CNN wants to change its viewers' habits.". The markers are numbered 1 through 8, indicating the sequence of fixations. Marker 1 is on the first 'N' of "CNN". Marker 2 is on the 's' of "wants". Marker 7 is on the 'c' of "change". Marker 3 is on the 'e' of "change". Marker 4 is on the 'i' of "its". Marker 5 is on the 'v' of "viewers". Marker 6 is on the 'e' of "viewers". Marker 8 is on the 'b' of "habits". The word "to" is not marked, suggesting a very brief or no fixation.

# How do people read?



Eye Mind Assumption: “... *there is no appreciable lag between what is fixated and what is processed.*” [Just & Carpenter, 1980](#)

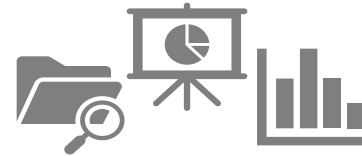
Tight correspondence between eye movements and linguistic processing

- Eye movements capture online processing difficulty:  
e.g. longer, less frequent and less predictable words  
→ longer fixation times, less skipping

# Introduction to Eye Movements in Reading and Eye Tracking



How do People Read?



Data Representation



Reading Measures



Alternatives



Eye Tracking



Datasets

# Reading Measures

CNN wants to change its viewers' habits.



- Skips (also skip rate / fixation probability)
- First fixation duration
- Gaze duration
- Regression rate
- Go-past duration
- Total fixation duration

# Reading Measures

CNN wants to change its viewers' habits.



- Skips (also skip rate / fixation probability)
- **First fixation duration**
- Gaze duration
- Regression rate
- Go-past duration
- Total fixation duration



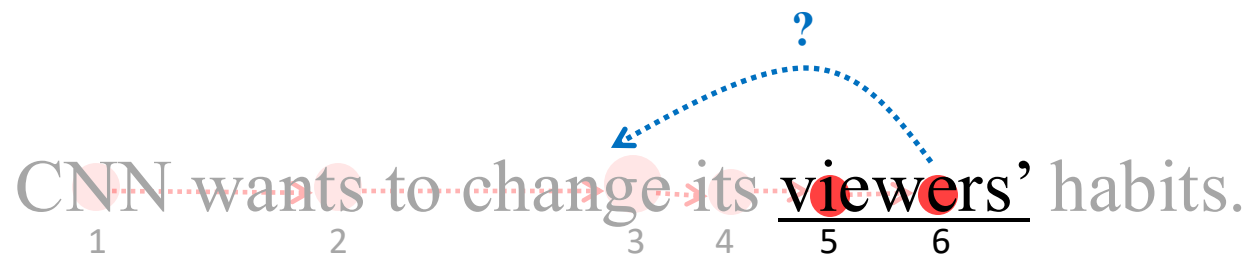
# Reading Measures

CNN wants to change its viewers' habits.

1 2 3 4 5 6 7

- Skips (also skip rate / fixation probability)
- First fixation duration
- **Gaze duration**
- Regression rate
- Go-past duration
- Total fixation duration

# Reading Measures



- Skips (also skip rate / fixation probability)
- First fixation duration
- Gaze duration
- **Regression rate**
- Go-past duration
- Total fixation duration

# Reading Measures

CNN wants to change its viewers' habits.

- Skips (also skip rate / fixation probability)
- First fixation duration
- Gaze duration
- Regression rate
- **Go-past duration**
- Total fixation duration

# Reading Measures

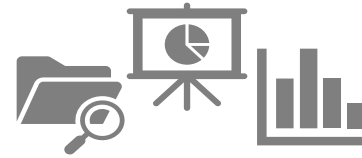


- Skips (also skip rate / fixation probability)
- First fixation duration
- Gaze duration
- Regression rate
- Go-past duration
- **Total fixation duration**

# Introduction to Eye Movements in Reading and Eye Tracking



How do People Read?



Data Representation



Reading Measures



Alternatives

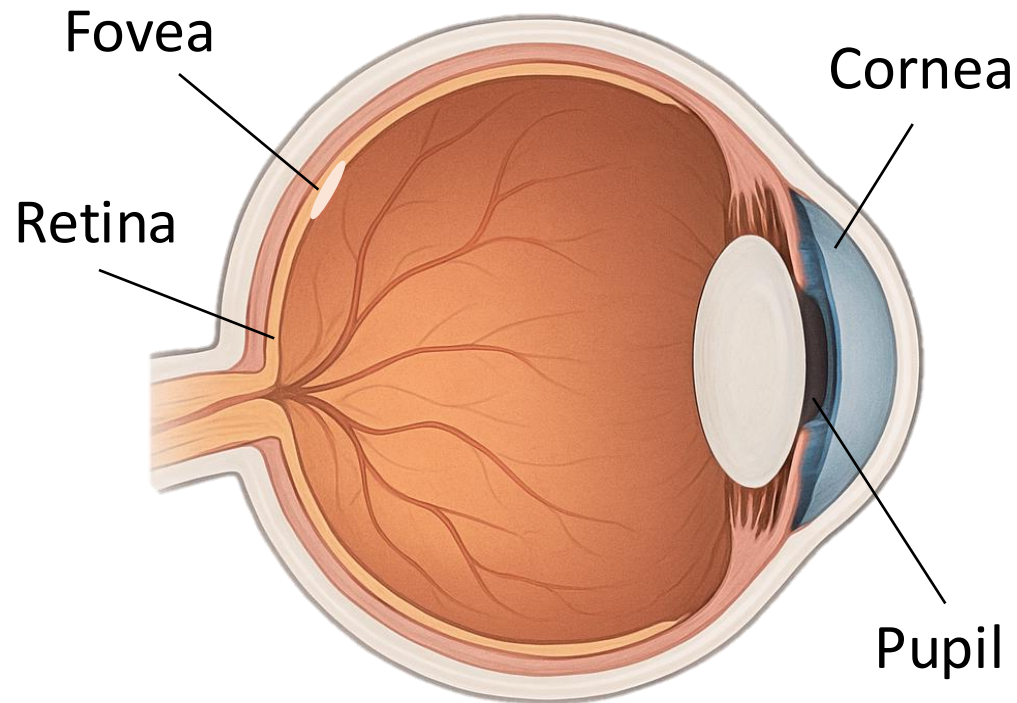


Eye Tracking



Datasets

# Eye Physiology



## Photoreceptor Cells on the Retina

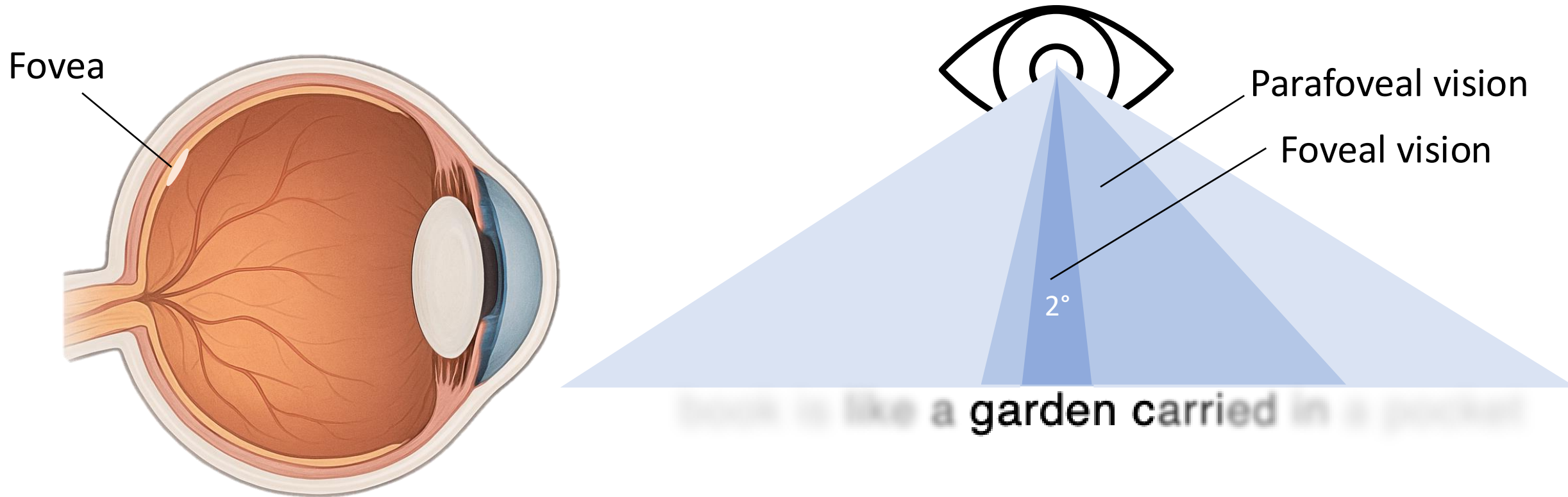
### Cones

- Sensitive to “visual detail” (spatial frequency and color)
- High density in the fovea
- Low density in the periphemia

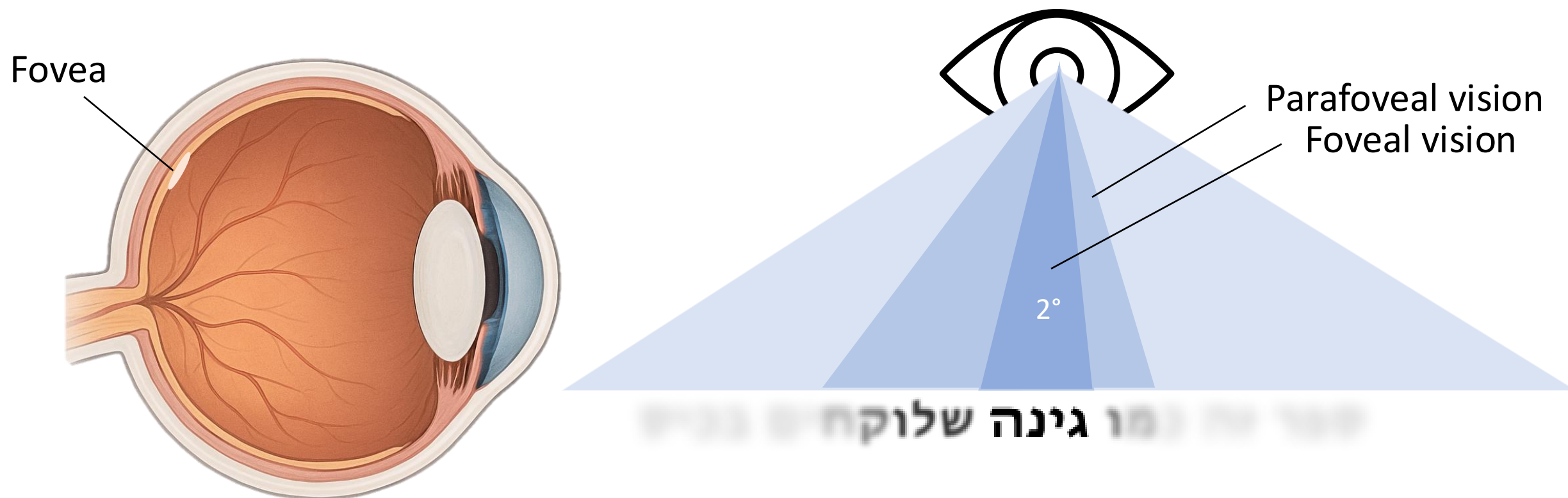
### Rods

- Sensitive to light
- Low density in the fovea
- High density in the periphemia

# The Perceptual Span in Reading

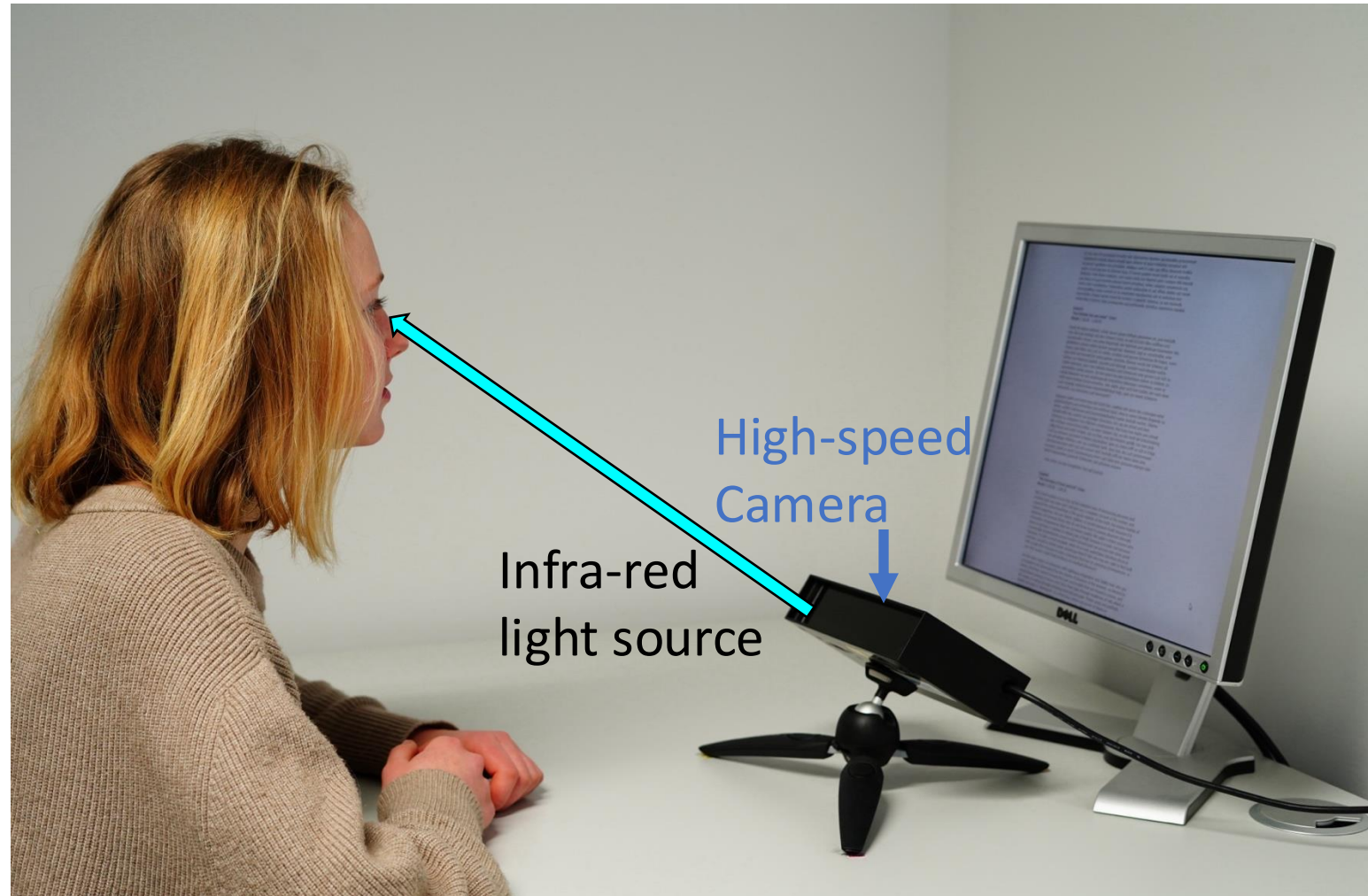


# The Perceptual Span in Reading

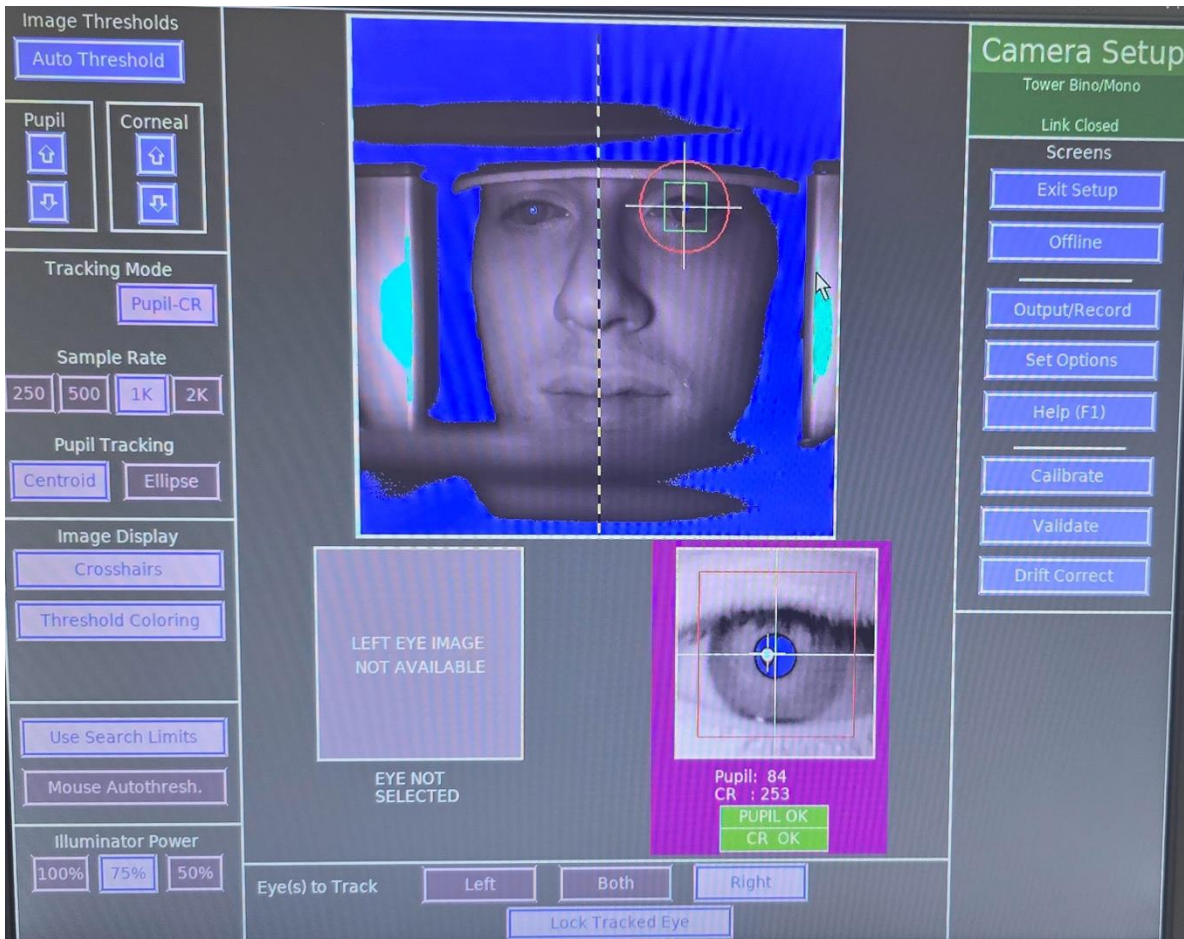




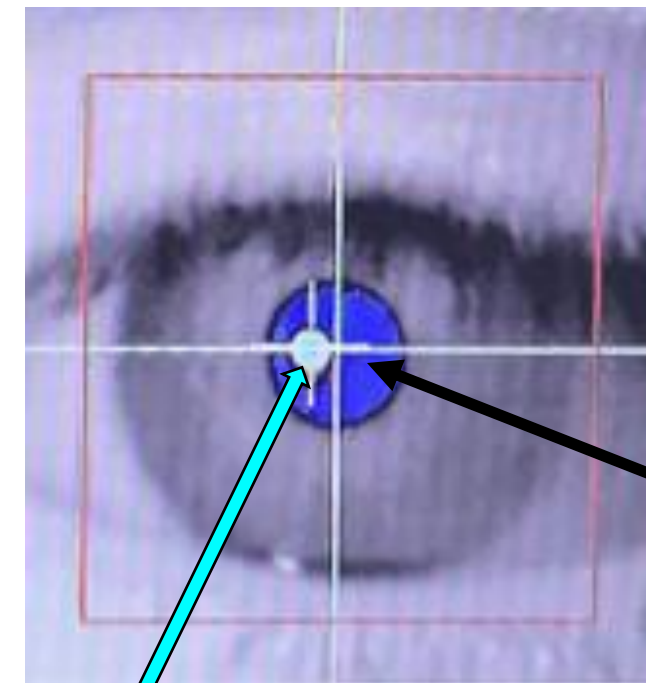
# Video-Based Eye Tracking



# Video-Based Eye Tracking



Two targets



Pupil

Corneal Reflection  
of the infra-red light

# Video-Based Eye Tracking

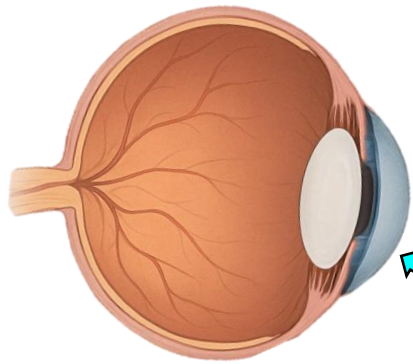
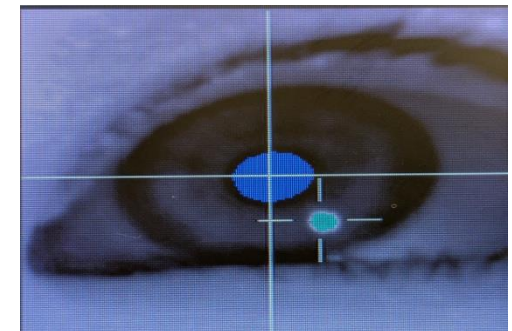
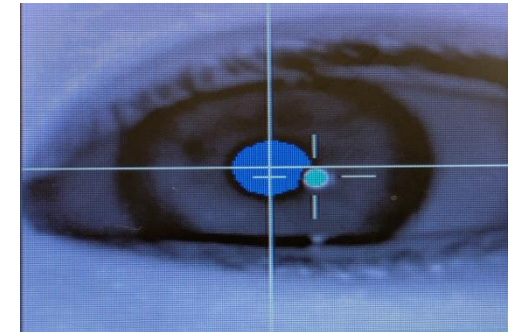


Image detection of the

- pupil
- corneal reflection (CR) of the IR light





# Video-Based Eye Tracking

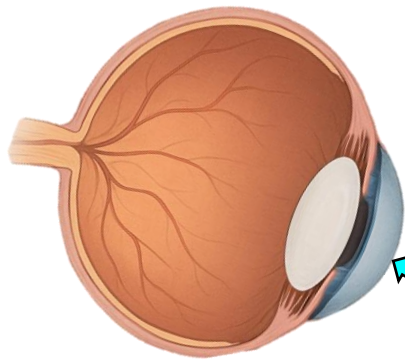
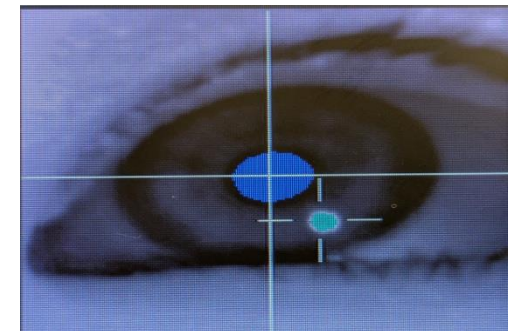
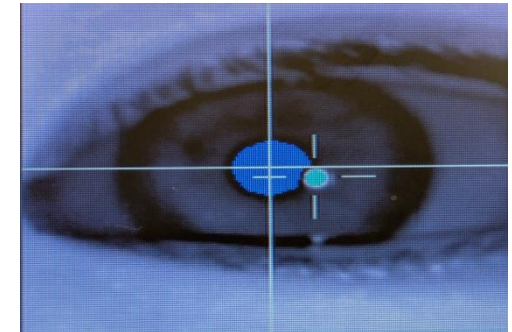


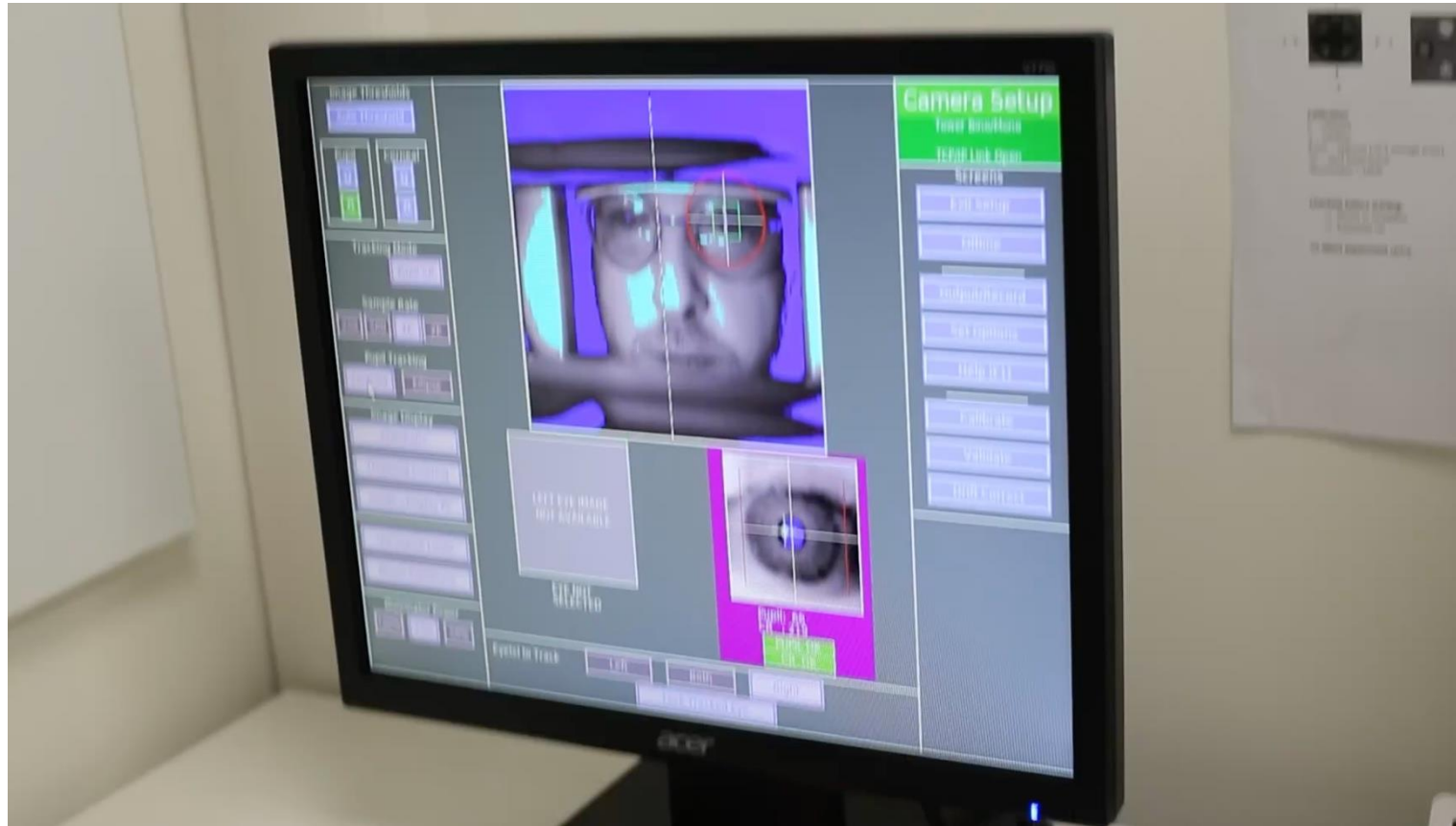
Image detection of the

- pupil
- corneal reflection (CR) of the IR light



# Video-Based Eye Tracking

## Calibration



Very high calibration quality needed for reading research

# Video-Based Eye Tracking Devices

## Wearable



## Portable



## Stationary



# Video-Based Eye Tracking Devices

**For eye tracking-while-reading data sets we typically want**

- character-level spatial resolution
  - very high accuracy (calibration quality) needed
  - head-stabilization (chin-rest) recommended
  - stationary or portable devices typically achieve better calibration than wearables
- precise fixation onset/offset times
  - sampling frequency of at least 200 Hz needed

# Data Collection Considerations

## **Many additional things to take care of**

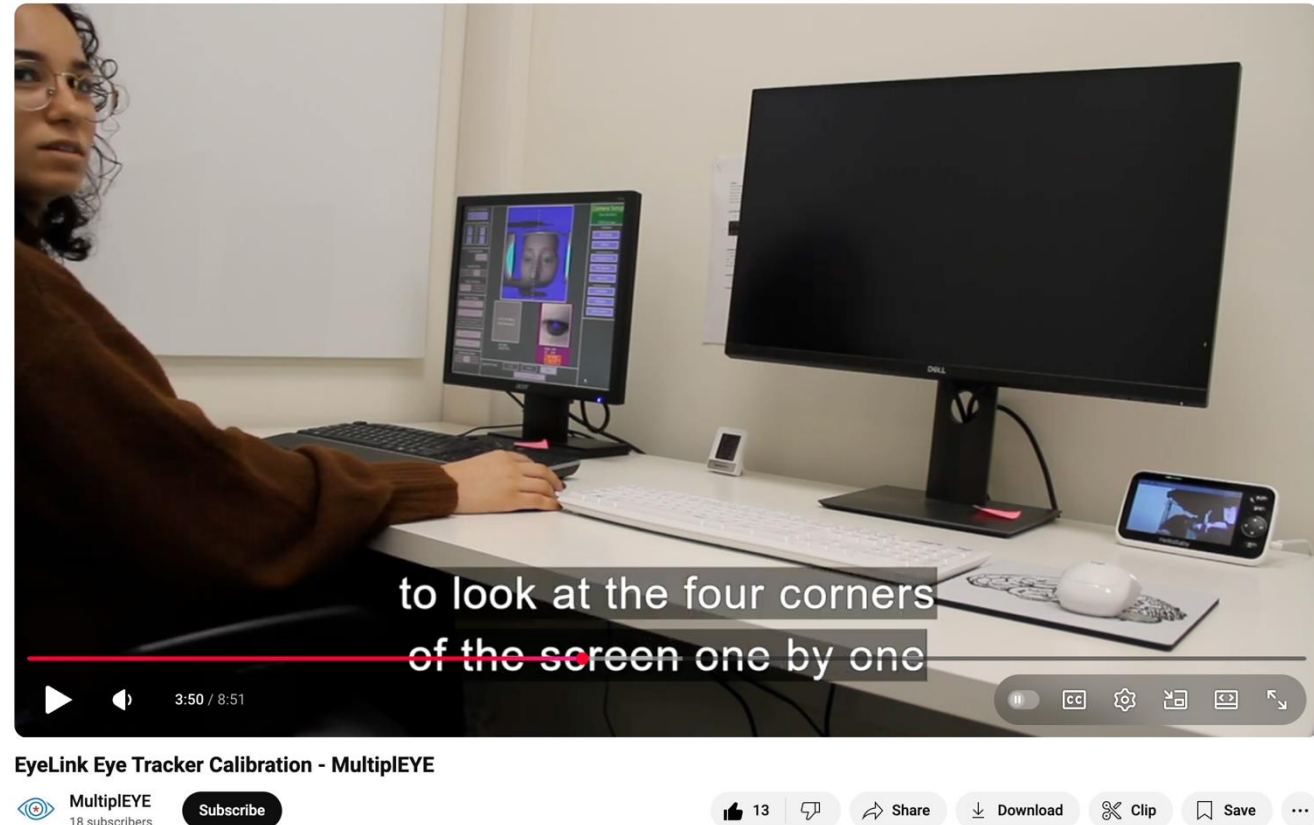
- Experimental design, counter balancing and randomization
- Attention checks / reading comprehension questions
- Monitoring drift and recalibration during the experiment
- Blocking accidental clickthrough's
- Text presentation:
  - Font (often monospace) and font size
  - Line spacing
- IRB (ethics approval, data protection etc.)
- ...



# Data Collection Considerations

## Data collection video tutorials (for EyeLink Eye Trackers)

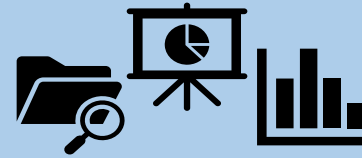
- [Dominant eye test](#)
- [Calibration](#)



# Introduction to Eye Movements in Reading and Eye Tracking



How do People Read?



Data Representation



Reading Measures



Alternatives



Eye Tracking



Datasets

# Eye Tracking: Recorded data

CNN wants to change its viewers' habits.

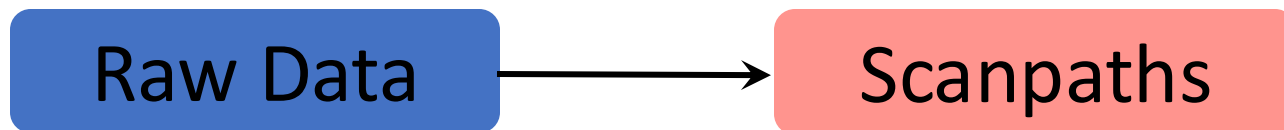
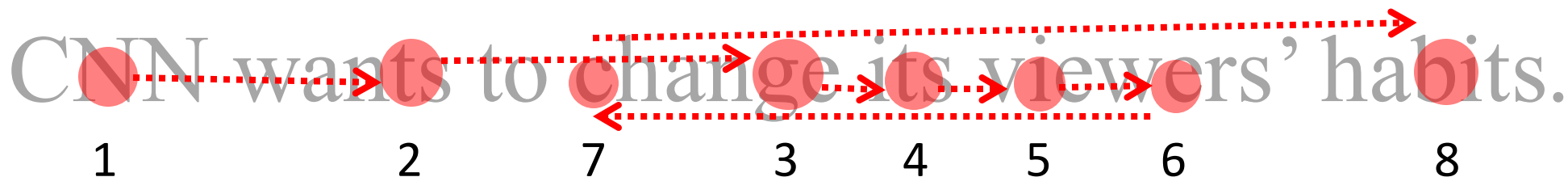
## Raw Data

- Binocular or monocular



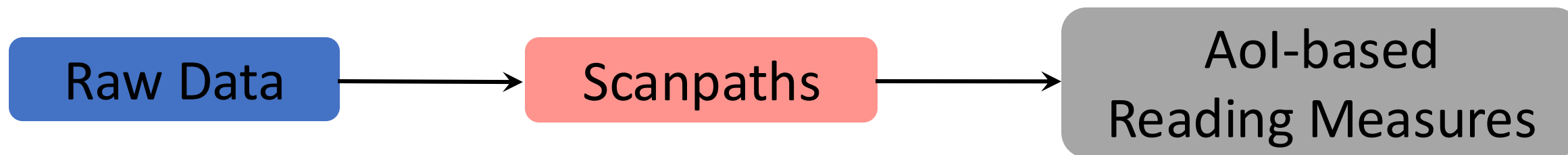
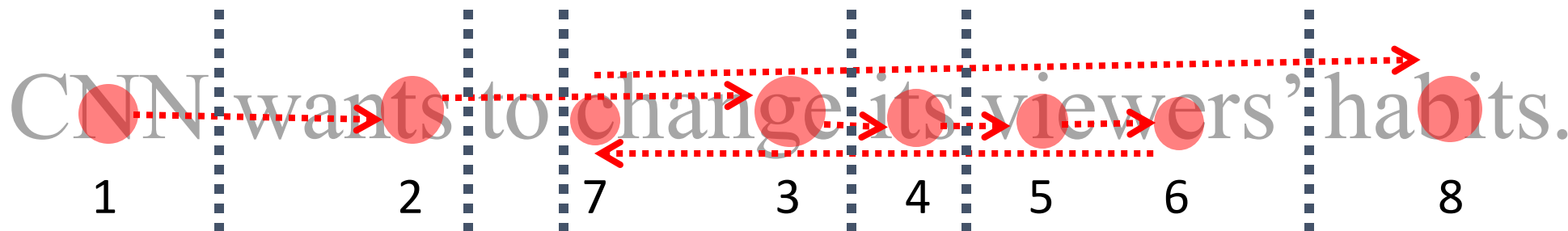
- Screen coordinates or visual angle

# Eye Tracking: Preprocessing



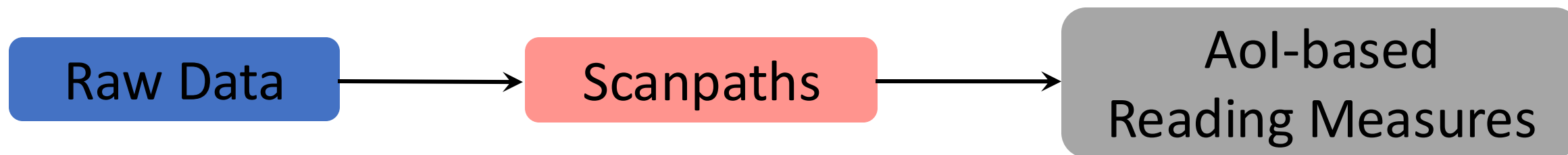
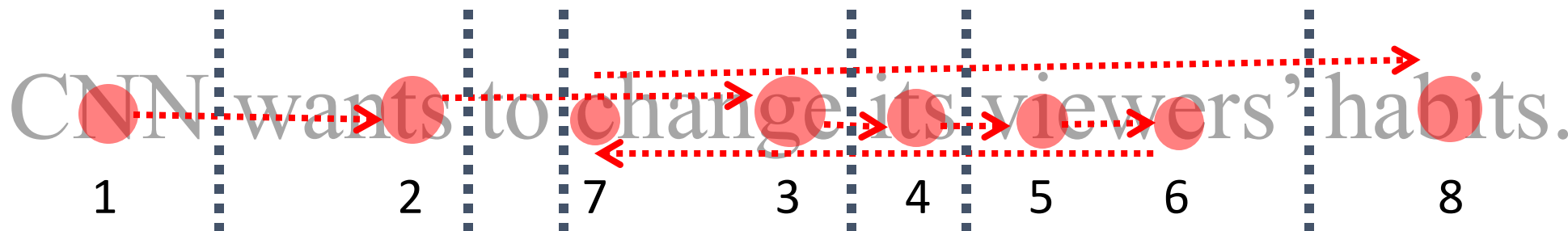
1. Extract fixations from raw samples

# Eye Tracking: Preprocessing



1. Extract fixations from raw samples
2. Map fixations to *Areas of Interest*:  
Pre-defined screen areas (in pixels)

# Eye Tracking: Preprocessing



1. Extract fixations from raw samples
2. Map fixations to *Areas of Interest*:  
Pre-defined screen areas (in pixels)



Python package  
with preprocessing  
algorithms

[pymovements.readthedocs.io](https://pymovements.readthedocs.io)

# Eye Tracking Data Structure

## Raw Data

- Time series
- Each row contains one raw sample
- $N$  depends on sampling frequency

Time (ms)	x (pixels)	y (pixels)
1	151	372
2	150	371
3	152	374
4	151	370
...	...	...

## Scanpaths

- Discrete chronological sequence
- Each row contains one fixation

idx	x (mean, pixels)	y (mean, pixels)	word	aoi	dur
1	151	371	CNN	1	380
2	175	376	wants	2	180
3	198	378	change	4	224
4	227	370	viewers	6	299
5	251	369	habits	7	230
6	192	374	change	4	229
...	...	...	...	...	...

## Aoi-based Reading Measures

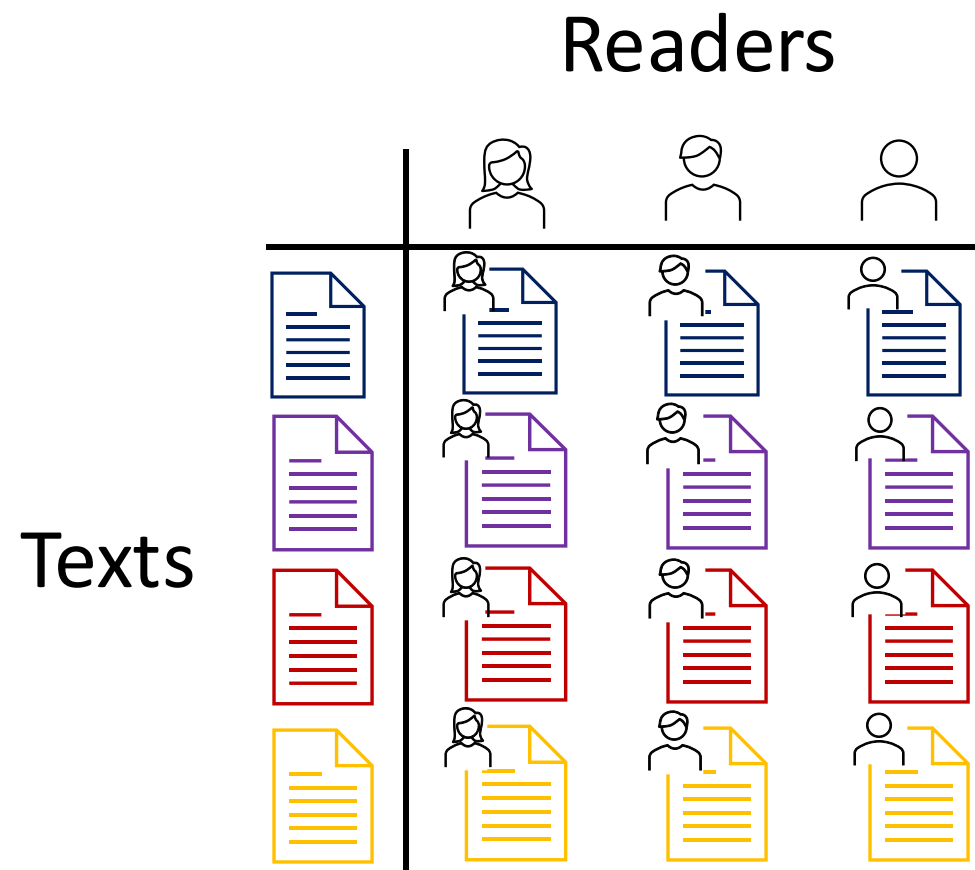
- Discrete sequence in aoi-order
- Each row contains RMs of one aoi read by one subj

subj	item	word	aoi	FFD
1	1	CNN	1	380
1	1	wants	2	180
1	1	to	3	NA
1	1	change	4	224
1	1	its	5	NA
1	1	viewers	6	299
1	1	habits	7	230
...	...	...	...	...

# Data is **not** iid – it has **structure**

## Implications for:

- Statistical modeling
- Training and evaluations
- Applications

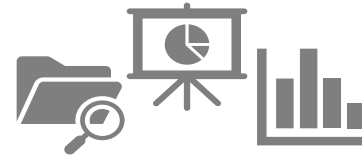




# Introduction to Eye Movements in Reading and Eye Tracking



How do People Read?



Data Representation



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Alternatives



Eye Tracking

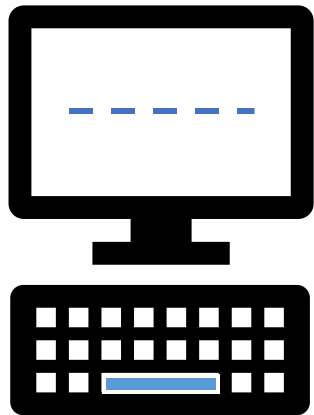


Datasets

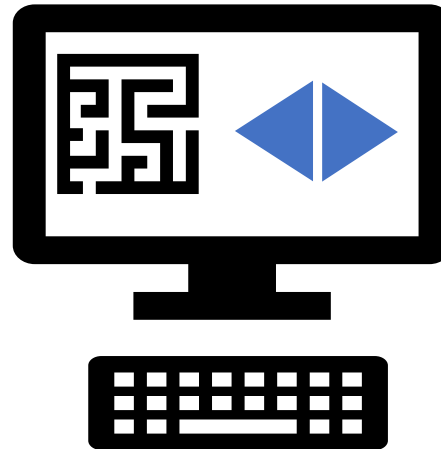
# Eye Tracking vs Cheaper Low Tech Methods

Do we really need eye tracking?

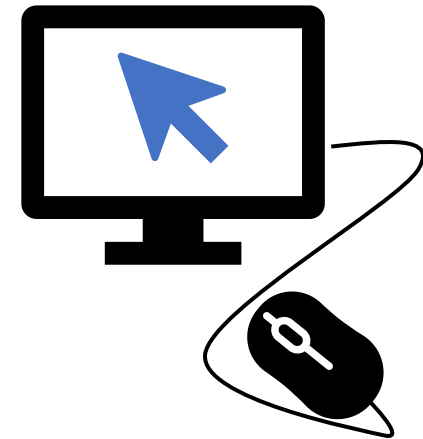
Popular alternatives in psycholinguistics:



Self-Paced Reading



Maze

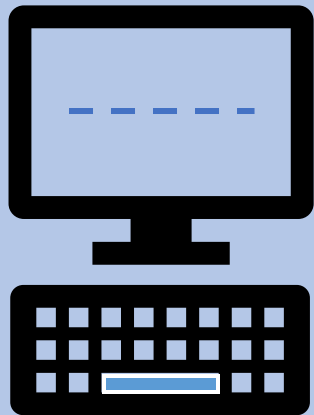


Mouse tracking

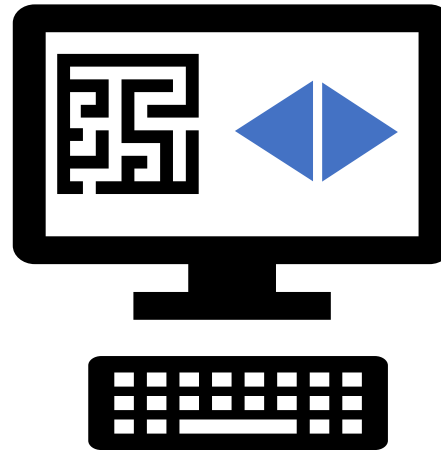
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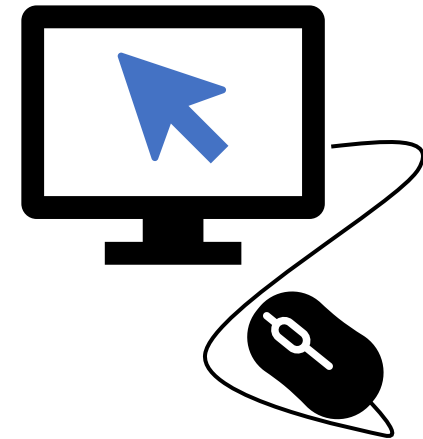
Popular alternatives in psycholinguistics:



Self-Paced Reading



Maze



Mouse tracking

# Self Paced Reading (SPR)

- Reveal each consecutive word with a button press

-----

# Self Paced Reading (SPR)

- Reveal each consecutive word with a button press

Many-----

# Self Paced Reading (SPR)

- Reveal each consecutive word with a button press

-----years-----

# Self Paced Reading (SPR)

- Reveal each consecutive word with a button press

-----later-----

# Self Paced Reading (SPR)

- Reveal each consecutive word with a button press

-----as-----



# Self Paced Reading (SPR)

- Reveal each consecutive word with a button press

-----he-----

# Self Paced Reading (SPR)

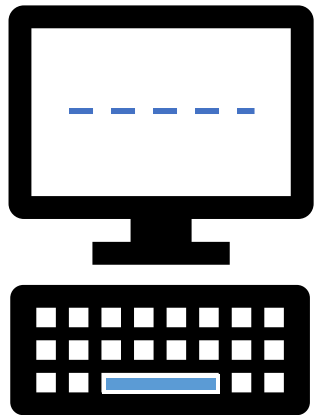
- Reveal each consecutive word with a button press
- Time between button presses as a proxy for incremental processing difficulty

-----faced-----

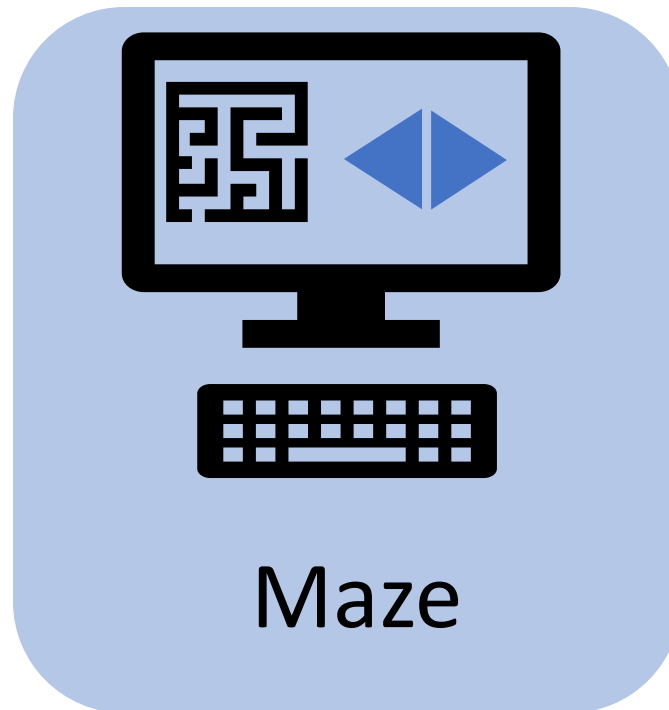
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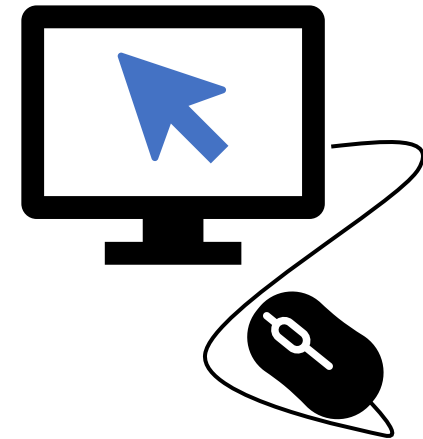
Popular alternatives in psycholinguistics:



Self Paced Reading



Maze



Mouse tracking

# The Maze

- Choose a word that fits given the preceding context

F

J

# The Maze

- Choose a word that fits given the preceding context

The

x-x-x

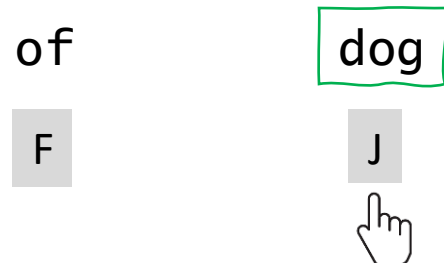
F

J



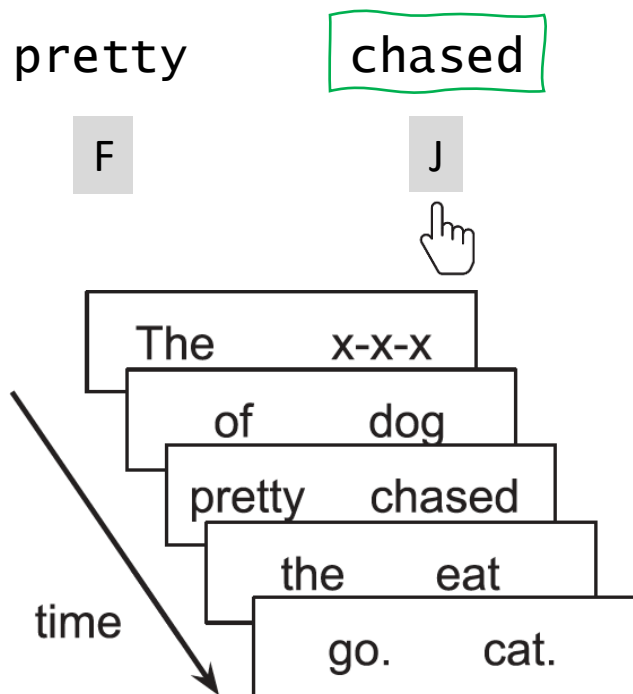
# The Maze

- Choose a word that fits given the preceding context



# The Maze

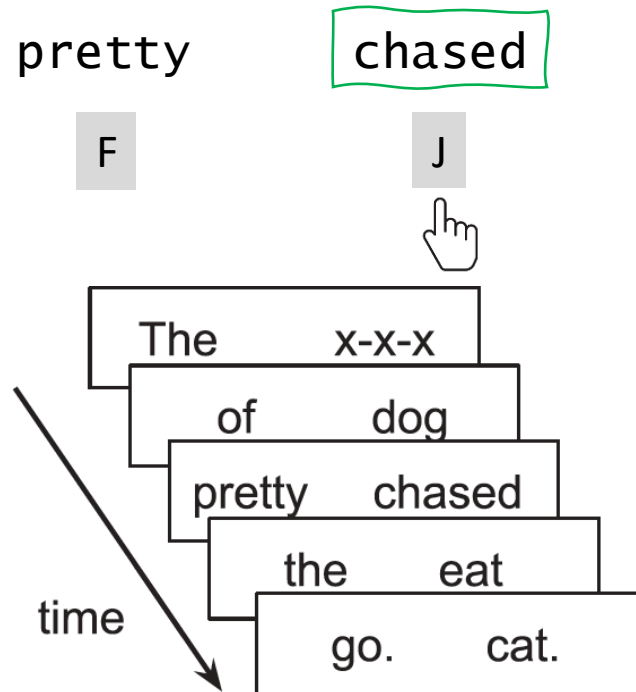
- Choose a word that fits given the preceding context



[Forster et al. \(2009\)](#), [Boyce et al. \(2020\)](#)

# The Maze

- Choose a word that fits given the preceding context
- Time between button presses as a proxy for incremental processing difficulty



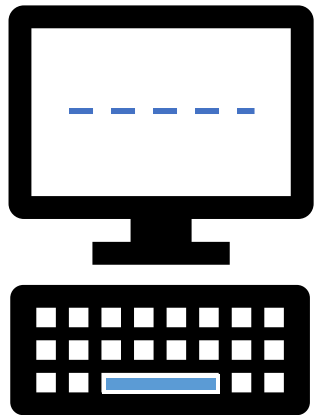
[Forster et al. \(2009\)](#), [Boyce et al. \(2020\)](#)



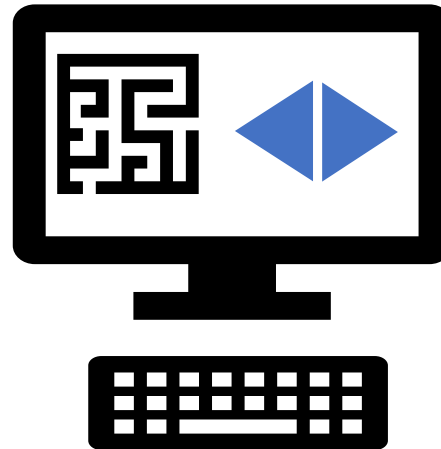
# Eye Tracking vs Cheaper Low Tech Methods

Do we really need eye tracking?

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Self Paced Reading



Maze

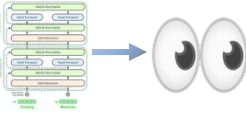


# Mouse Tracking

John Thompson asked him if he was a native. He was confused at the word, with a  
handful of salt and a little he could plunge into the wilderness and have someone to  
protect and as long as he pleased.

DONE

# Synthetic Eye Tracking Data



Over the next 30 years, the planet's human population will increase to nine billion. Already one billion people do not get enough food. The increase will mean more pressure on agricultural land, water, forests, fisheries and biodiversity resources, as well as nutrients and energy supplies. There is also the issue of methane excreted by cows. The livestock farming contribution, in terms of greenhouse gas emissions, is enormous – 35% of the planet's methane, 65% of its nitrous oxide and 9% of the carbon dioxide.



IP Time: 00000087 ms / Trial Time: 00000087 ms

p

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1. Cognitive models
2. NLP / ML Models

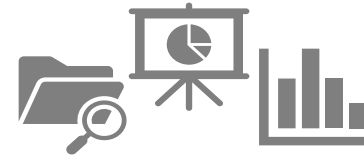
# Eye Tracking vs Cheaper Methods

- 👉 More naturalistic
- 👉 More fine-grained information (multiple measures, not just RTs)
- 👉 Doesn't include time to execute button presses and mouse movements
- 👉 Higher quality than synthetic data
- 👎 Currently cannot be collected at scale (on the web)
- 👎 In most use cases, no eye tracking data is available at application time

# Introduction to Eye Movements in Reading and Eye Tracking



How do People Read?



Data Representation



Reading Measures



Alternatives



Eye Tracking



Datasets

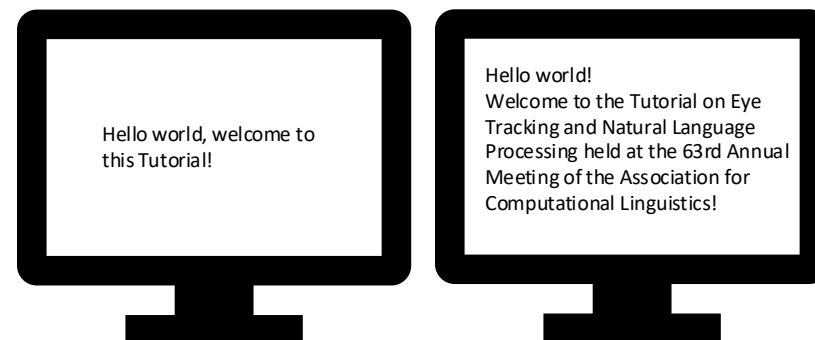
# Types of Reading Datasets

## Minimal-pairs vs naturalistic reading

1a) *The horse*                      *raced past the barn **fell**.*

1b) *The horse **that was** raced past the barn **fell**.*

## Single sentences vs parags/texts



## Eye tracking hardware quality



## Reading task

- Natural reading
- Question answering
- Repeated reading
- ....



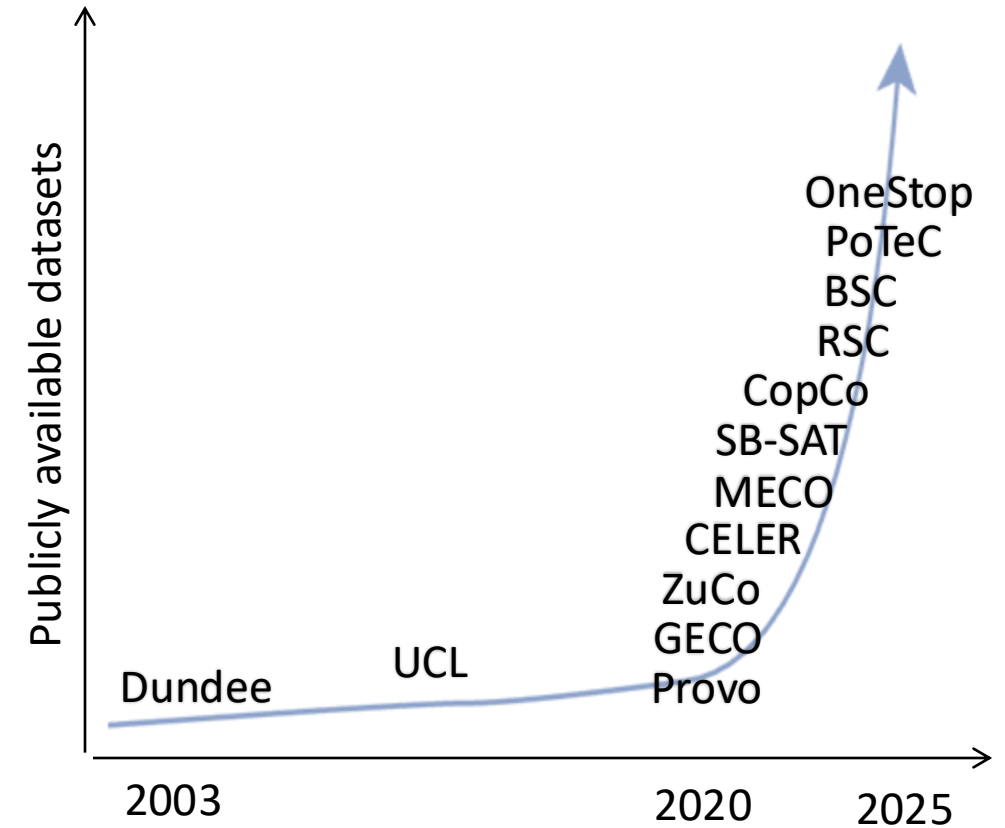
# Additional Information Accompanying Eye Tracking Datasets

- Behavioral data
  - Response accuracies
  - Judgements/labels
- Psychometric test scores
- Demographic information
- Linguistic background



# Current Datasets

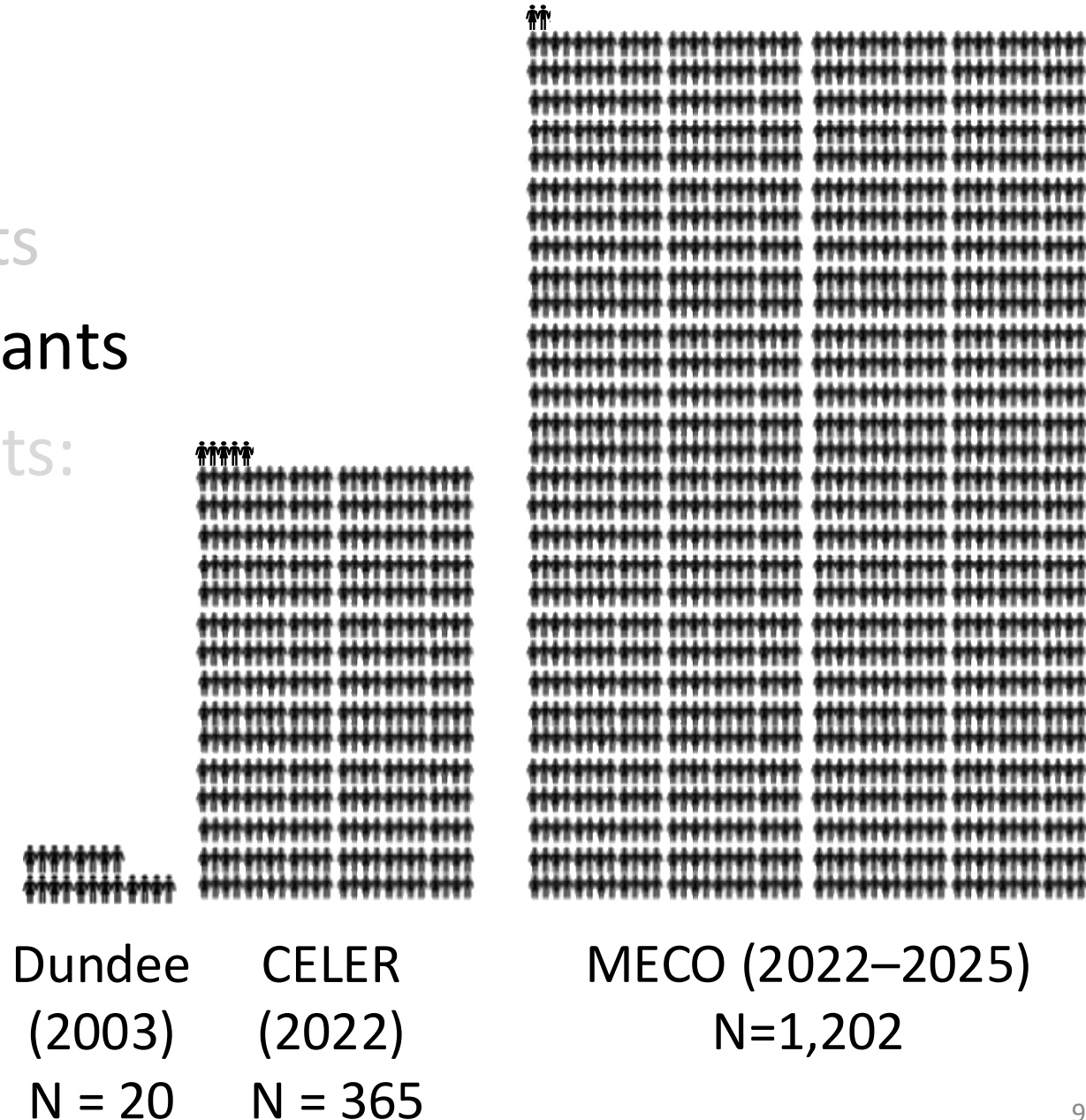
- Increasing number of data sets
- Increasing number of participants
- Increasing diversity of data sets:
  - Languages & Scripts
  - Populations
  - Tasks
- Multilingual data sets





# Current Datasets

- Increasing number of data sets
- Increasing number of participants
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# Current Datasets

- Increasing number of data sets
- Increasing number of participants
- Increasing diversity of data sets:
  - Languages & Scripts
  - Populations
  - Tasks
- Multilingual data sets



**Chinese:** BSC

**Danish:** CopCo

**Dutch:** GECO

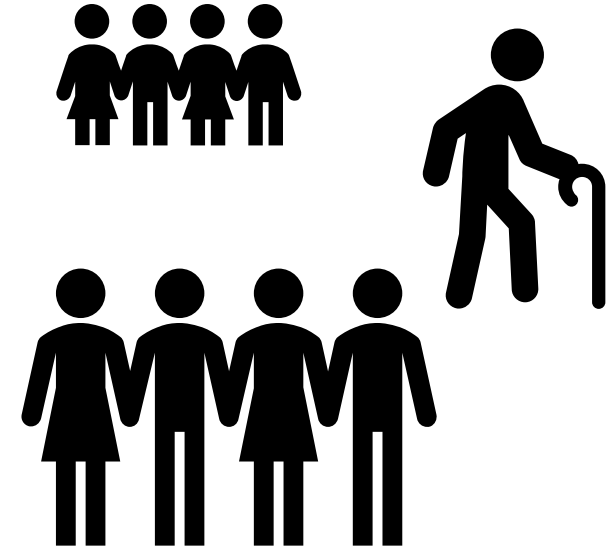
**German:** PoTeC

**Russian:** RSC

...

# Current Datasets

- Increasing number of data sets
- Increasing number of participants
- Increasing diversity of data sets:
  - Languages & Scripts
  - Populations
  - Tasks
- Multilingual data sets



**Dyslexia:** CopCo

**L2:** GECO, MECO, CELER, ...

**Wide age range:** CELER

**Domain-expertise:** PoTeC

# Current Datasets

- Increasing number of data sets
- Increasing number of participants
- Increasing diversity of data sets:
  - Languages & Scripts
  - Populations
  - Tasks
- Multilingual data sets



**Reading comprehension:** SB-SAT,  
OneStop, Multipleye

**Sentiment classification:** ETSA

**Relation extraction:** ZuCo

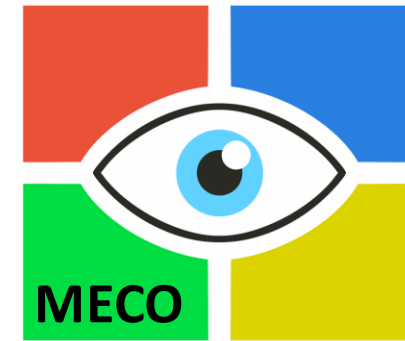
**Repeated reading:** OneStop

**Information seeking:** OneStop

...

# Current Datasets

- Increasing number of data sets
- Increasing number of participants
- Increasing diversity of data sets:
  - Languages & Scripts
  - Populations
  - Tasks
- Multilingual data sets

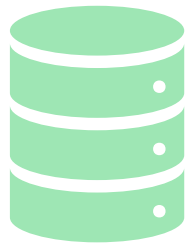


**Large-scale multi-lab multilingual data collection initiatives**

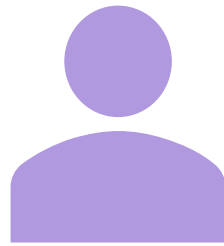
MECO: <https://meco-read.com>

MultiprEYE: <https://multipleye.eu>

# Overview of Publicly Available Data Sets



60+  
Datasets



4.5K+  
Participants  
Total



15K+  
Text  
screens



30+  
languages

# How to Access the Datasets?



**Python package to download 24+ datasets with 4.5K+ participants**

[pymovements.readthedocs.io](https://pymovements.readthedocs.io)

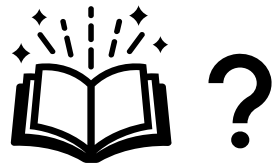
Or from:

- Open science repositories
- Direct links from papers
- From authors' websites

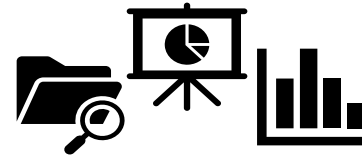


[Datasets References](#)

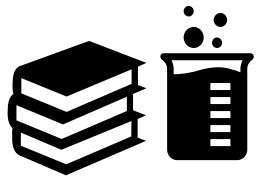
# Introduction to Eye Movements in Reading and Eye Tracking



How do People Read?



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Alternatives



Eye Tracking



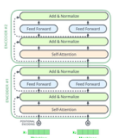
Datasets



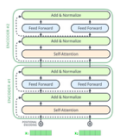
# Tutorial Outline



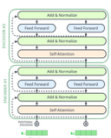
1. Introduction to eye tracking



2. Uses of Eye Tracking in NLP



3. NLP for eye movement and cognitive modeling



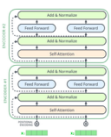
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4. New human centered applications



+

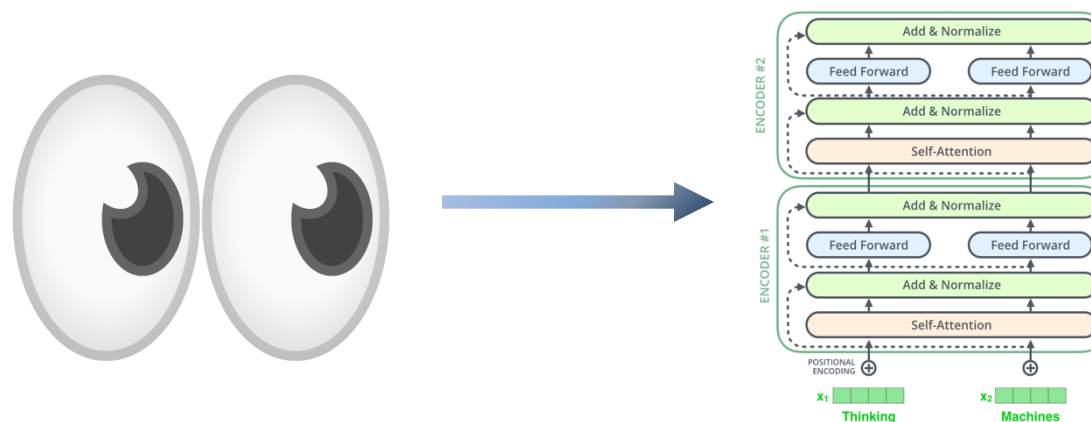


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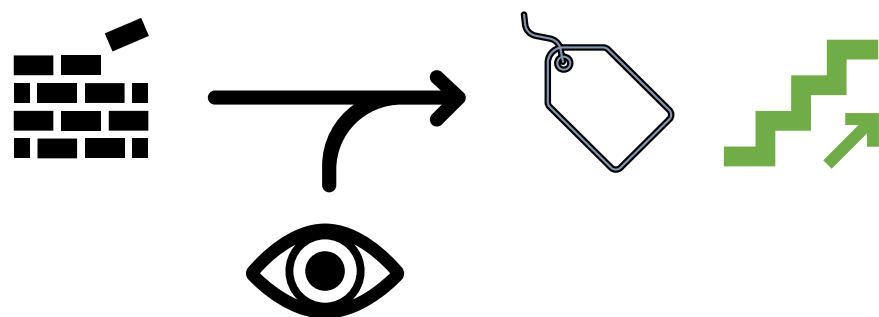
5. Outlook and future directions

# Uses of Eye Tracking in NLP



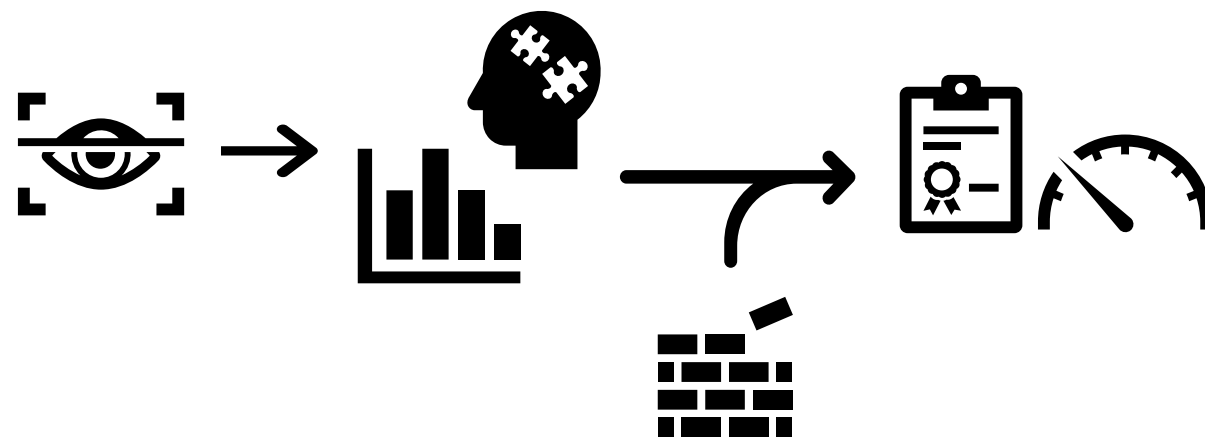
# Uses of Eye Tracking in NLP 🧐➡️🧠

## Modeling



Eye movements can enhance the performance of NLP models

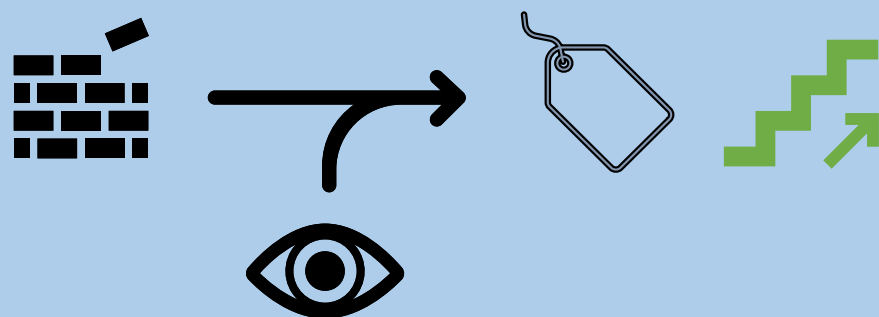
## Evaluation



Eye movements as behavioral benchmarks for evaluating NLP models

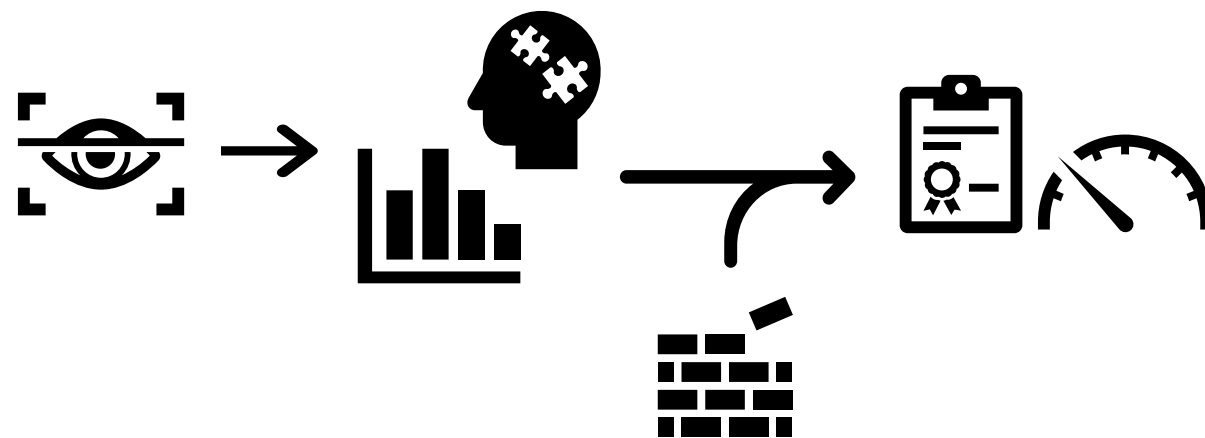
# Uses of Eye Tracking in NLP

## Modeling



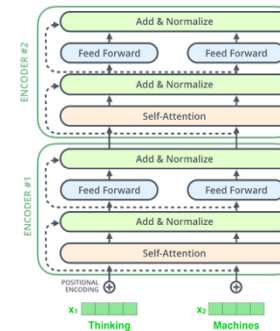
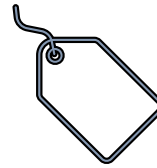
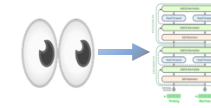
Eye movements can enhance the performance of NLP models

## Evaluation



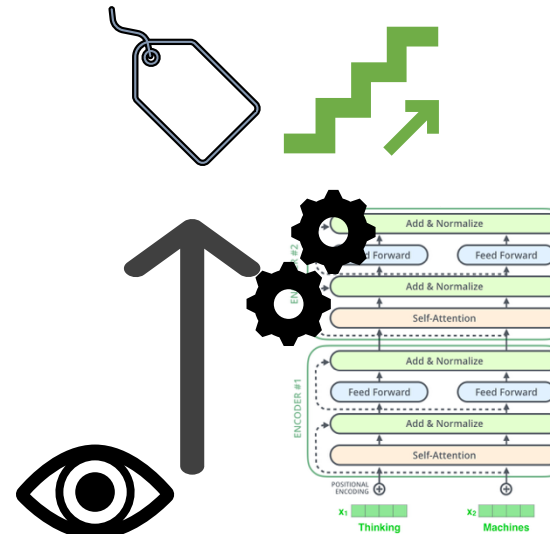
Eye movements as behavioral benchmarks for evaluating NLP models

# Language modeling



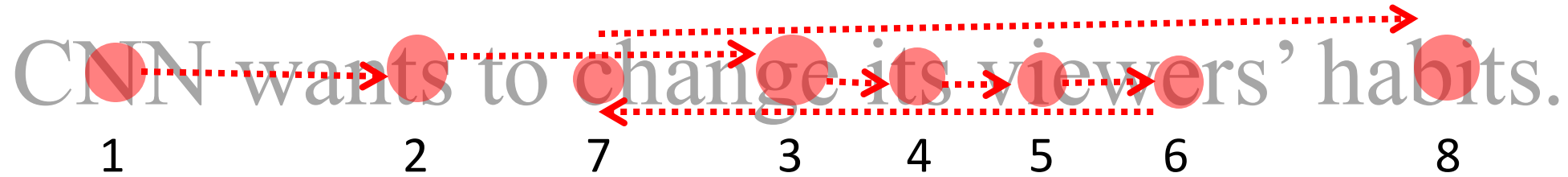
CNN wants to change its viewers' habits.

# Language modeling and eye movements



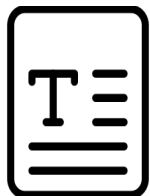
CNN wants to change its viewers' habits.

1 2 7 3 4 5 6 8



# Improving NLP with Gaze

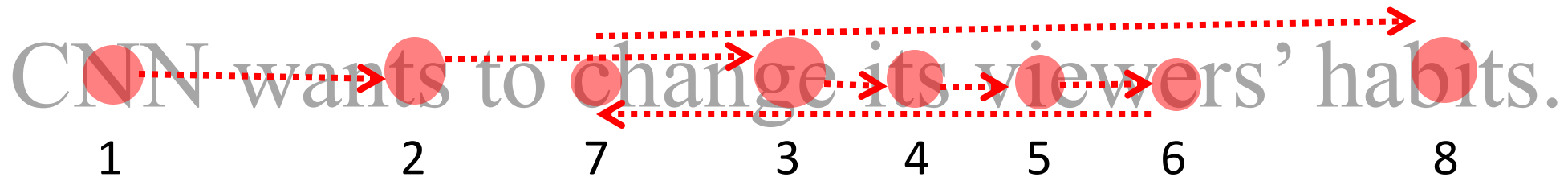
## Tasks



- Sentiment analysis [Mishra et al. \(2016\)](#), [Barrett et al. \(2018\)](#),  
[Yang and Hollenstein \(2023\)](#)
- NER [Hollenstein and Zhang \(2019\)](#)
- Paraphrase generation, sentence compression [Sood et al. \(2020\)](#),  
[Klerke et al. \(2016\)](#)
- Relation extraction, sentiment analysis, NER [Ren and Xiong \(2021\)](#)
- GLUE [Deng et al. \(2023\)](#), [Deng et al. \(2024\)](#)
- Readability assessment [González-Garduño and Søgaard \(2017\)](#)
- Dependency parsing [Strzyz et al. \(2019\)](#)
- QA [Malmaud et al. \(2020\)](#)

# Why eye movements?

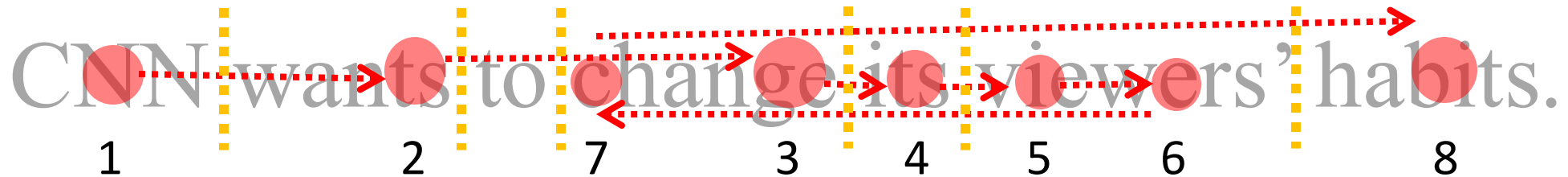
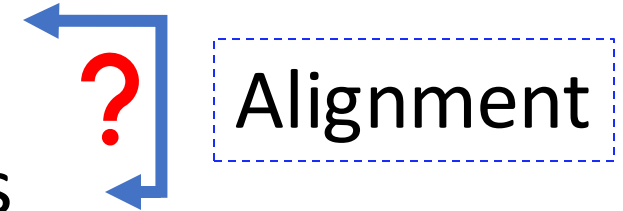
- Eye movement in reading are influenced by
  - the **difficulty** of the text
  - the **individual**
  - **cognitive demands**
  - ...





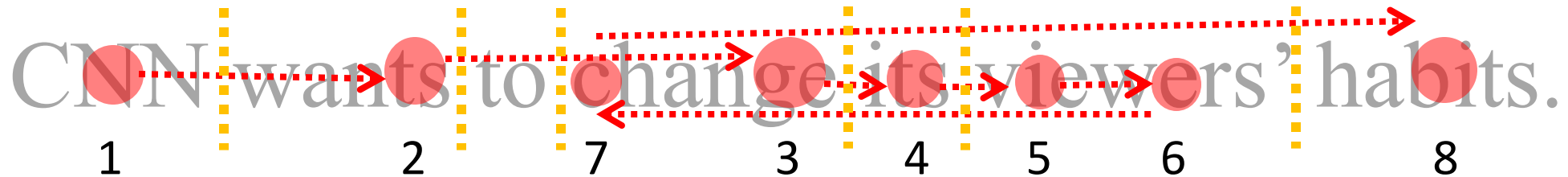
# How to combine eye movements and text?

- Static text: linguistic axis
- Dynamic eye movements: temporal axis



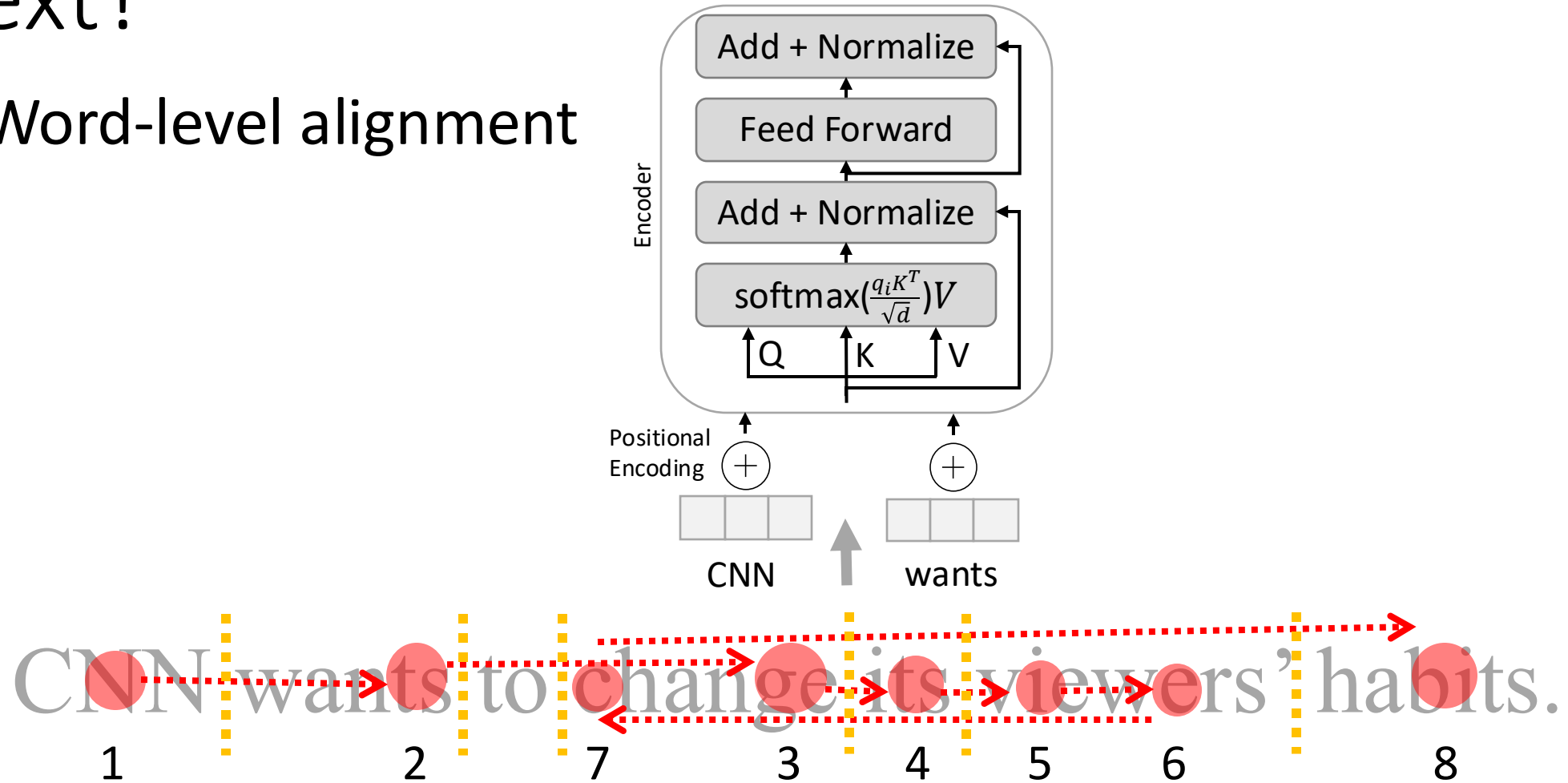
# How to combine eye movements and text?

- Word-level alignment
  - E.g. total fixation duration



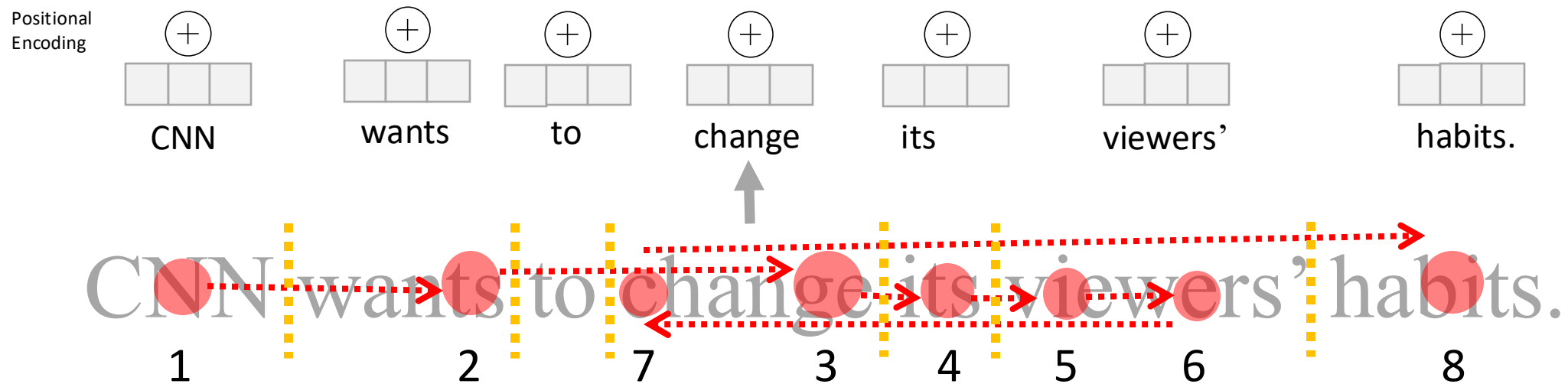
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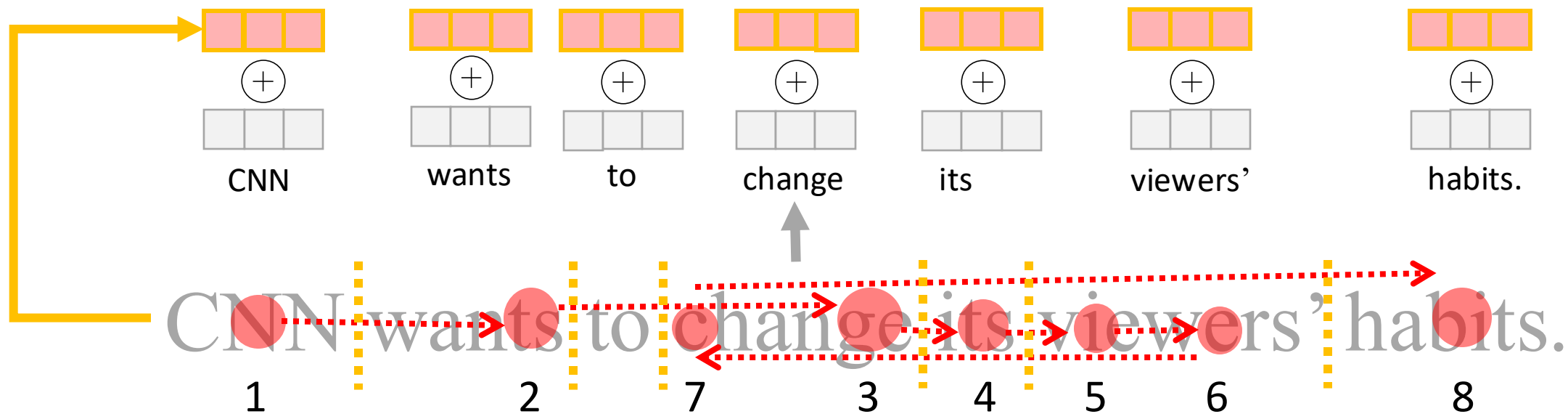
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- Word-level alignment



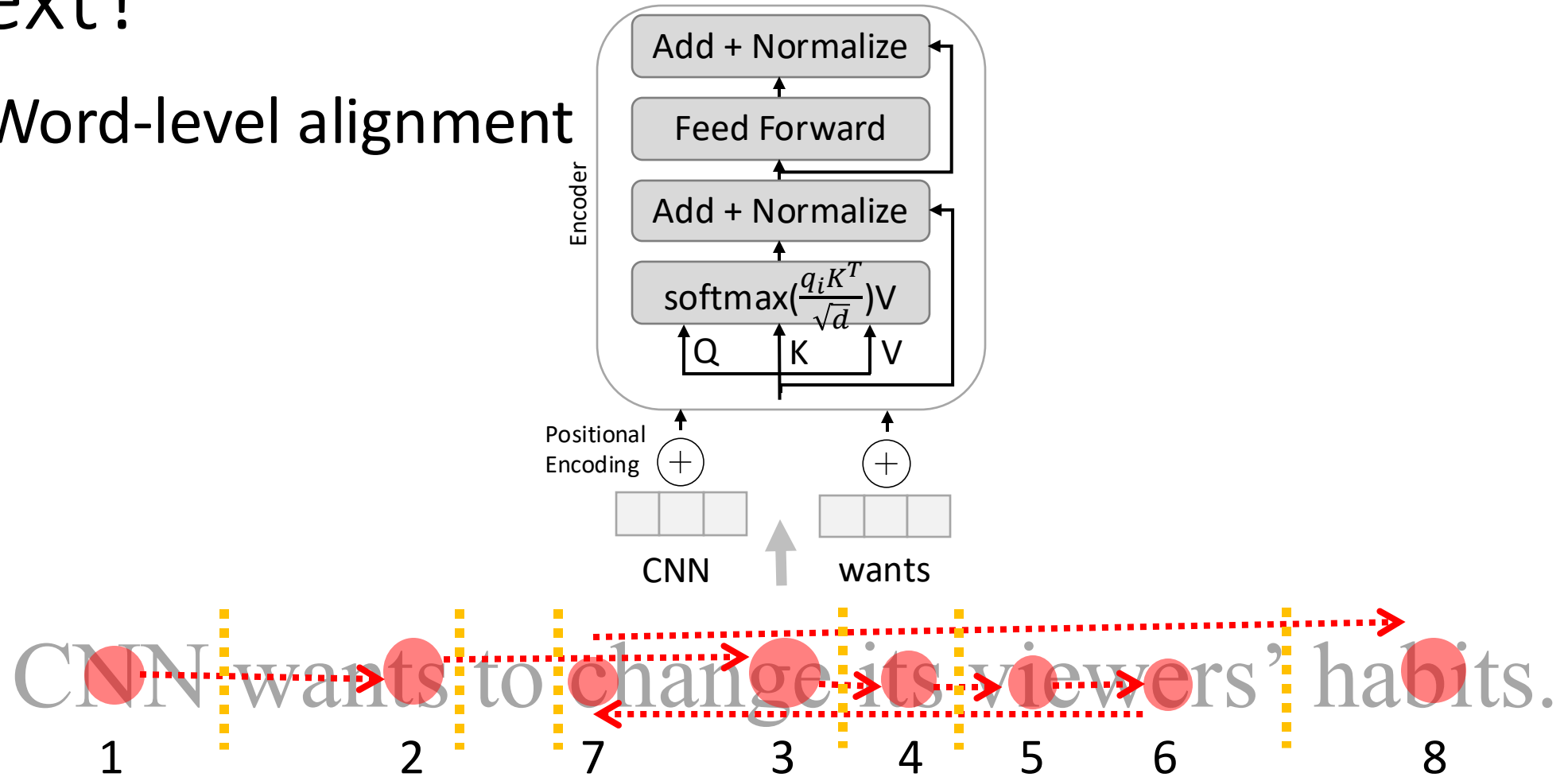
# How to combine eye movements and text?

- Word-level eye movement embedding



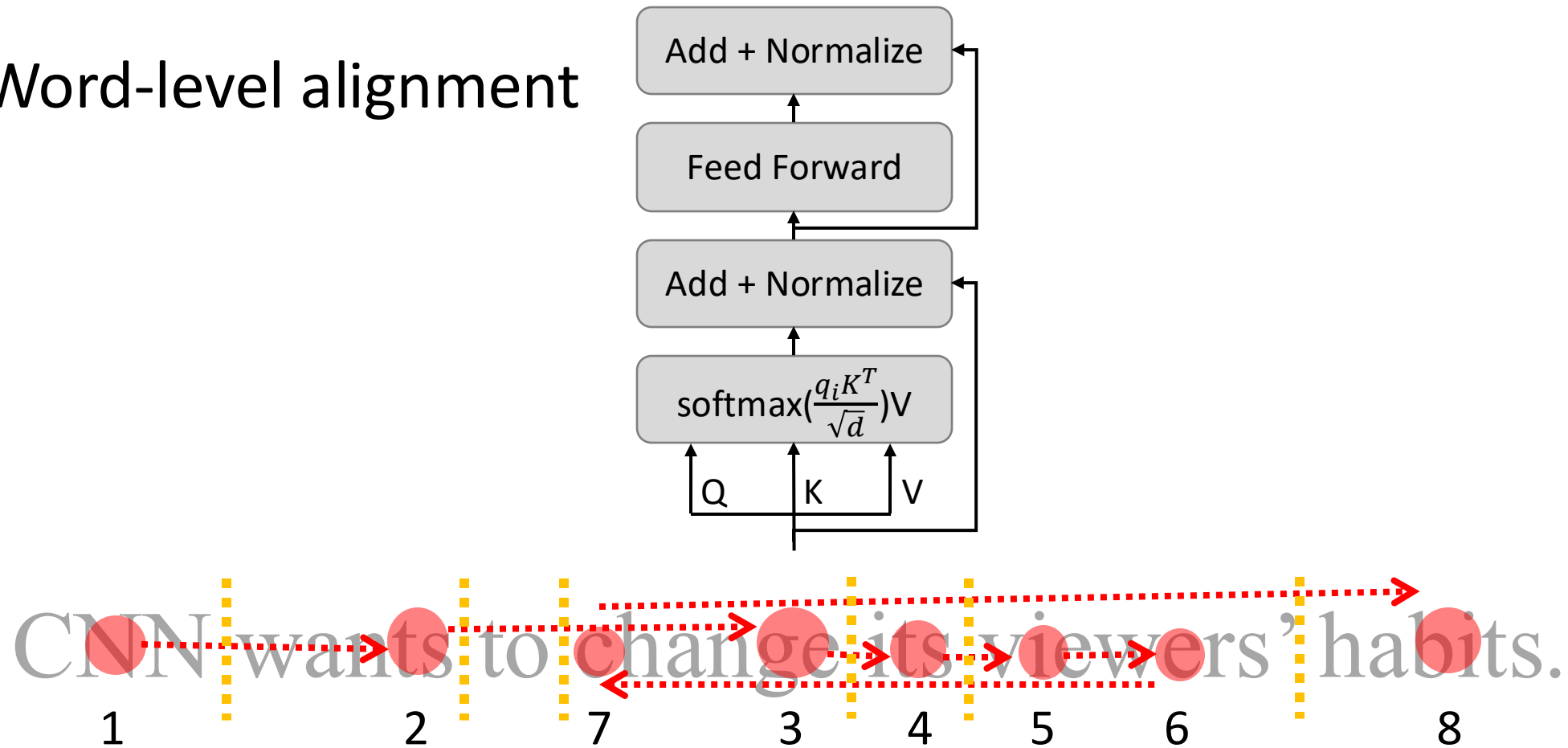
# How to combine eye movements and text?

- Word-level alignment



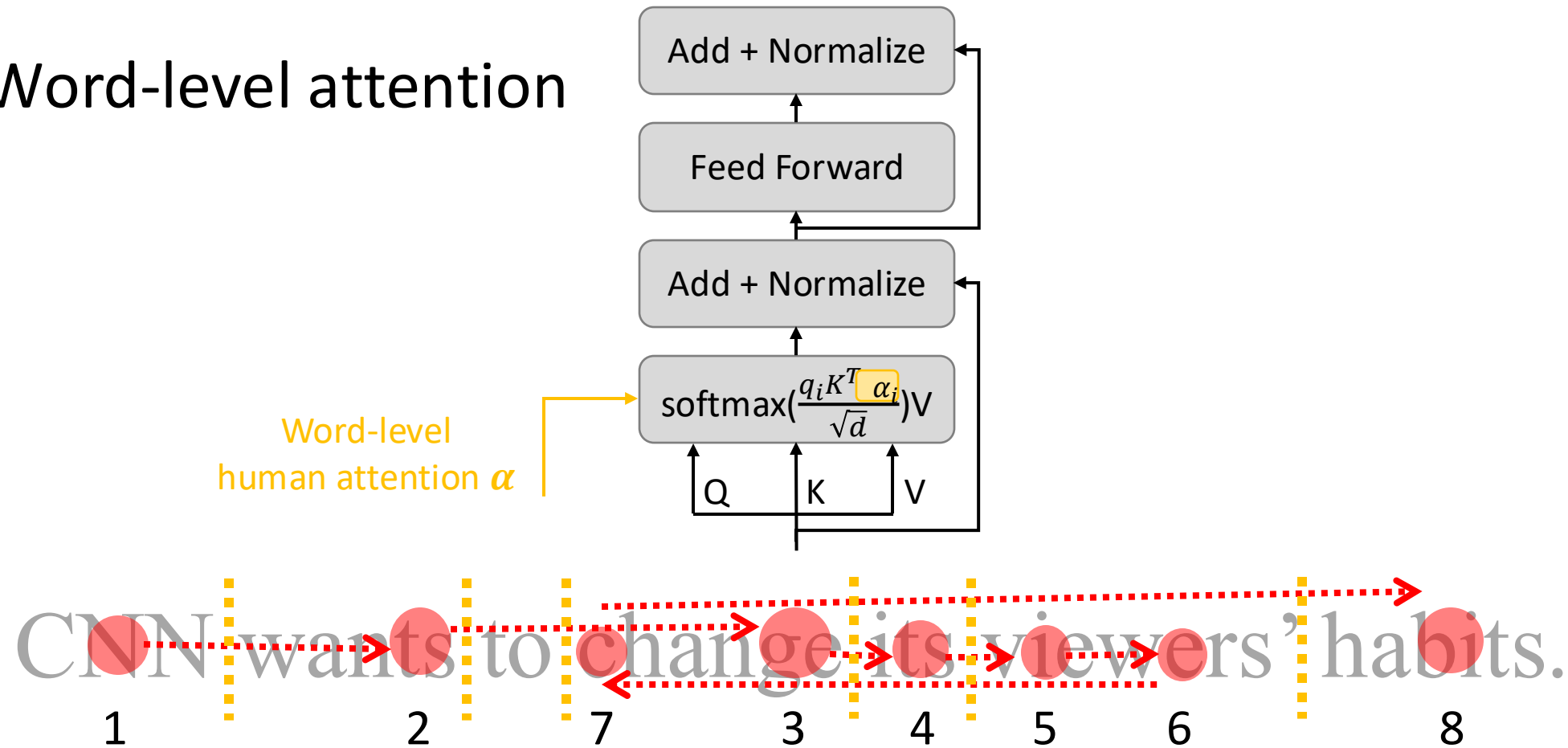
# How to combine eye movements and text?

- Word-level alignment



# How to combine eye movements and text?

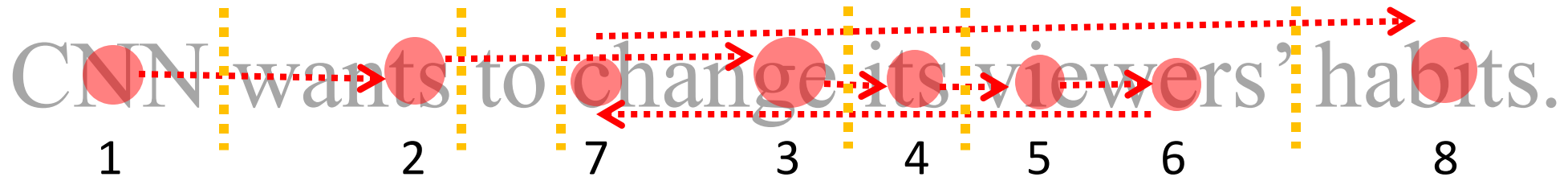
- Word-level attention





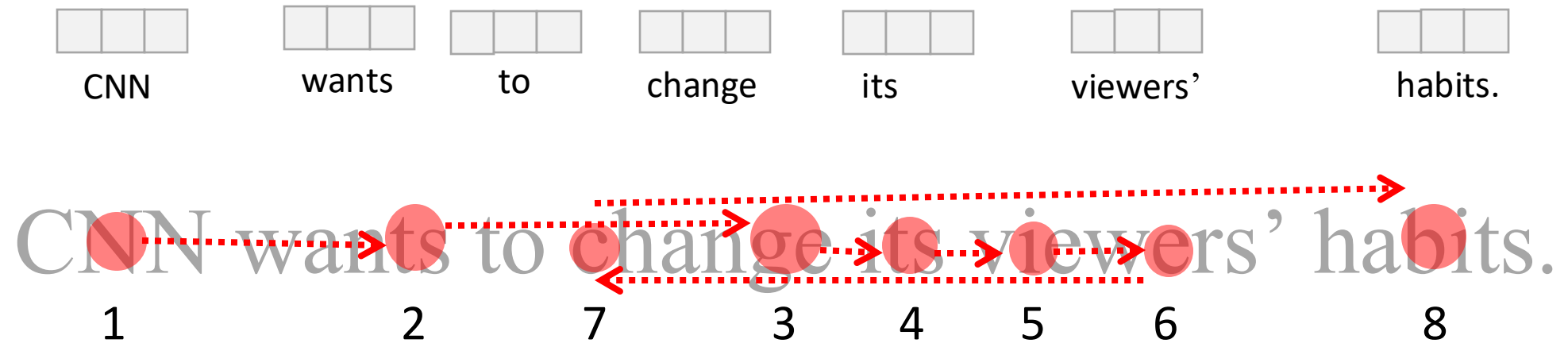
# How to combine eye movements and text?

- Word-level alignment
  - E.g. total fixation duration



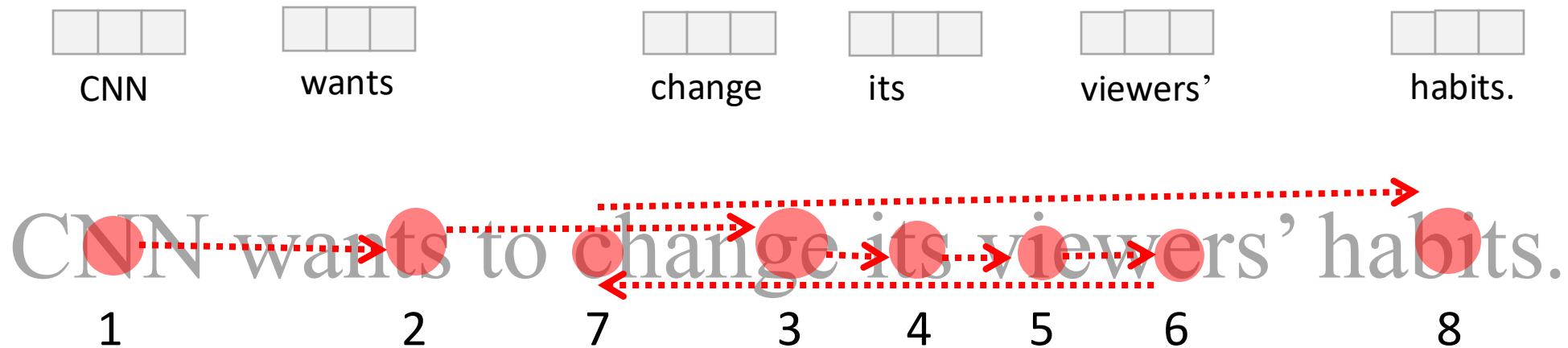
# How to combine eye movements and text?

- Word reordering



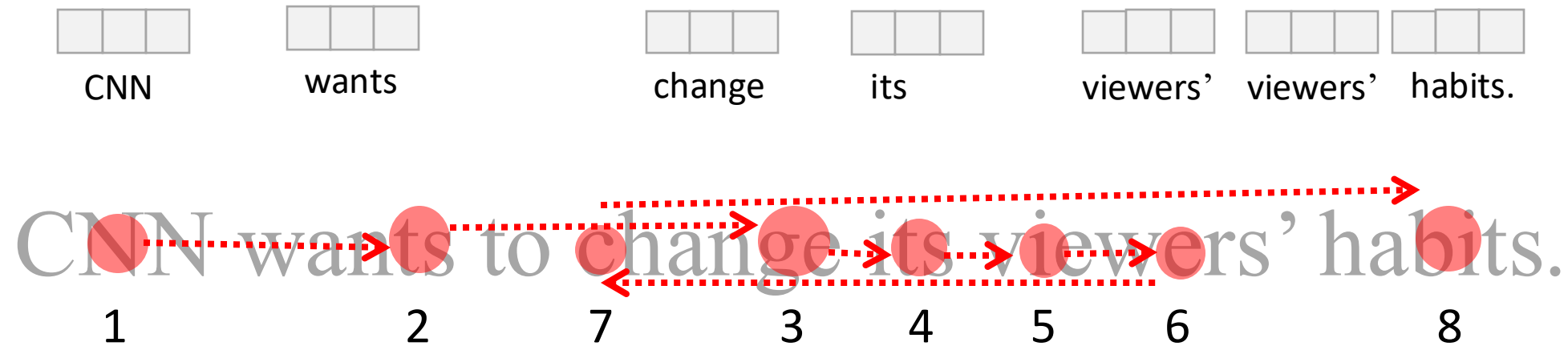
# How to combine eye movements and text?

- Word reordering



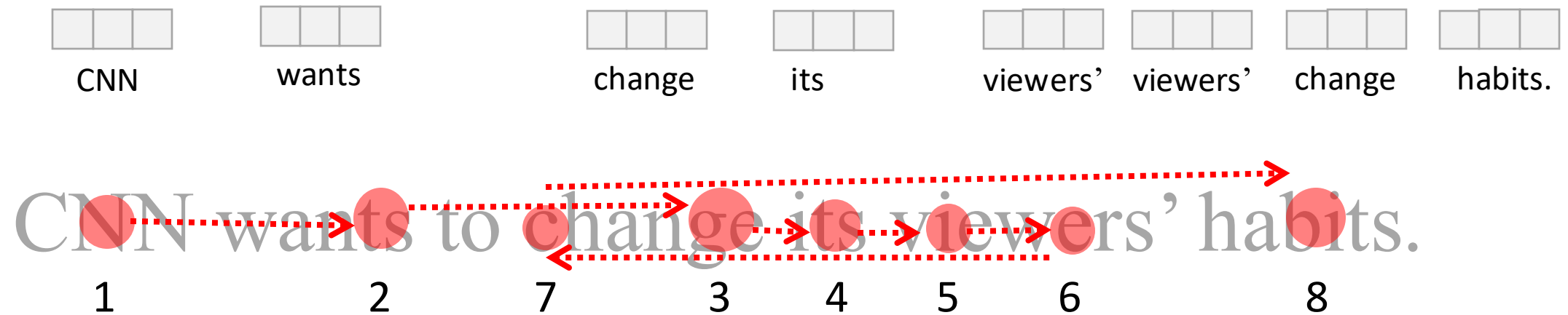
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- Word reordering



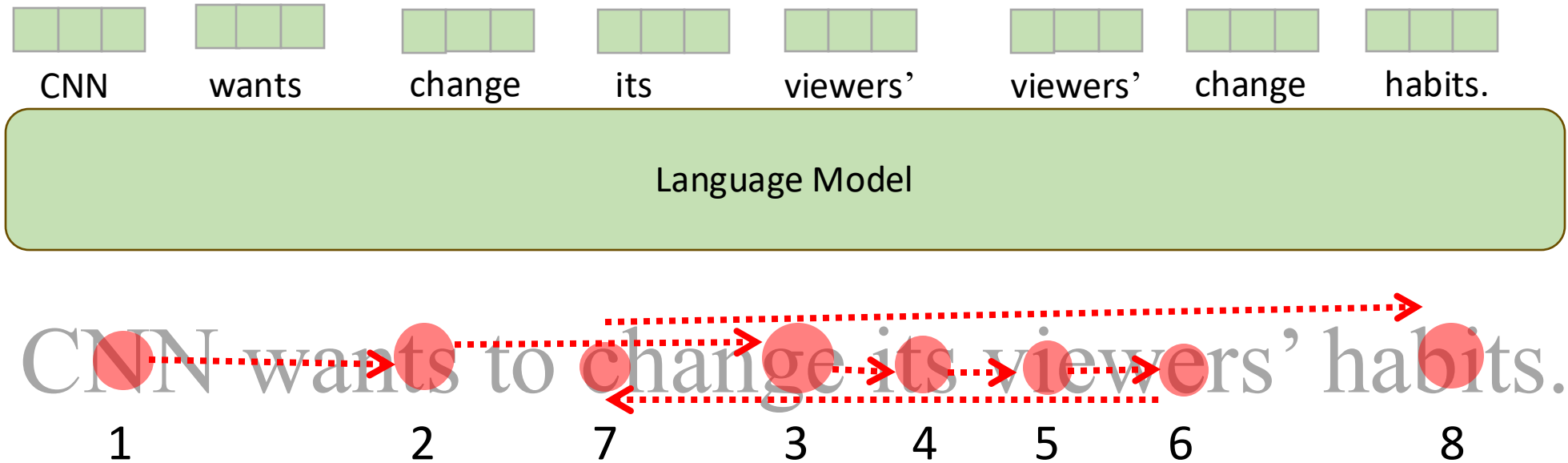
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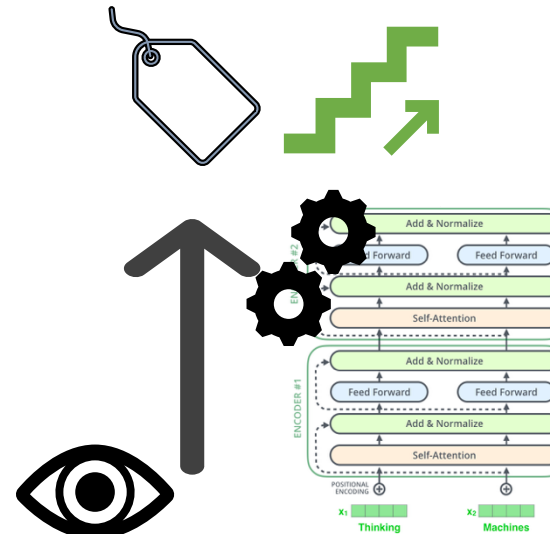
# How to combine eye movements and text?

- Word reordering



# How to combine eye movements and text?

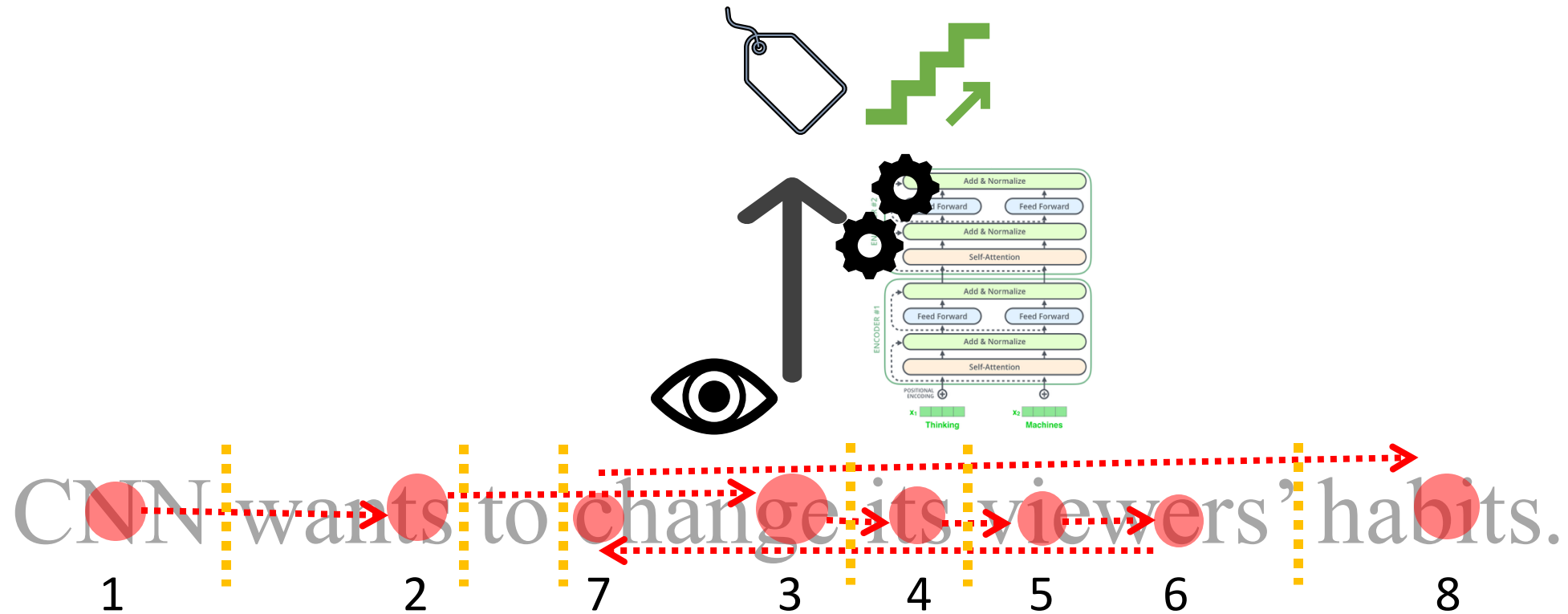
- Input:
  - Positional encoding
  - Attention
  - Reordering



CNN wants to change its viewers' habits.

1 2 7 3 4 5 6 8

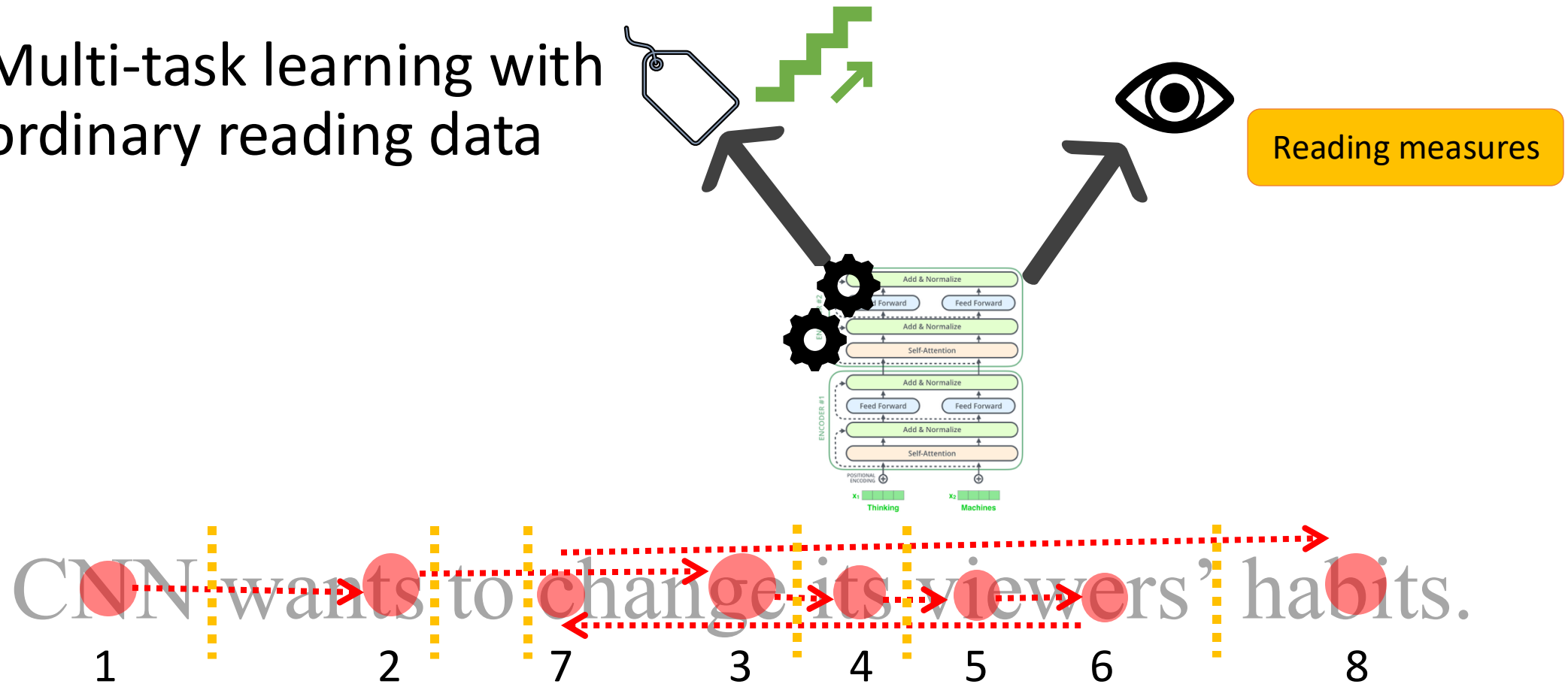
# How to combine eye movements and text?





# How to combine eye movements and text?

- Multi-task learning with ordinary reading data



[Klerke et al. \(2016\)](#), [González-Garduño and Søgaard \(2017\)](#),  
[Barrett et al. \(2018\)](#), [Strzyz et al. \(2019\)](#)

# How to combine eye movements and text?

- Multi-task learning with task specific (QA) data [Malmaud et al. \(2020\)](#)

## Ordinary reading (no question preview)

In	the	next	30	years,	the	planet's	human	population	will
increase	to	nine	billion.	Already	one	billion	people	do	not
get	enough	food.	The	increase	will	put	more	pressure	on
agricultural	land,	water,	forests,	fisheries	and	resources,	and	also	food
and	energy	supplies.	The	cost	of	meat	is	increasing	-
it	costs	more	money	now,	but	also	people	have	to
destroy	a	lot	of	rainforest	to	make	fields	or	to
grow	food	for	cows.	Cows	also	make	methane.	The	farming
of	cows,	pigs	and	sheep	makes	very	large	amounts	of
greenhouse	gases	-	35%	of	the	planet's	methane,	65%	of
its	nitrous	oxide	and	9%	of	the	carbon	dioxide.	

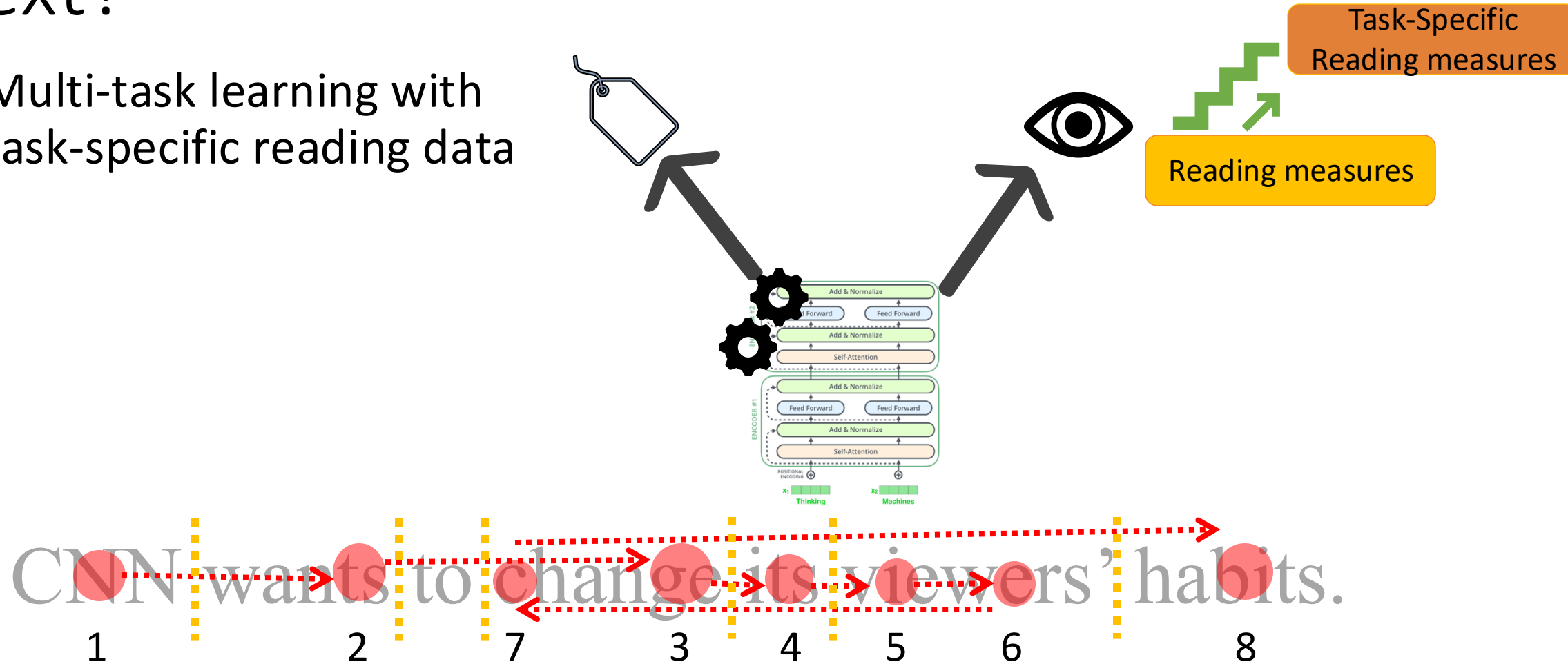
## Information seeking (with question preview)

Q: What will result from an increase in human population in the future?

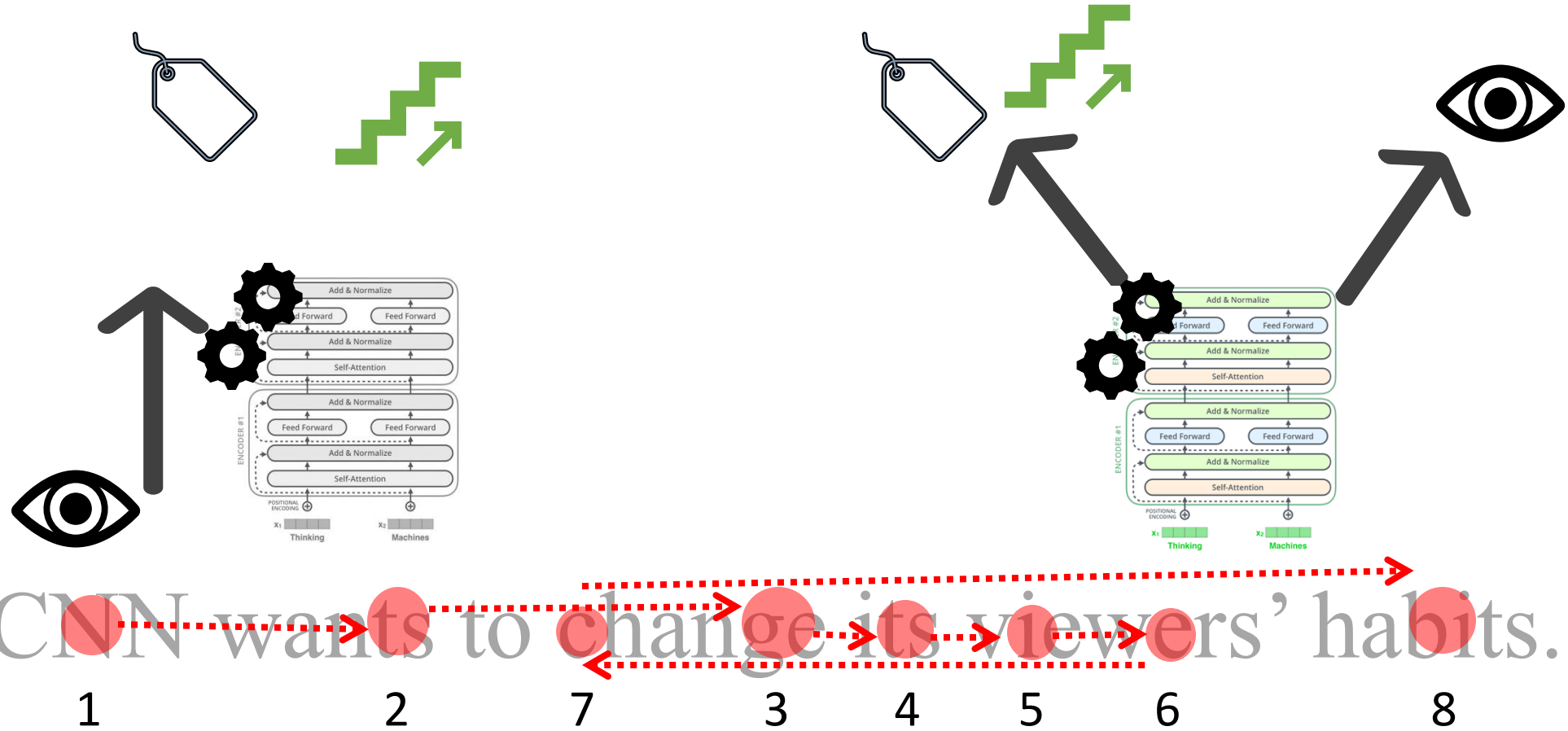
In	the	next	30	years,	the	planet's	human	population	will
increase	to	nine	billion.	Already	one	billion	people	do	not
get	enough	food.	The	increase	will	put	more	pressure	on
agricultural	land,	water,	forests,	fisheries	and	resources,	and	also	food
and	energy	supplies.	The	cost	of	meat	is	increasing	-
it	costs	more	money	now,	but	also	people	have	to
destroy	a	lot	of	rainforest	to	make	fields	or	to
grow	food	for	cows.	Cows	also	make	methane.	The	farming
of	cows,	pigs	and	sheep	makes	very	large	amounts	of
greenhouse	gases	-	35%	of	the	planet's	methane,	65%	of
its	nitrous	oxide	and	9%	of	the	carbon	dioxide.	

# How to combine eye movements and text?

- Multi-task learning with task-specific reading data



# How to combine eye movements and text?

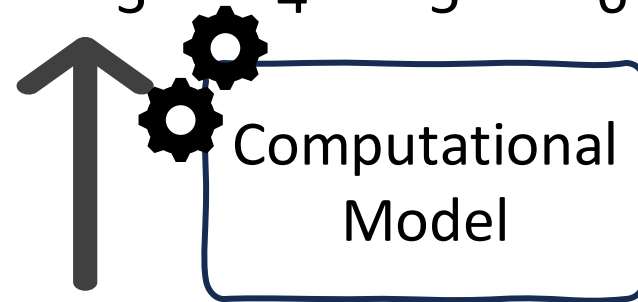


# Additional challenges

- Human data is scarce
  - Scale with synthetic eye movements

CNN wants to change its viewers' habits.

1 2 7 3 4 5 6 8



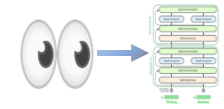
CNN wants to change its viewers' habits.

# Additional challenges

- Human data is scarce
  - Scale with synthetic eye movements
- In reality, subwordtokens instead of words
  - Need to decide how to match representations

CNN|wants|to|change|its|viewers'|habits.

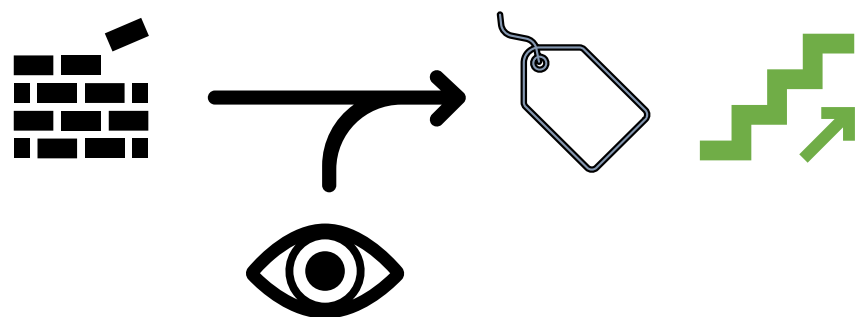
# Discussion



- Performance improvements are typically modest
- Hard to beat scale!
  - Currently no convincing example of large and robust improvements for a state-of-the-art LLM
- Possible directions forward
  - Better modeling
  - More human data
  - Higher quality synthetic eye movements
  - Low resource scenarios
  - Multilingual approaches

# Uses of Eye Tracking in NLP 🧐➡️📊

## Modeling



Eye movements can enhance the performance of NLP models

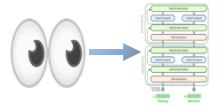
## Evaluation



Eye movements for evaluating the performance of NLP models



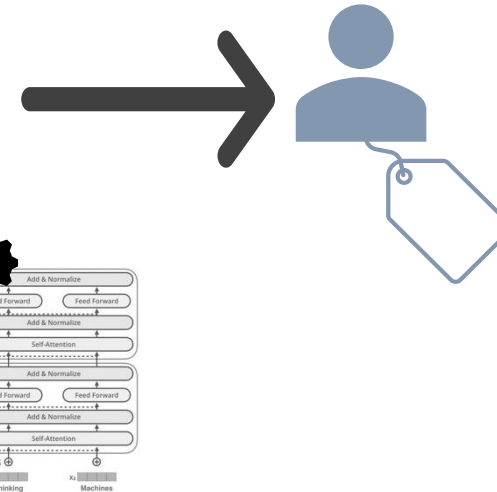
# Evaluating Task Performance



## Offline Human Reference

Captures a behavioral  
**end product** of  
linguistic processing

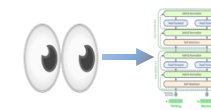
Output



Annotation  
Summary  
Translation  
Preference  
...

CNN wants to change its viewers' habits.

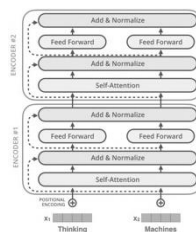
# Evaluating Task Performance



**Online Human  
Behavior**

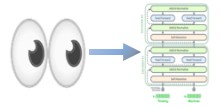
Captures language  
processing in **real time**

**Output**

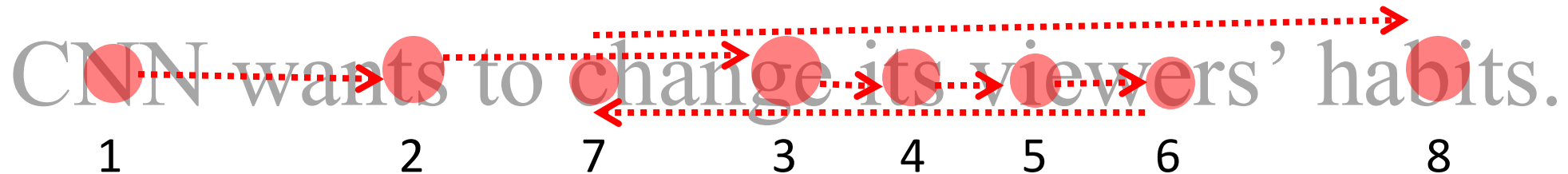


CNN wants to change its viewers' habits.

# How do people read?

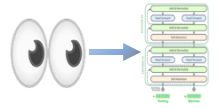


Eye Mind Assumption: “... *there is no appreciable lag between what is fixated and what is processed.*” [Just & Carpenter, 1980](#)



Tight correspondence between eye movements and linguistic processing

# Evaluating Task Performance



## Online Human Behavior

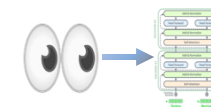
Captures language processing in real time

Machine translation [Doherty et al. \(2010\)](#)  
[Sajjad et al. \(2016\)](#)

Summarization [Ikhwantri et al. \(2024\)](#)

Readability [Gruteke Klein et al. \(2025\)](#)

# Example Task - ARA

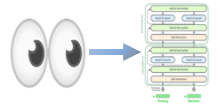


## **Automatic Readability Assessment (ARA):**

*Scoring the difficulty level of a text*

- Popular task in NLP
- Over 100 years of research
- Hundreds of papers, dozens of measures and systems
- Many real-world applications

# Automatic Readability Assessment

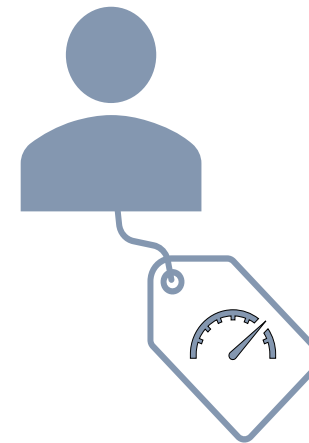


Standard evaluation methods:

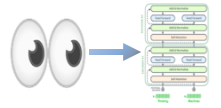
Reading Comprehension  
Performance



Human Labeling



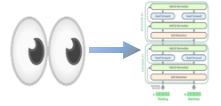
# Automatic Readability Assessment



## Reader's Comprehension

- Traditional readability measures fitted to reading comprehension data
- Harder to answer reading comprehension questions → the less readable the text.

# Automatic Readability Assessment

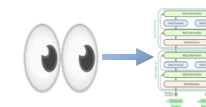


## **Reader's Comprehension $\neq$ Text's Readability**

- Possible, but not necessary a byproduct of readability
- Depends on the difficulty of the questions
- Hard to estimate reliably



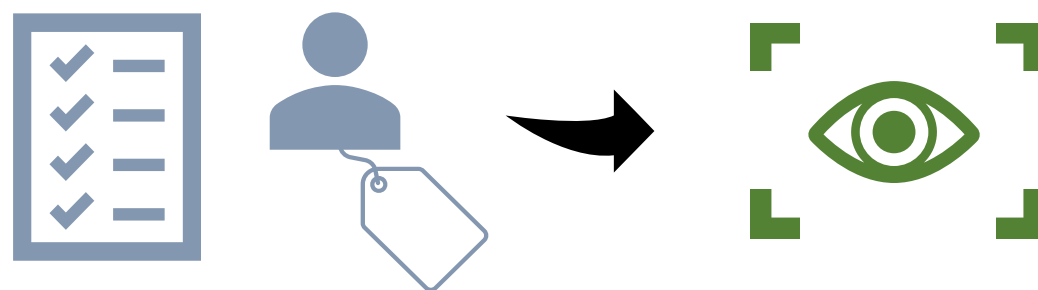
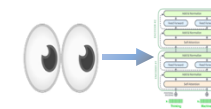
# Automatic Readability Assessment



**Human labeling** → very challenging task

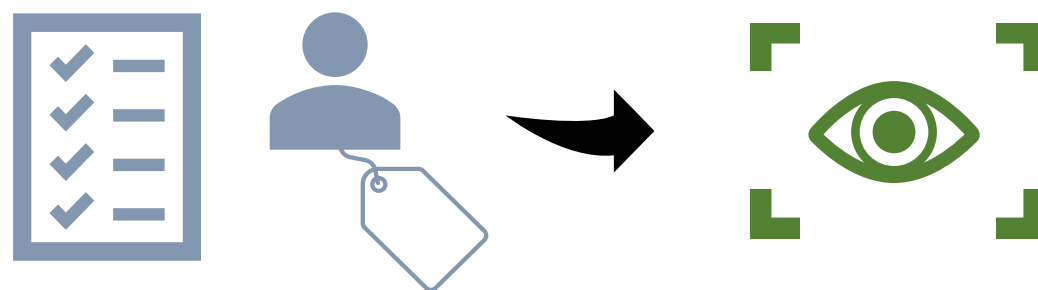
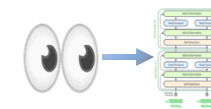
Text 1	Text 2
<p>A domain name is an identification string that defines a realm of administrative autonomy, authority or control within the Internet. Domain names are formed by the rules and procedures of the Domain Name System (DNS). Any name registered in the DNS is a domain name. Domain names are used in various networking contexts and application-specific naming and addressing purposes. In general, a domain name represents an Internet Protocol (IP) resource, such as a personal computer used to access the Internet, a server computer hosting a web site, or the web site itself or any other service communicated via the Internet. In 2015, 294 million domain names had been registered.</p> <p>Domain names are organized in subordinate levels (subdomains) of the DNS root domain, which is nameless. The first-level set of domain names are the top-level domains (TLDs), including the generic top-level domains (gTLDs), such as the prominent domains com, info, net, edu, and org, and the country code top-level domains (ccTLDs).</p>	<p>An organism is any living thing. It is easy to recognise a living thing, but not so easy to define it. Animals and plants are organisms, obviously. Organisms are a biotic, or living, part of the environment. Rocks and sunshine are parts of the non-living environment.</p> <p>Organisms usually have five basic needs. They need air, water, nutrients (food), energy and a place to live. However, not all living things need all these at the same time. Many organisms do not need access to air at all.</p> <p>A little thought is needed about viruses. There is no agreement as to whether they should be regarded as living. They are made of protein and nucleic acid, and they evolve, which is a really important fact. However, they exist in two quite different phases. One phase is dormant, not active. The other is inside a living cell of some other organism. Then the virus is very active reproducing itself.</p>
<p><b>(1) Read both texts. (2) Answer the questions. (3) Click "Rate Next Set."</b></p> <p>5/10 comparisons completed.</p> <p>Text 1 mentions subdomains. <input type="radio"/> True <input type="radio"/> False</p> <p>Text 2 mentions vaccines. <input type="radio"/> True <input type="radio"/> False</p> <p>Which text is easier to understand? <input type="radio"/> Text 1 <input type="radio"/> Text 2</p>	

# Automatic Readability Assessment



From reading **comprehension** performance and human  
**labeling** of text difficulty to  
**cognitive evaluation** of **reading ease** using eye tracking

# Automatic Readability Assessment



Reading Speed



Average Total Fixation Duration



Skip Rate



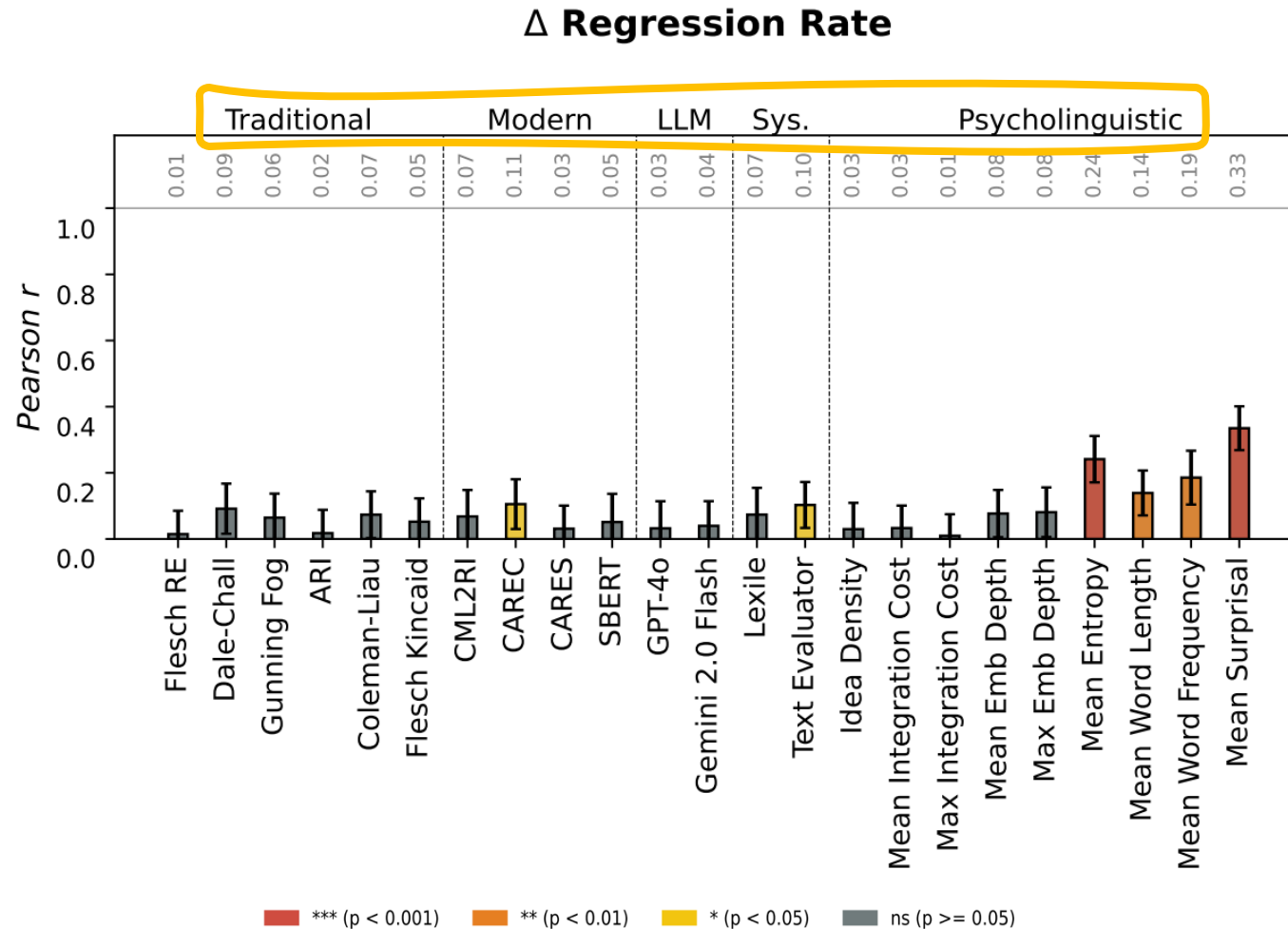
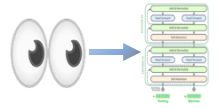
Regression Rate

**Evaluation of readability measure  $M$  is the Pearson  $r$  of:**

$$RT \sim Score_M$$

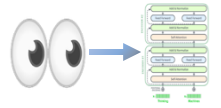
[Gruteke Klein et al. \(2025\)](#)

# Automatic Readability Assessment



Low correlation between existing measures and reading ease

# Evaluating Task Performance



## Online Human Behavior

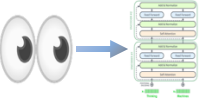
Captures language processing in real time

Machine translation [Doherty et al. \(2010\)](#)  
[Sajjad et al. \(2016\)](#)

Summarization [Ikhwantri et al. \(2024\)](#)

Readability [Gruteke Klein et al. \(2025\)](#)

# Discussion: Eye Movements for Evaluating NLP Models

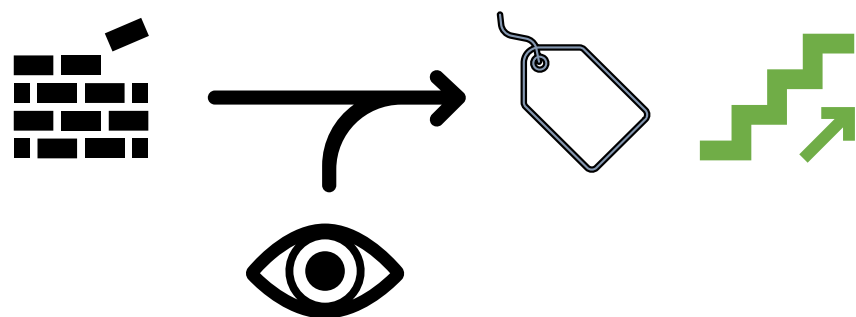


## **Current uses are limited**

- Better use of existing eye tracking data
- Collect more eye tracking data for specific NLP tasks
- Large scale evaluations with synthetic eye movements

# Uses of Eye Tracking in NLP 🧐➡️📊

## Modeling



Eye movements can  
enhance the performance  
of NLP models

## Evaluation



Eye movements for evaluating  
the performance of NLP models

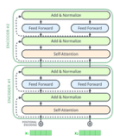
# Tutorial Outline



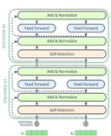
1. Introduction to eye tracking



2. Uses of eye tracking in NLP



3. NLP for eye movement and cognitive modeling



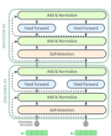
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4. New human centered applications



+



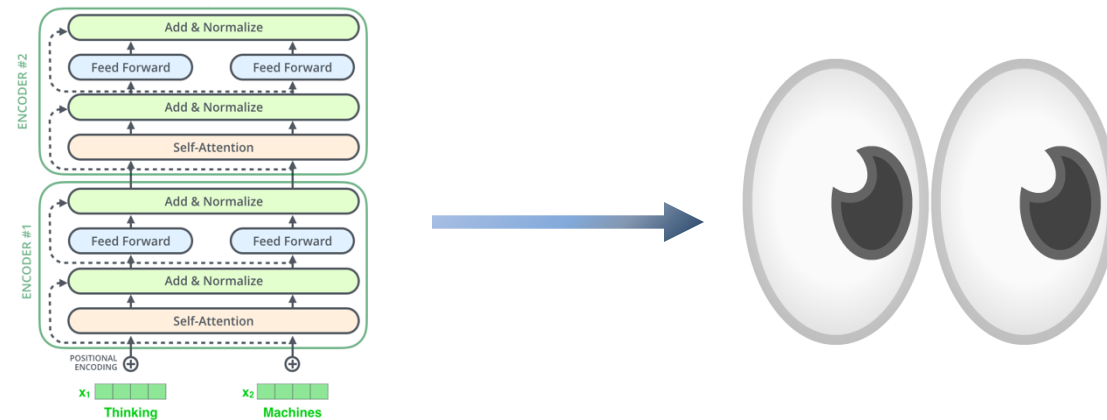
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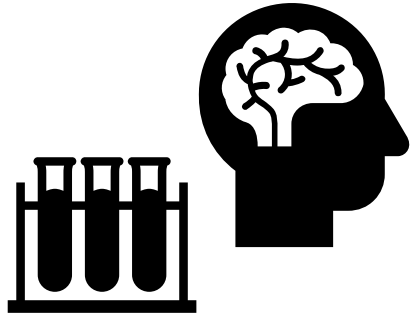
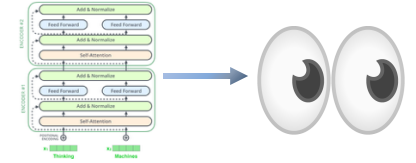
5. Outlook and future directions



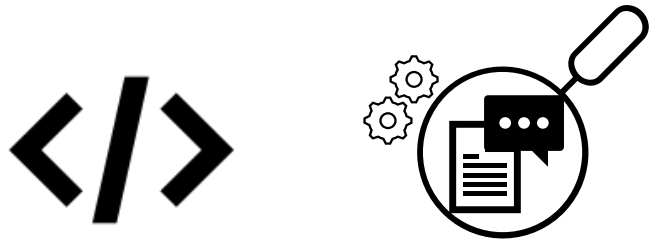
# Uses of NLP in Modeling Human Language Processing and Eye Movements



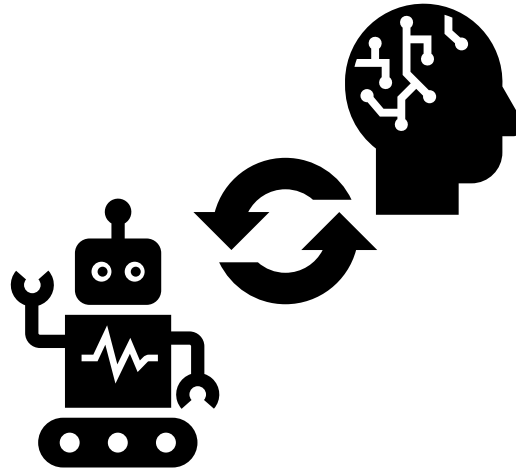
# Uses of NLP in Modeling Eye Movements and Human Language Processing



Testing Psycholinguistic Theories

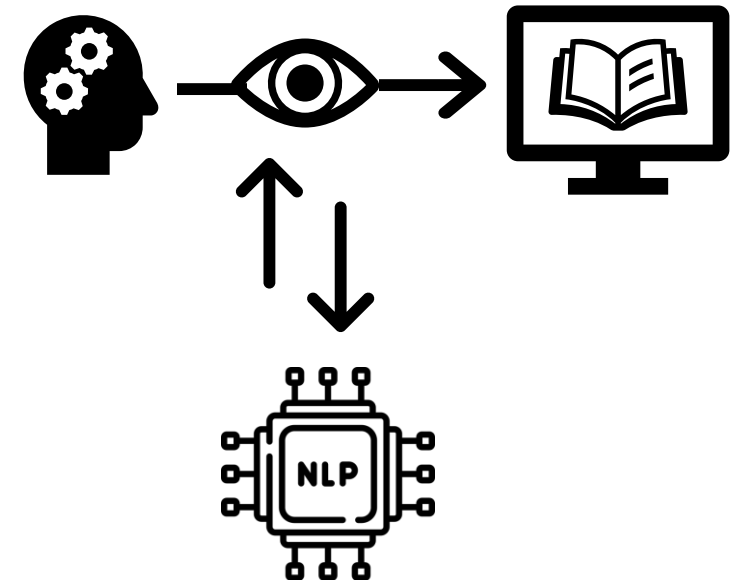


Representations    Linguistic quantities

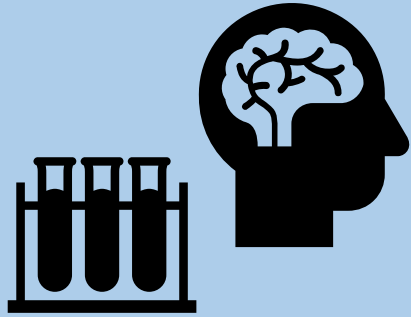
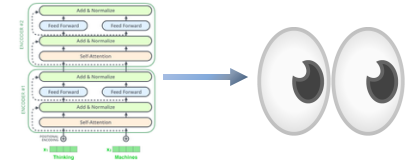


Testing LLM alignment  
with human language  
processing

NLP for modeling eye  
movements in reading



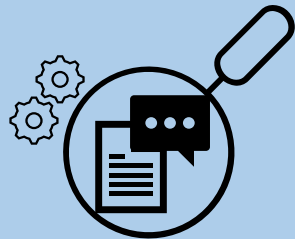
# Uses of NLP in Modeling Eye Movements and Human Language Processing



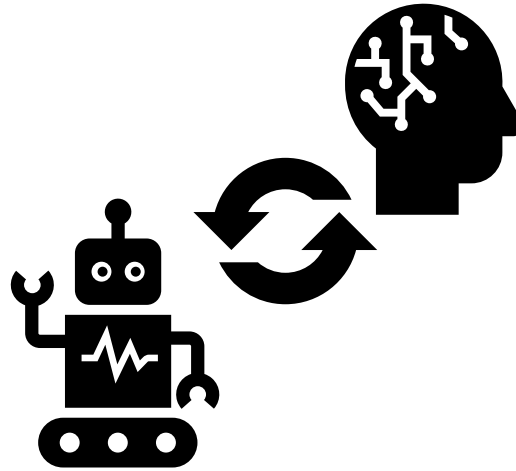
Testing Psycholinguistic Theories



Representations

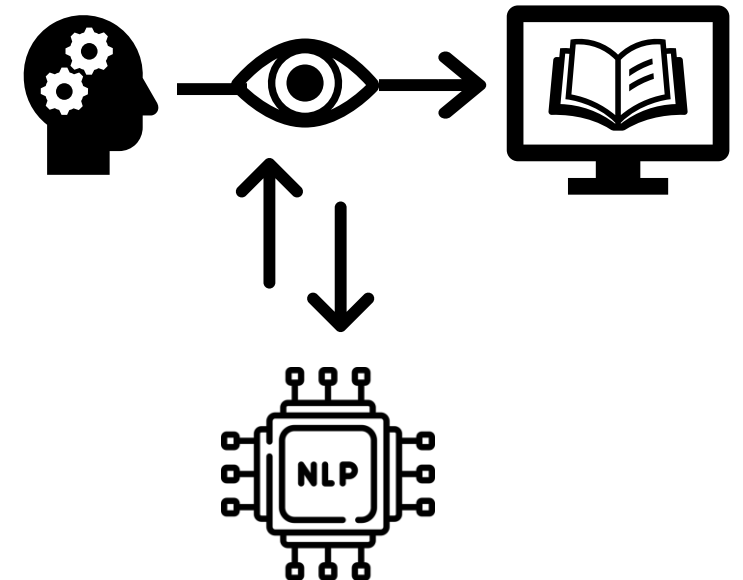


Linguistic quantities

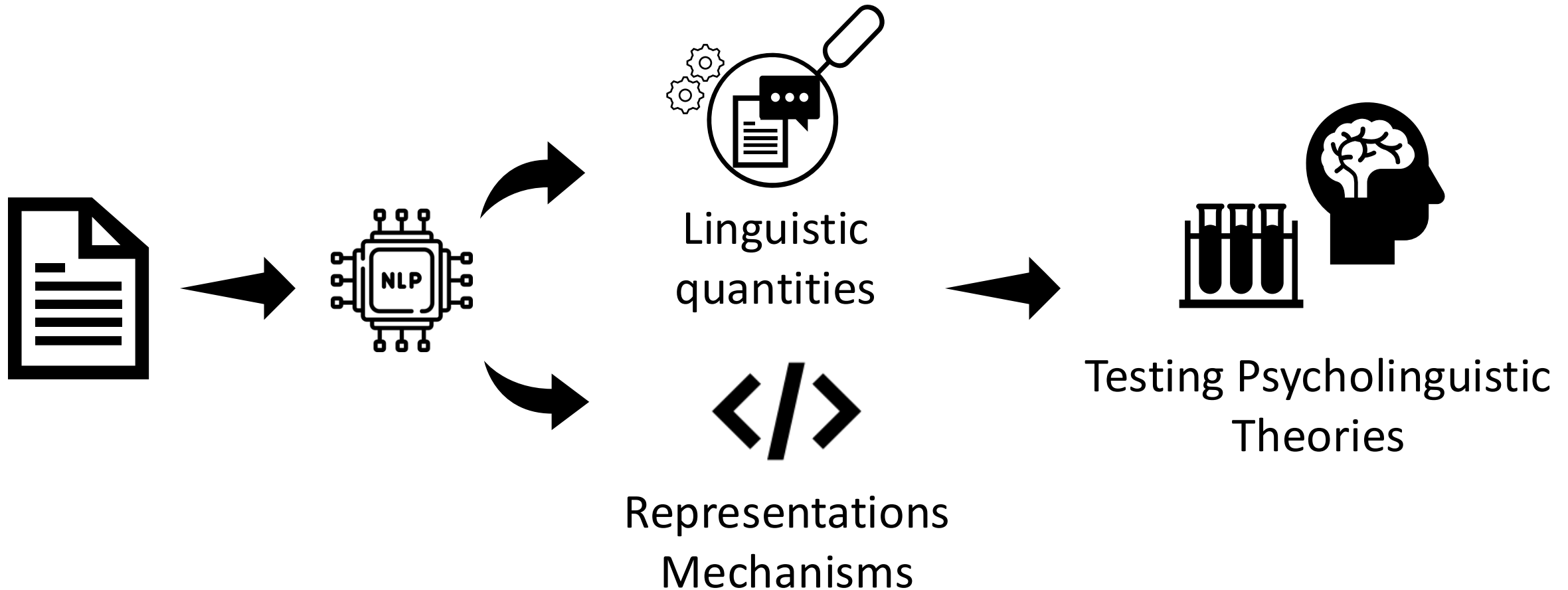
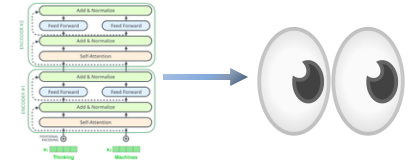


Testing LLM alignment with human language processing

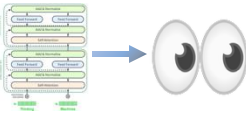
NLP for modeling eye movements in reading



# NLP for Extracting Linguistic Quantities and Representations

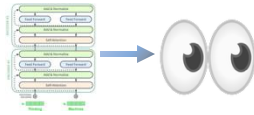


# NLP for Extracting Linguistic Quantities and Representations



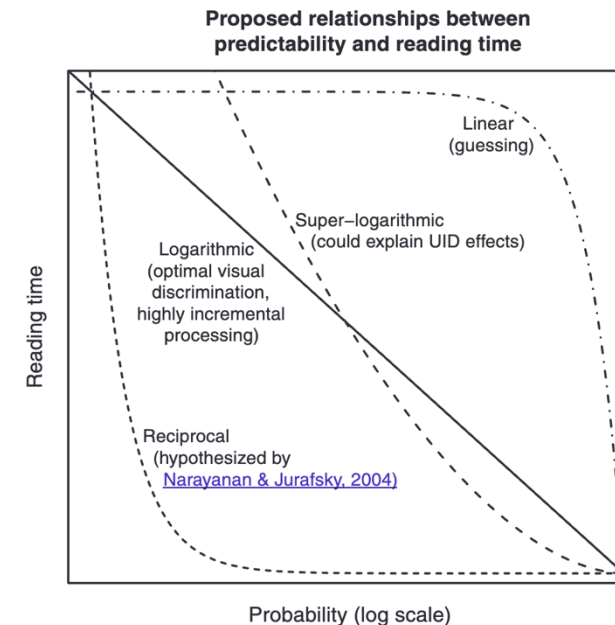
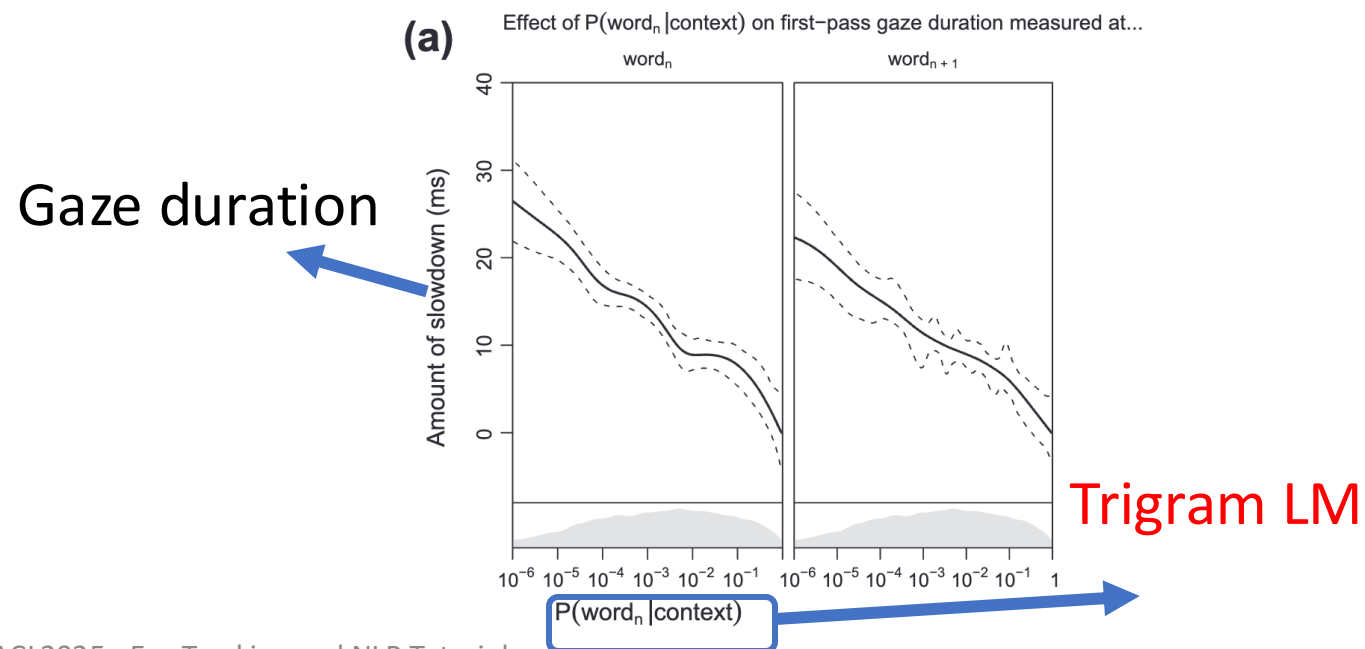
- NLP for broad coverage stimulus annotations
  - Surprisal, entropy
  - Syntactic structure
  - Semantic relations
  - Word embeddings
- Annotations (or derived quantities) are central for testing psycholinguistic theories of language processing
  - Surprisal theory [Hale \(2001\)](#), [Levy \(2008\)](#)
  - Dependency locality theory (DLT) [Gibson \(1998\)](#), [Gibson \(2000\)](#)
  - Uniform information density (UID) [Levy & Jaeger \(2007\)](#)
  - Cue-based retrieval (ACT-R) [Lewis & Vasishth \(2005\)](#), [Engelmann et al. \(2019\)](#)

# NLP for Extracting Linguistic Quantities and Representations

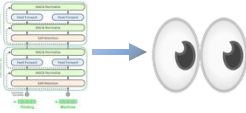


Smith and Levy (2013) testing predictions of Surprisal Theory

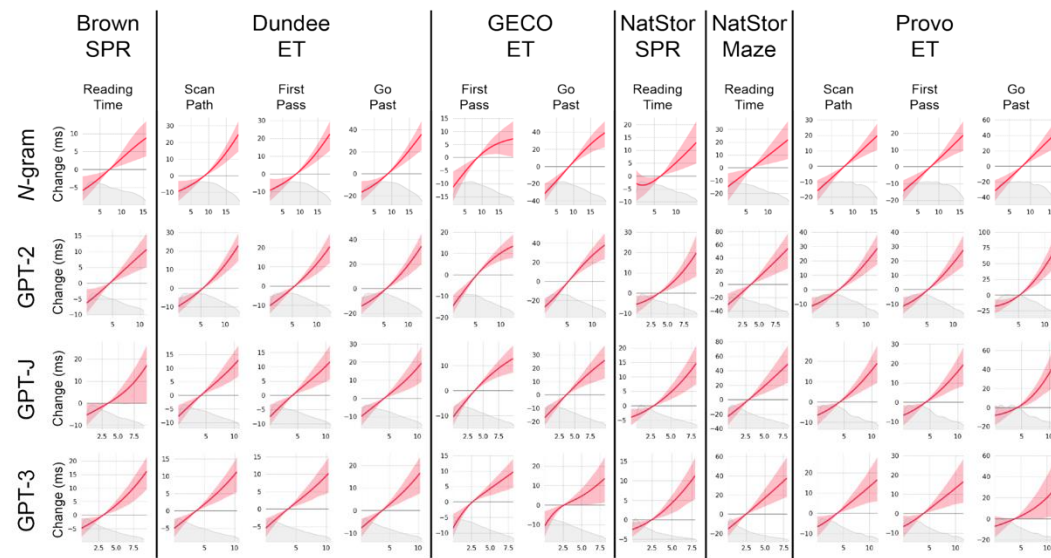
- Reading times (Dundee) as proxy for processing difficulty
- **LM based surprisal** as proxy for word predictability



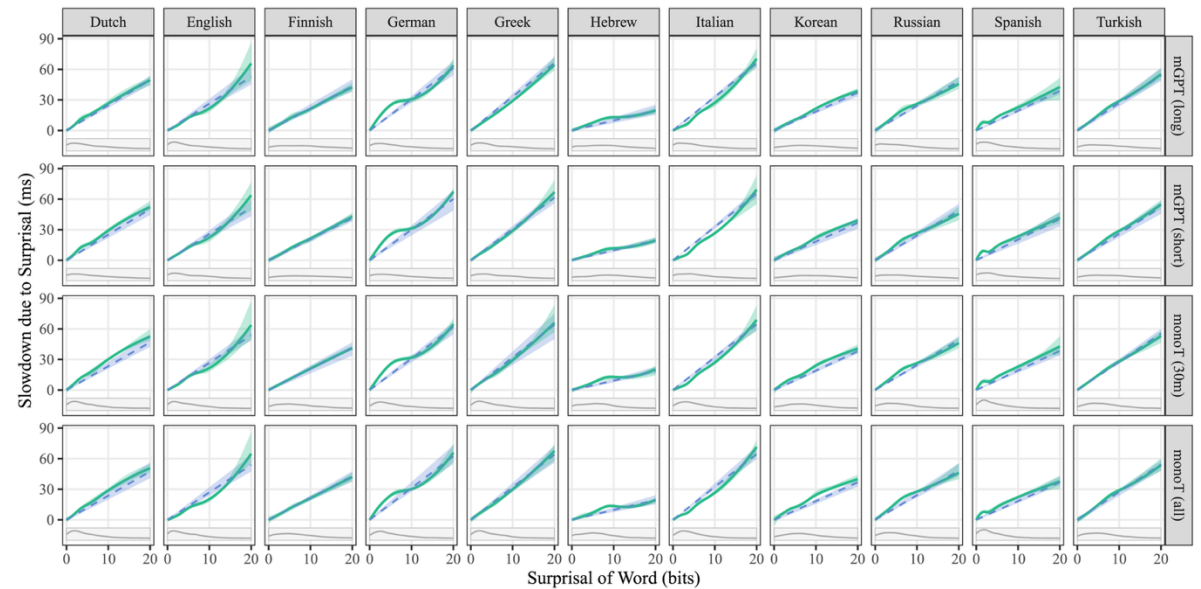
# NLP for Extracting Linguistic Quantities and Representations



Linearity holds for different LLMs [Shain et al. \(2023\)](#) and across languages [Wilcox et al \(2023\)](#)

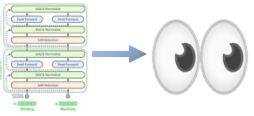


[Shain et al. \(2023\)](#)



MECO data, [Wilcox et al \(2023\)](#)

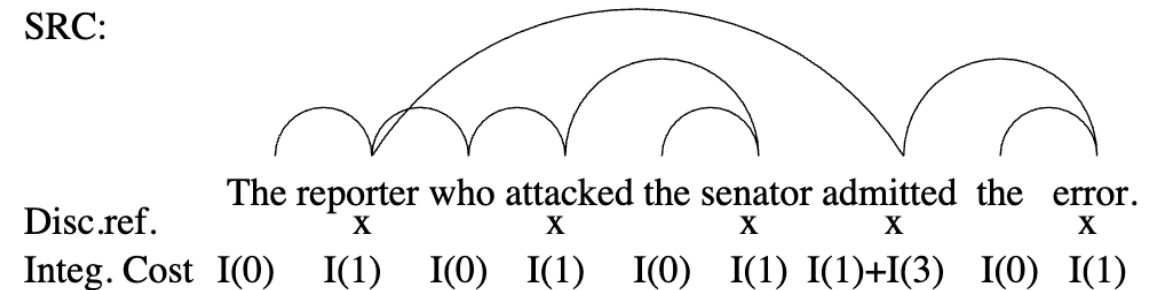
# NLP for Extracting Linguistic Quantities and Representations



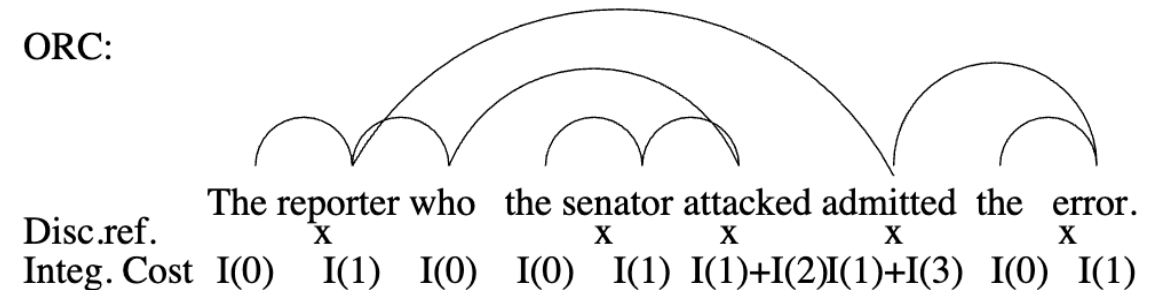
Testing predictions of DLT and Surprisal Theory [Demberg and Keller \(2008\)](#)

- Reading times (Dundee) as proxy for processing difficulty
- **LM based surprisal** as proxy for word predictability
- **Dependency parsing** for obtaining sentence structure

SRC:

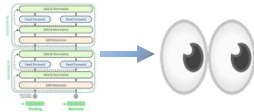


ORC:



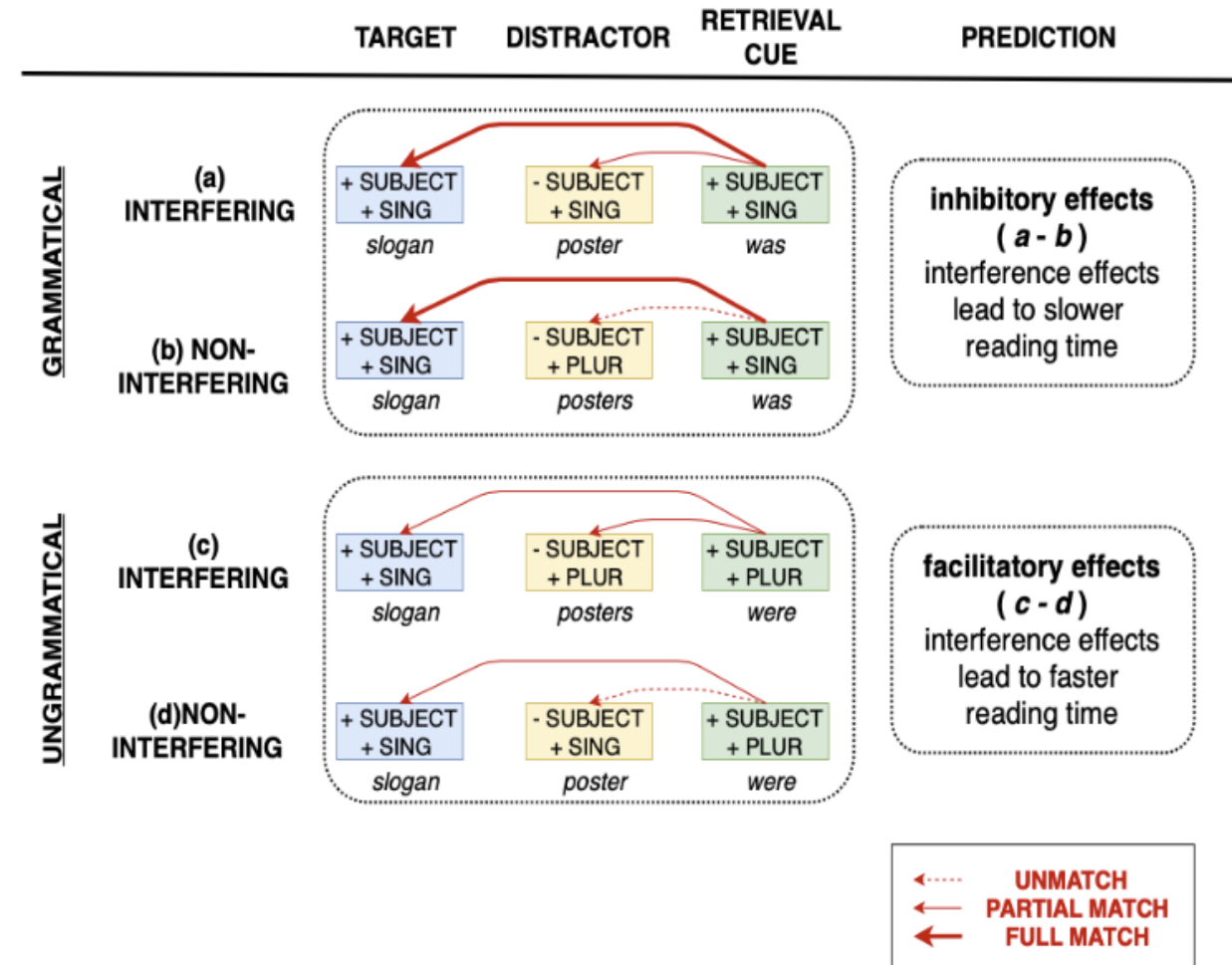


# NLP for Extracting Linguistic Quantities and Representations



Controlled experiments with GPT2 surprisal for testing surprisal and interference based explanations to agreement phenomena

[Ryu and Lewis \(2021\)](#)

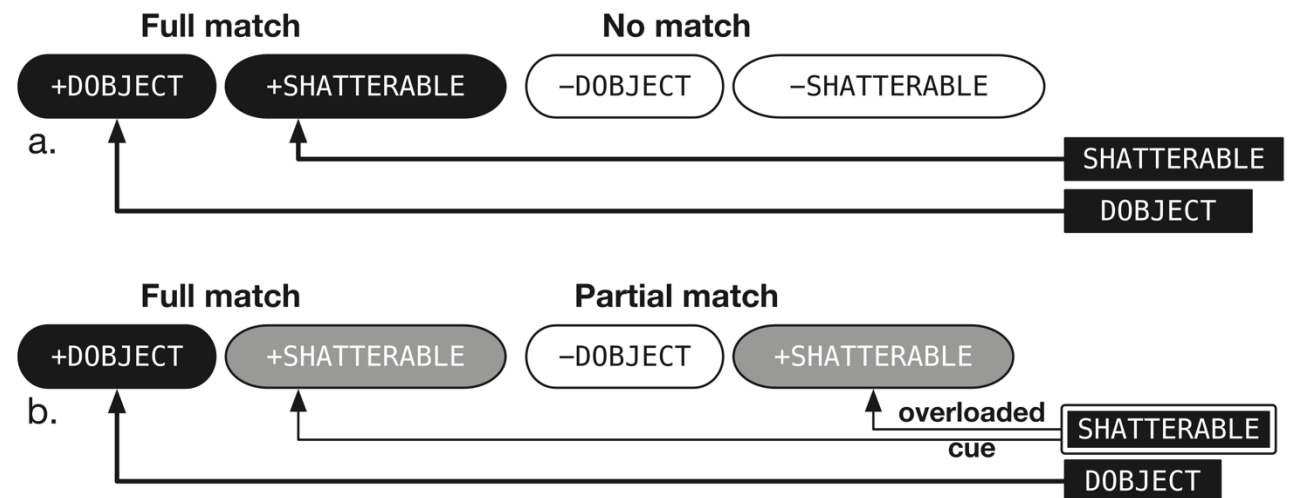


# NLP for Extracting Linguistic Quantities and Representations

- a) ... the **plate** that the butler with the **tie** accidentally **shattered** ...
- b) ... the **plate** that the butler with the **cup** accidentally **shattered** ...

**Cue-based Retrieval (ACT-R)**  
assumes a content-addressable  
memory.

**Dependency formation: Retrieval  
cues** serve to access relevant  
chunks (e.g., words) from  
memory.

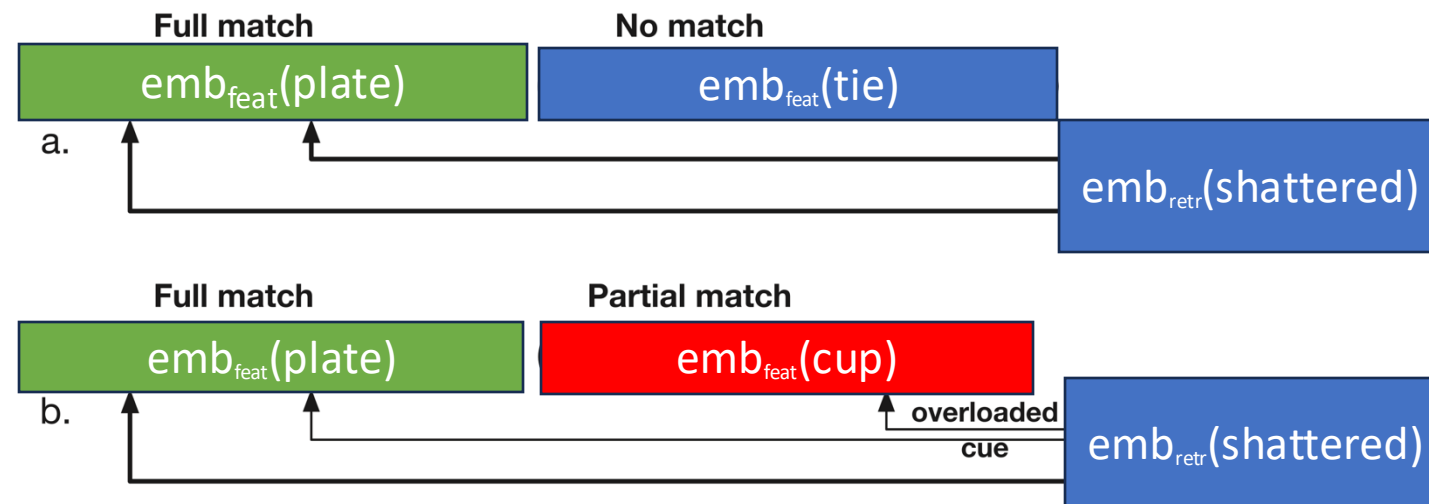


# NLP for Extracting Linguistic Quantities and Representations

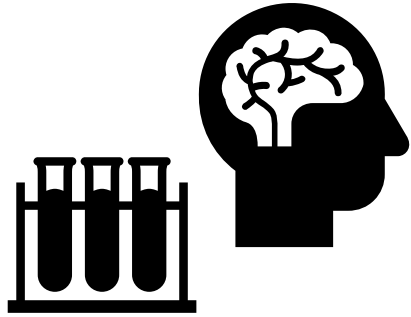
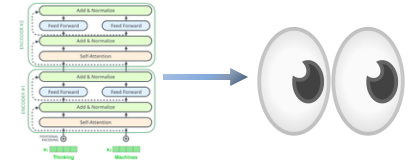
- a) ... the **plate** that the butler with the **tie** accidentally **shattered** ...
- b) ... the **plate** that the butler with the **cup** accidentally **shattered** ...

Replacing hand-crafted feature vectors with **word embeddings** as **cognitive representations** for **lexical items** in memory.

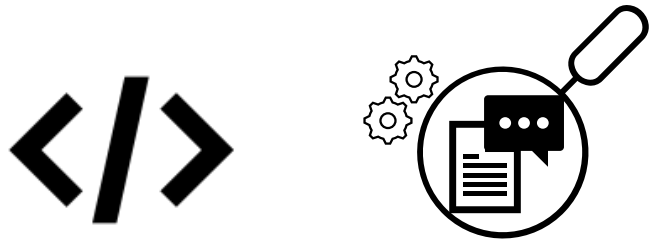
[Smith and Vasishth \(2020\)](#)



# Uses of NLP in Modeling Eye Movements and Human Language Processing

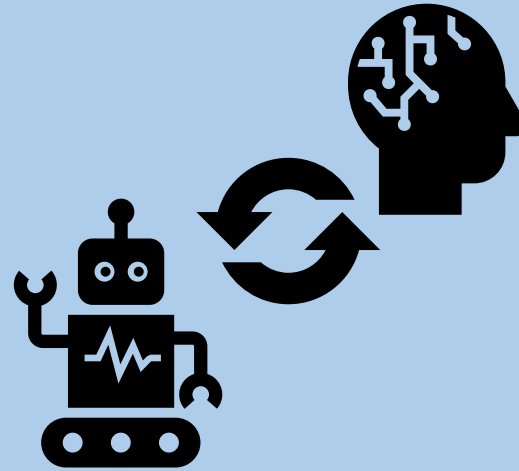


Testing Psycholinguistic Theories



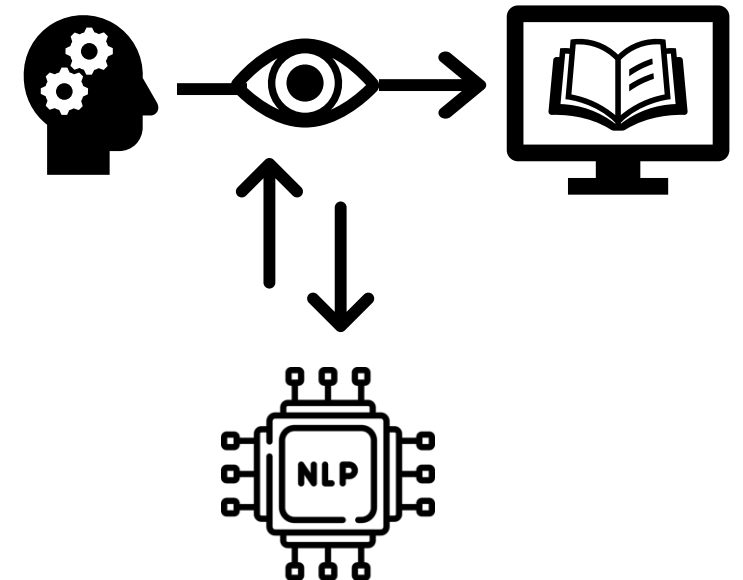
Representations

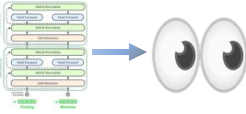
Linguistic quantities



Testing LLM alignment with human language processing

NLP for modeling eye movements in reading





# LLM Alignment with Human Reading

- Are LLMs good models of human linguistic processing?  
If not, how can we make them relevant?
- Big and open area where eye tracking data could play a larger role
- Current directions:
  - Testing alignment of LLMs with reading data
  - Improving alignment with more cognitively plausible architectures

# LLM Alignment with Human Reading

**Predictive power** of LLM-extracted **surprisal** (or other metrics) for human reading times (RTs)

**Step 1:**

Fit two regression models predicting reading times, **with** and **without surprisal as predictor**

**Step 2:**

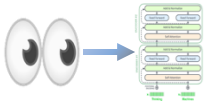
Compute Log-Likelihood (LL) of each model

**Step 3:**

Predictive Power (PP) of surprisal is the  $\Delta LL$  of the two models

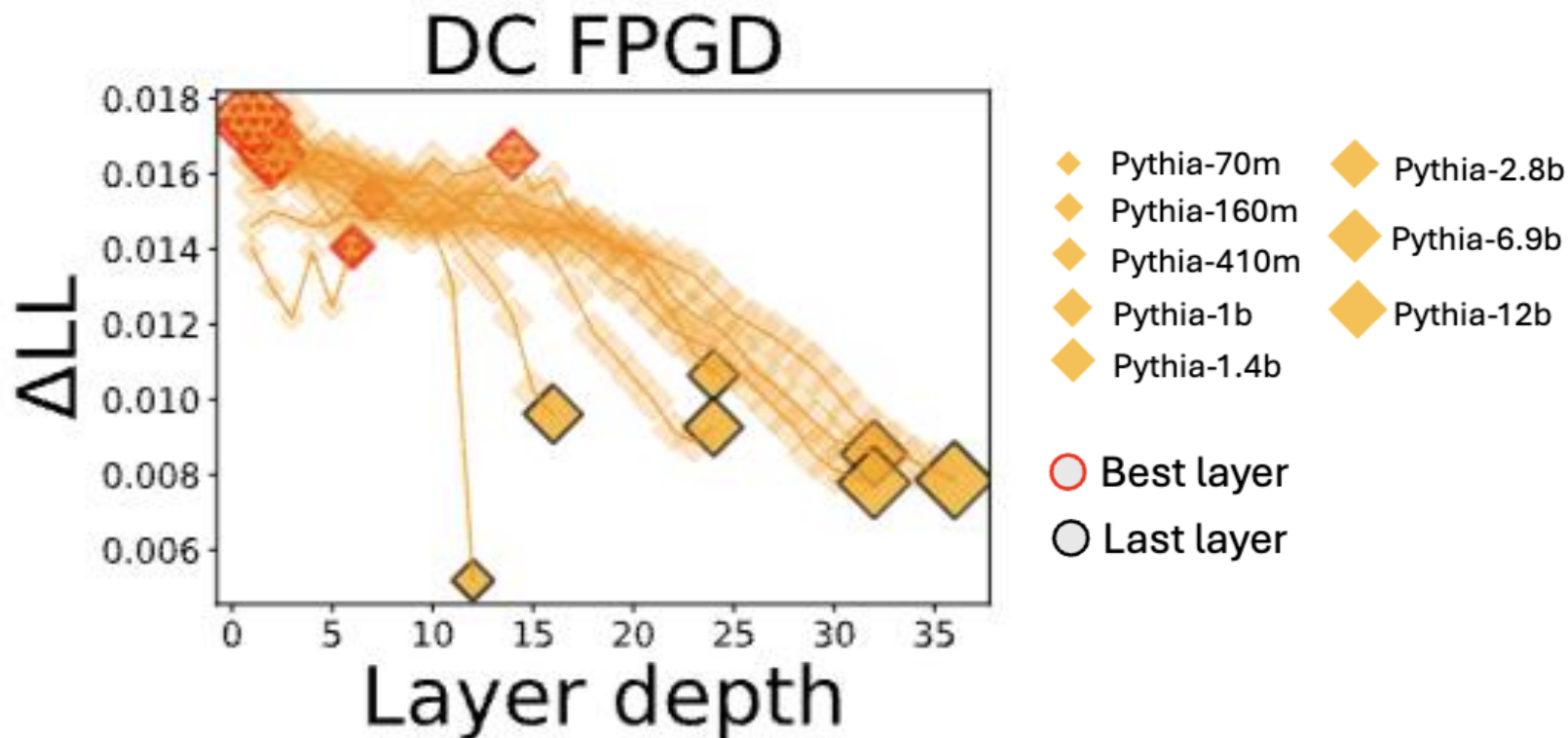
$$\begin{array}{llll} \mathcal{M}_{baseline}: RT \sim baseline\_variables & \longrightarrow & LL(\mathcal{M}_{baseline}) & \\ \mathcal{M}_{surprisal}: RT \sim baseline\_variables & \longrightarrow & LL(\mathcal{M}_{surprisal}) & \\ \quad \oplus surprisal & & & \end{array} \longrightarrow \begin{array}{l} PP(surprisal) \\ := \Delta LL(\mathcal{M}_{surprisal}, \mathcal{M}_{baseline}) \\ := LL(\mathcal{M}_{surprisal}) - LL(\mathcal{M}_{baseline}) \end{array}$$



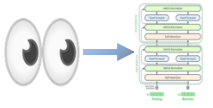


# LLM Alignment with Human Reading

[Kuribayashi et al. \(2025\)](#) opposite conclusion for intermediate layers





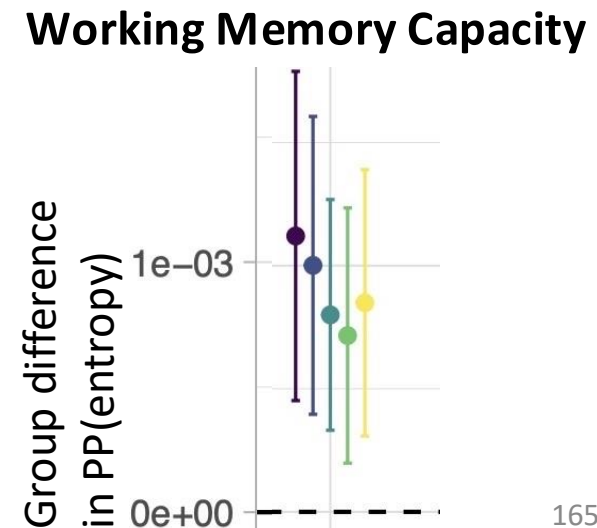
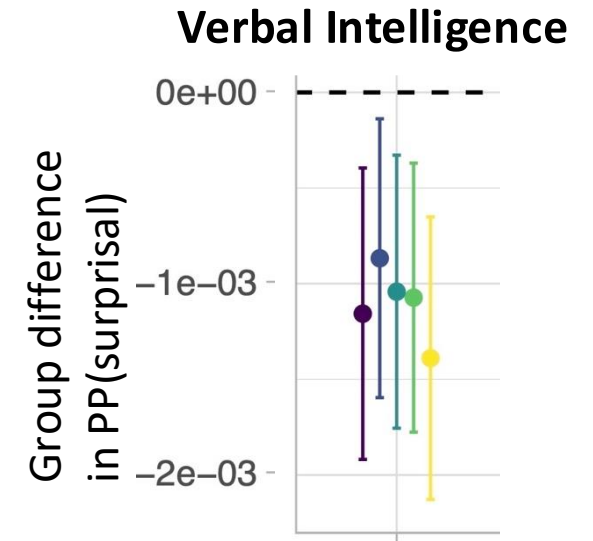


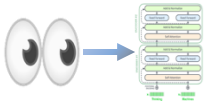
# LLM Alignment with Human Reading

[Haller et al. \(2024\)](#) compare the PP on first-pass reading time of LM surprisal and LM entropy for **different cognitive groups of readers**.

- PP of surprisal is higher for readers with **lower verbal intelligence**.
- PP of entropy is higher for readers with **higher working memory capacity**.

Model —●— GPT-2 base —●— GPT-2 large —●— Llama 7B —●— Llama 13B —●— Mixtral

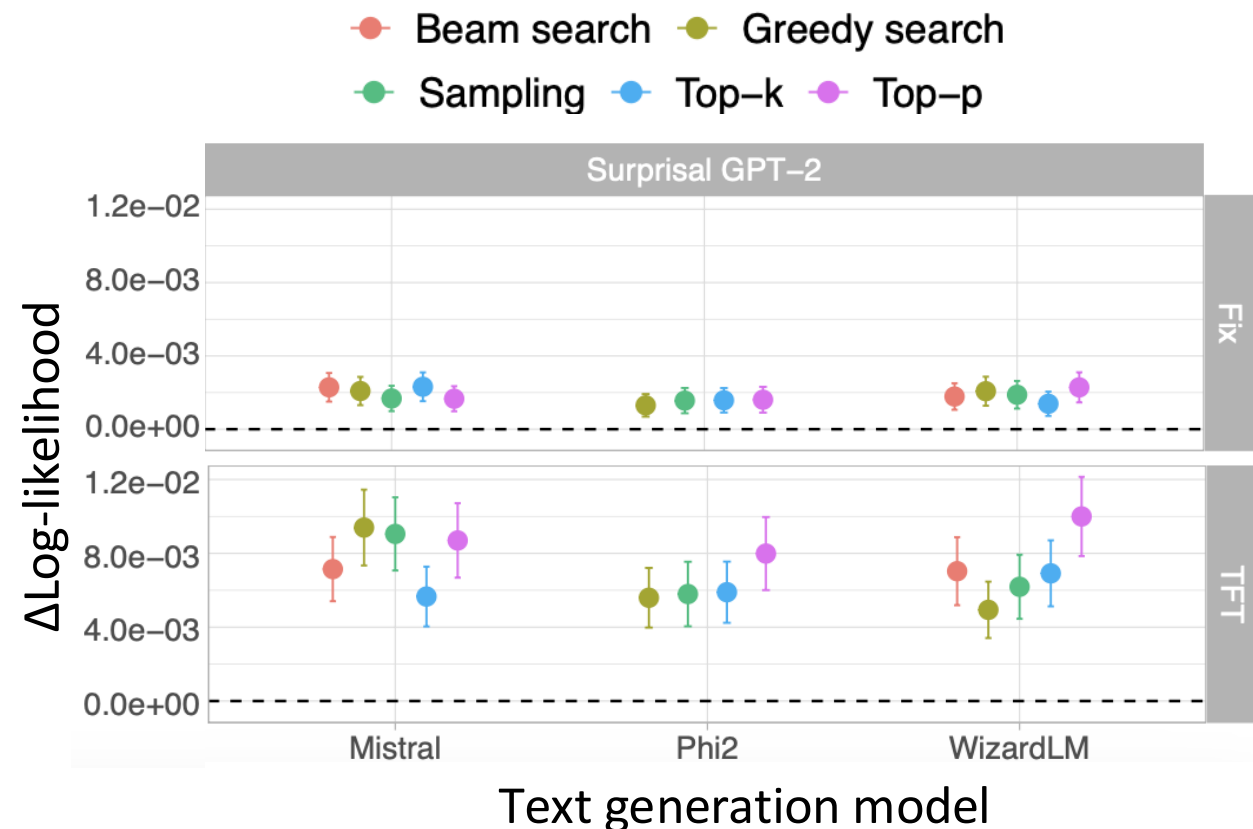


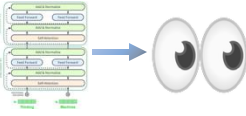


# LLM Alignment with Human Reading

[Bolliger et al. \(2024\)](#) Predictive power for reading times varies between texts generated by different

- models
  - decoding strategies
- And across different
- **reading measures**

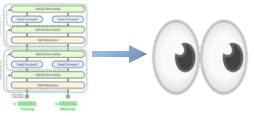




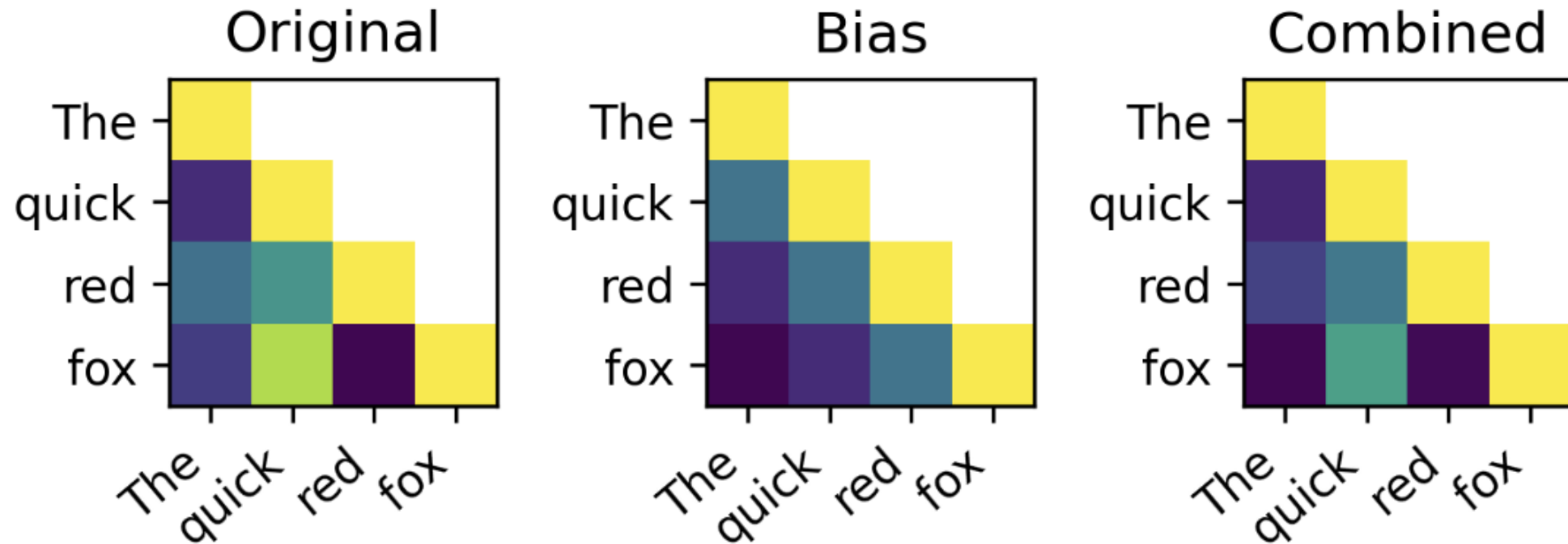
# LLM Alignment with Human Reading

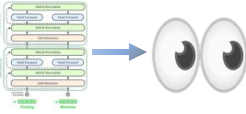
- Rich literature that focuses on
  - Models trained on human scale data
  - Controlled evaluations of targeted linguistic phenomena
- LLMs as a lower bound of what can be learned from the input without postulating innate linguistic knowledge ("poverty of the stimulus")
- Current online evals are primarily on SPR and Maze. E.g. [van Schijndel & Linzen \(2018\)](#), [Wilcox et al. \(2021\)](#)
- Open area for future work with eye tracking data!

# Improving Alignment: Adding Cognitive Constraints



- Recency bias for transformer attention [de Varda and Marelli \(2024\)](#), [Clark et al \(2025\)](#)





# Discussion: Alignment

- Most studies focus on a single reading measure (e.g., Gaze Duration, Total Fixation Duration)
- No clear advantage of eye tracking over other methods
- Similar evaluations are done with cheaper methods that can be (and are) deployed on the web at scale (SPR, Maze)
- Possible directions forward
  - More fine-grained analyses of reading measures to reveal dynamics over time, scanpath prediction
  - Populations with different linguistic knowledge (e.g. L1 vs L2)

# Addendum: Parsers as Cognitive Models

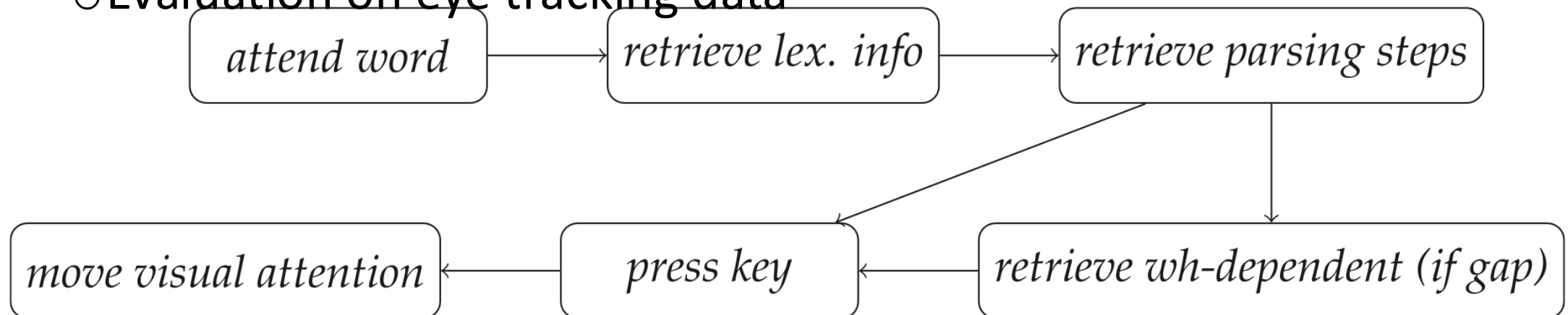


- Long Tradition in computational linguistics (e.g., [Jurafsky, 1996](#))

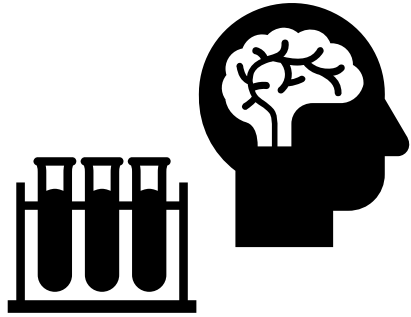
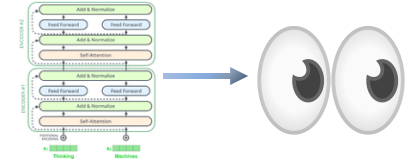
Example: [Dotlačil \(2021\)](#)

Transition based parser combined with cue-based retrieval (ACT-R)

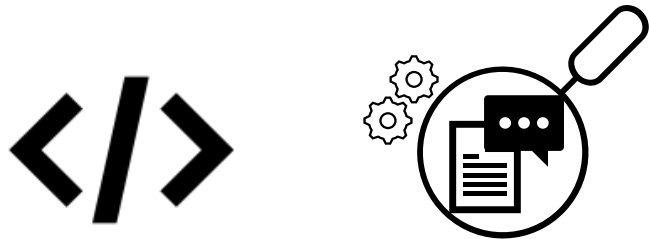
- Evaluation on eye tracking data



# Uses of NLP in Modeling Eye Movements and Human Language Processing

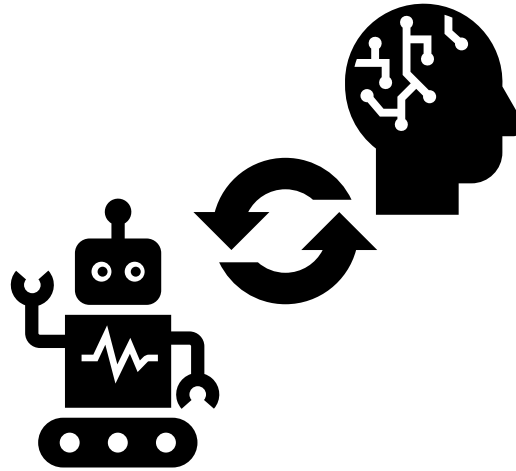


Testing Psycholinguistic Theories



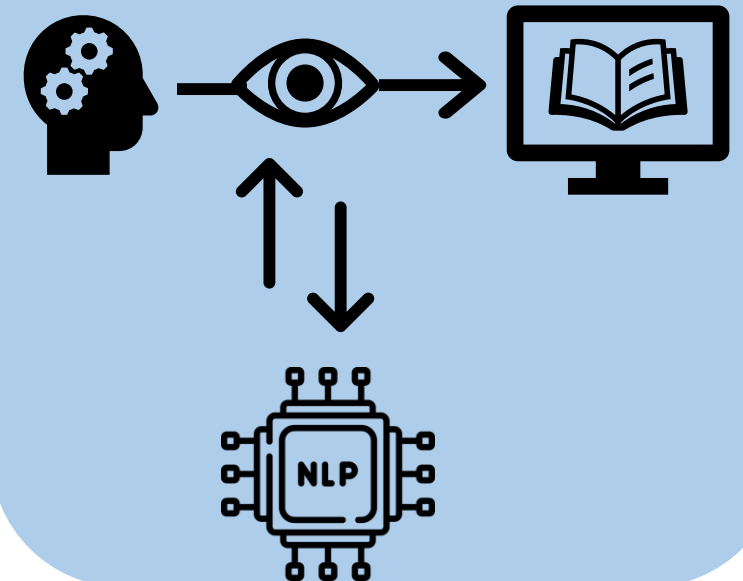
Representations  
Mechanisms

Linguistic quantities

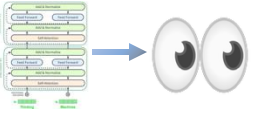


Testing LLM alignment  
with human language  
processing

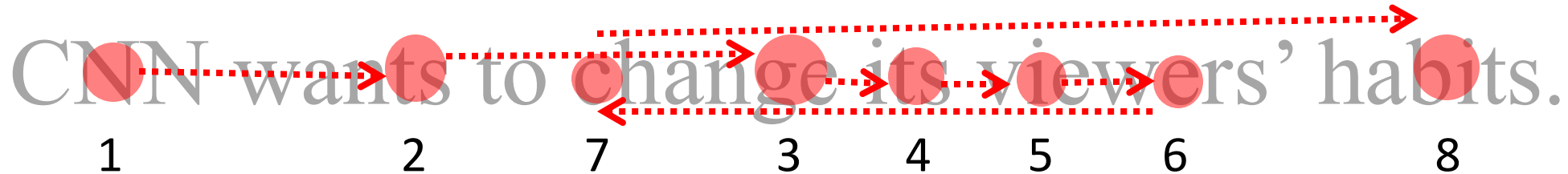
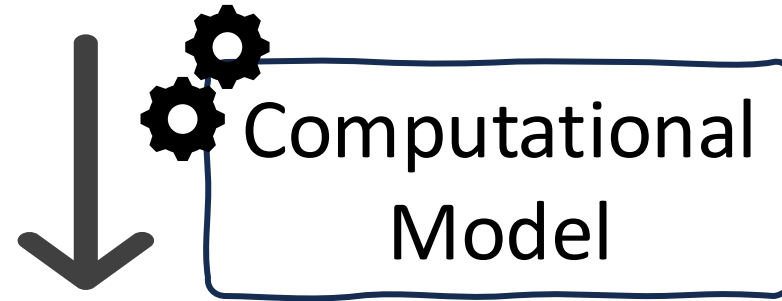
NLP for modeling eye  
movements in reading



# NLP for Modeling Eye Movements in Reading

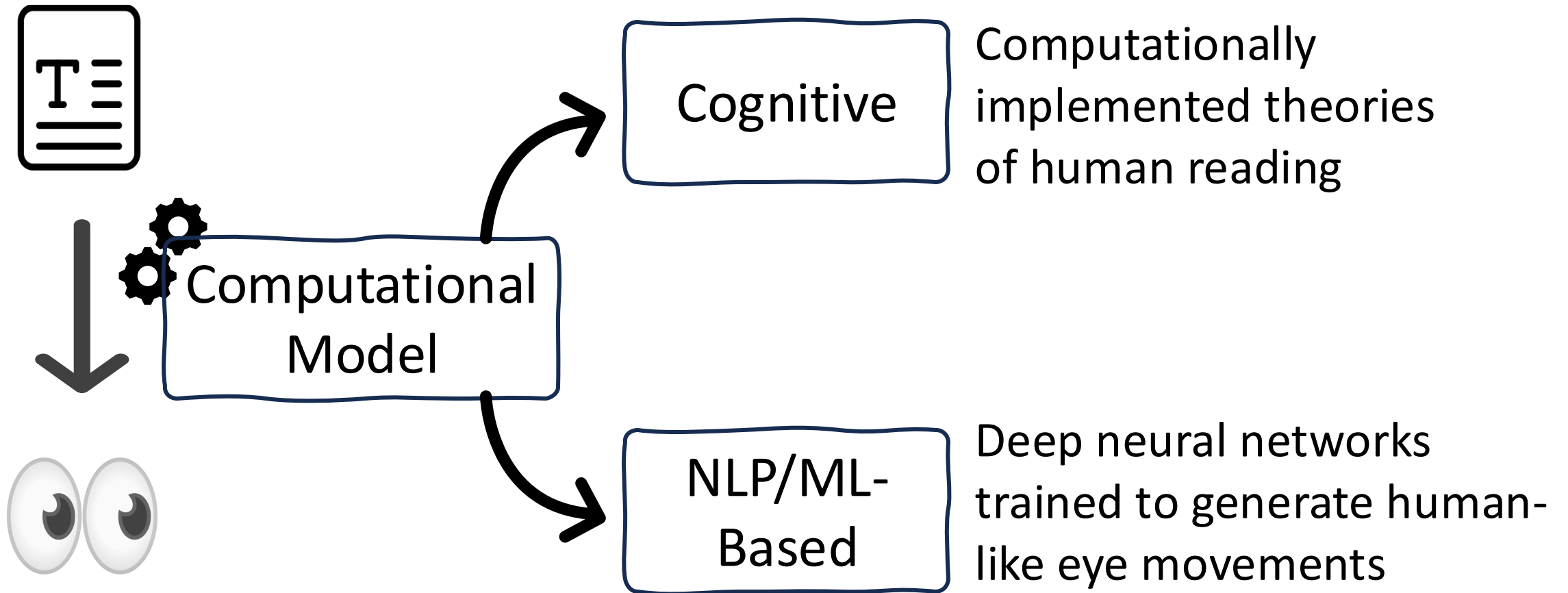
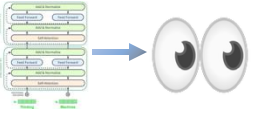


CNN wants to change its viewers' habits.

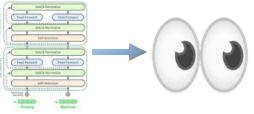




# NLP for Modeling Eye Movements in Reading

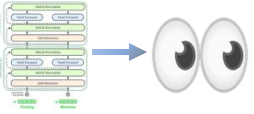


# NLP for Modeling Eye Movements in Reading



		<u># Parameters</u>	<u>Interpretable?</u>
Cognitive	Computationally implemented theories of human reading	Few	Most parameters have direct cognitive interpretation
NLP/ML-Based	Deep neural networks trained to generate human-like eye movements	Many	Typically not interpretable

# NLP for Modeling Eye Movements in Reading



## Examples

### Cognitive

Computationally implemented theories of human reading

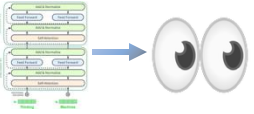
E-Z Reader [Reichle et al. \(1998, 2009\)](#)  
SWIFT [Engbert et al. \(2005\)](#)  
SEAM [Rabe et al. \(2024\)](#)  
OB1-Reader [Snell et al. \(2018\)](#)

### NLP/ML-Based

Deep neural networks trained to generate human-like eye movements

NEAT [Hahn and Keller \(2023\)](#)  
Eyettention [Deng, Reich et al. \(2023\)](#)  
ScanDL [Bolliger et al. \(2023, 2025\)](#)  
SP-EyeGan [Prasse, Reich et al. \(2023\)](#)

# NLP for Modeling Eye Movements in Reading



## Examples

## Model

### Cognitive

E-Z Reader [Reichle et al. \(1998, 2009\)](#)  
SWIFT [Engbert et al. \(2005\)](#)  
SEAM [Rabe et al. \(2024\)](#)  
OB1-Reader [Snell et al. \(2018\)](#)

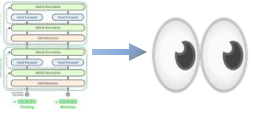
Serial attention  
Parallel attention  
Activation-coupled  
Bayesian inference

### NLP/ML- Based

NEAT [Hahn and Keller \(2023\)](#)  
Eyettention [Deng, Reich et al. \(2023\)](#)  
ScanDL [Bolliger et al. \(2023, 2025\)](#)  
SP-EyeGan [Prasse, Reich et al. \(2023\)](#)

RNN  
Cross-attention  
Diffusion  
GAN

# NLP for Modeling Eye Movements in Reading



## Examples

### Cognitive

E-Z Reader [Reichle et al. \(1998, 2009\)](#)  
SWIFT [Engbert et al. \(2005\)](#)  
SEAM [Rabe et al. \(2024\)](#)  
OB1-Reader [Snell et al. \(2018\)](#)

### NLP/ML- Based

NEAT [Hahn and Keller \(2023\)](#)  
Eyettention [Deng, Reich et al. \(2023\)](#)  
ScanDL [Bolliger et al. \(2023, 2025\)](#)  
SP-EyeGan [Prasse, Reich et al. \(2023\)](#)

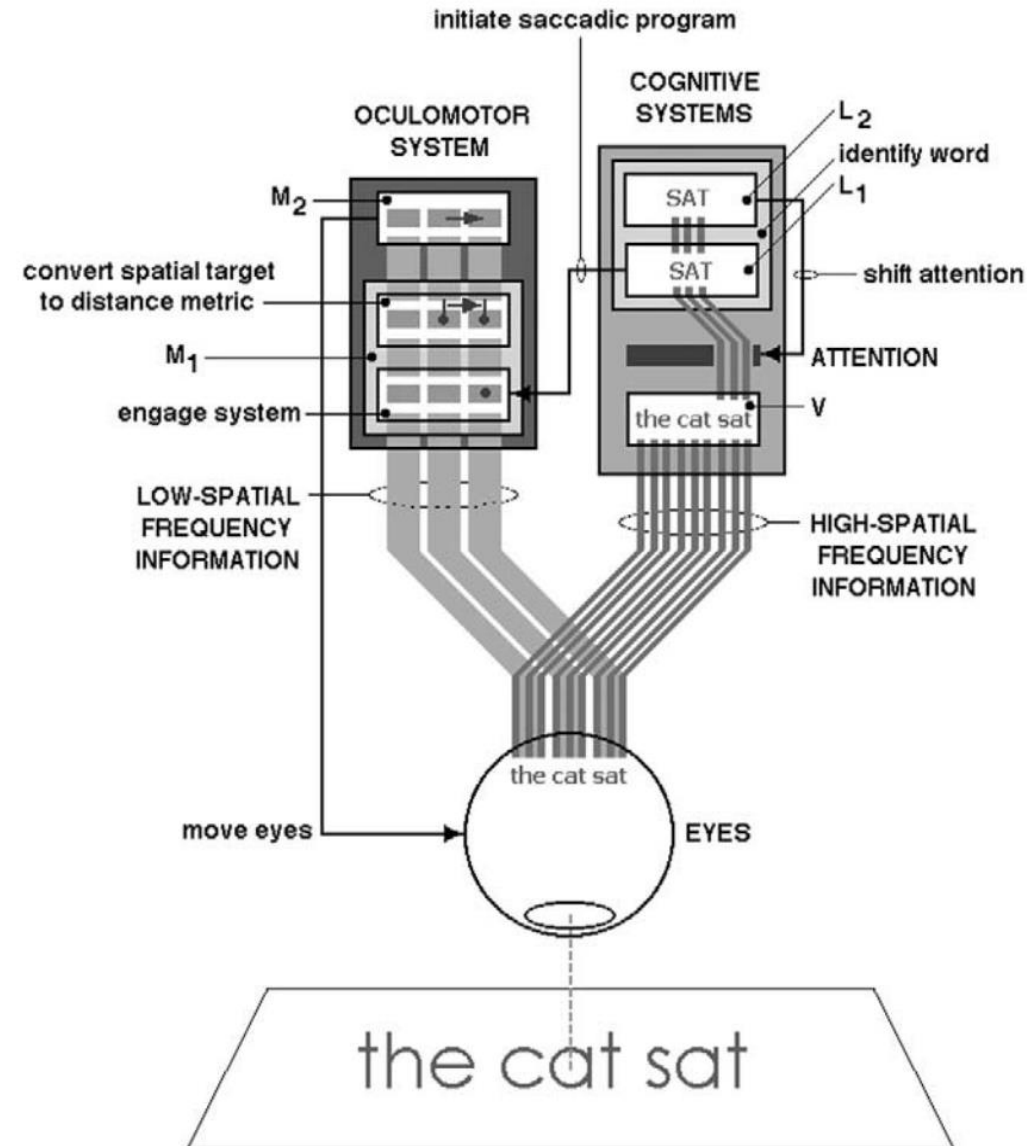
## Output

Fixation  
Fixation, transition probability  
Fixation, transition probability  
Fixation, transition probability

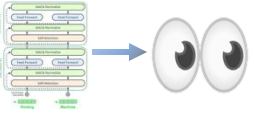
Fixation  
Transition probability  
Fixation  
Raw samples

# NLP for Modeling Eye Movements in Reading

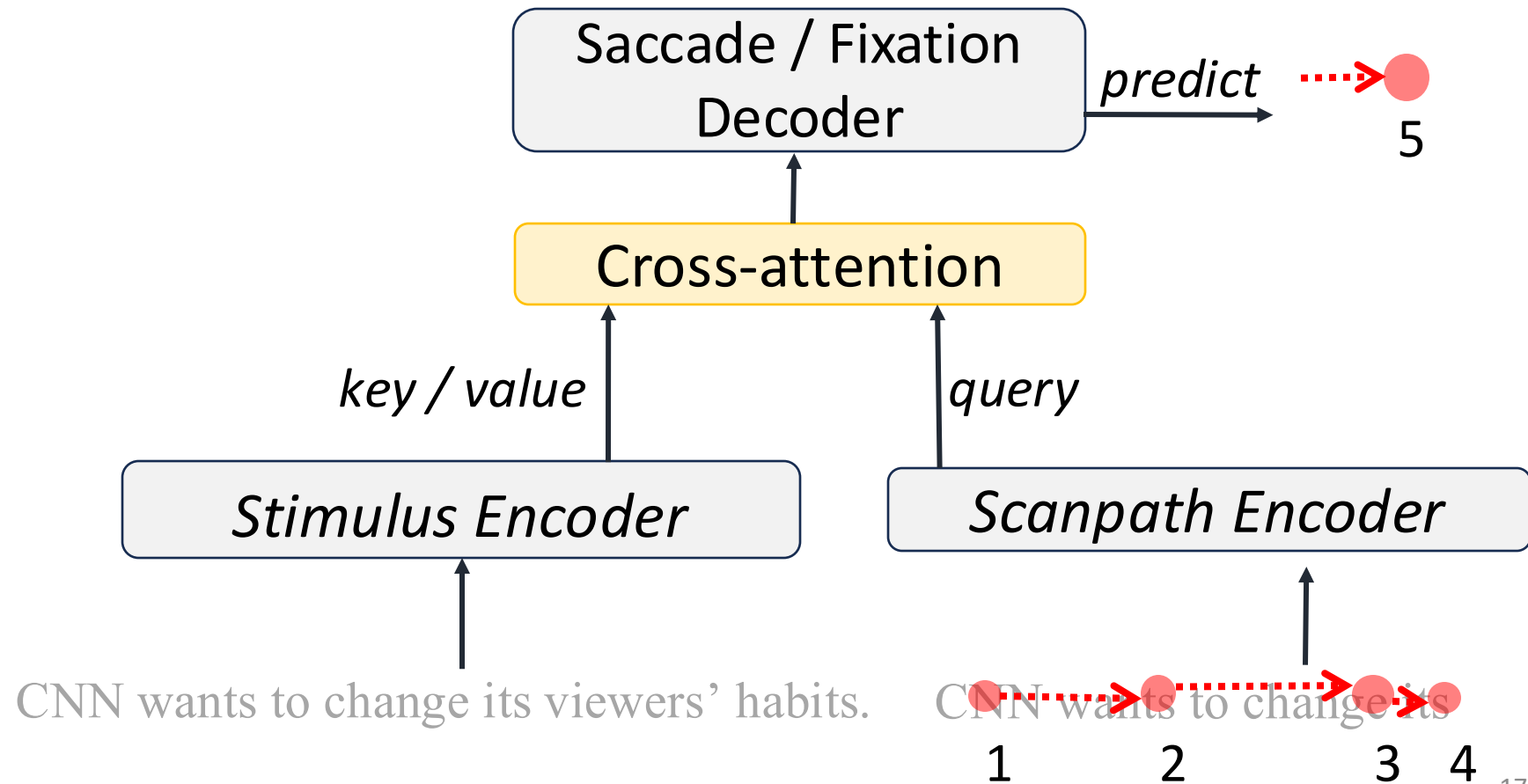
- E-Z Reader



# NLP for Modeling Eye Movements in Reading



Eyettention ([Deng et al., 2023](#))

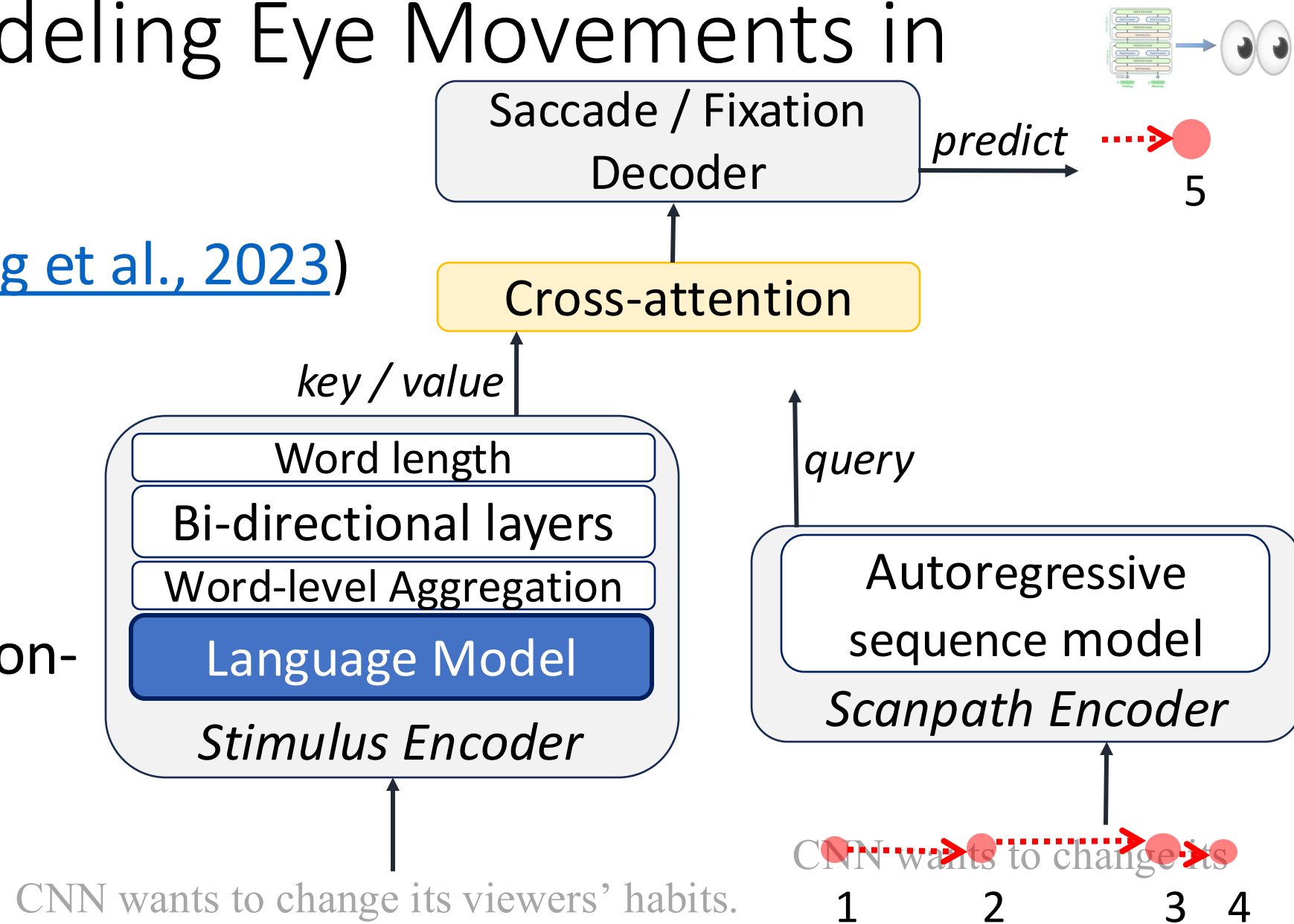


# NLP for Modeling Eye Movements in Reading

Eyettention ([Deng et al., 2023](#))

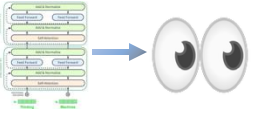
## Extensions:

Reader- and population-specific models





# NLP for Modeling Eye Movements in Reading

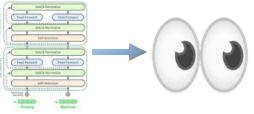


ScanDL, ScanDL 2.0 ([Bolliger et al., 2023](#) ,[2025](#))

CNN wants to change its viewers' habits.

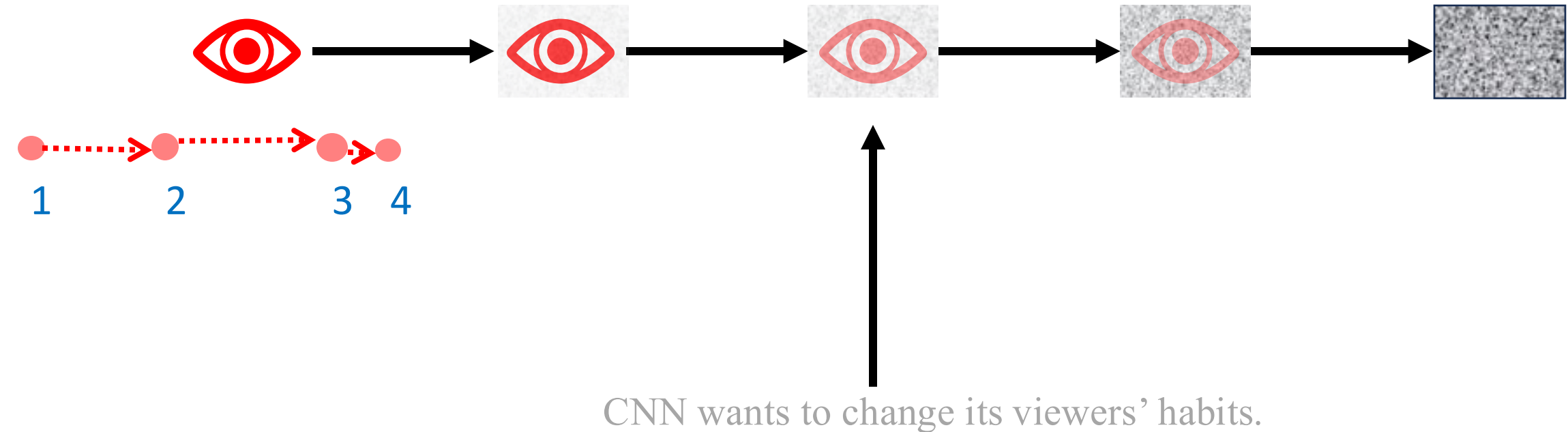
1 2 3 4

# NLP for Modeling Eye Movements in Reading

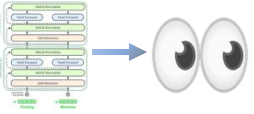


ScanDL, ScanDL 2.0 ([Bolliger et al., 2023](#) ,[2025](#))

- How? Discrete input into continuous space

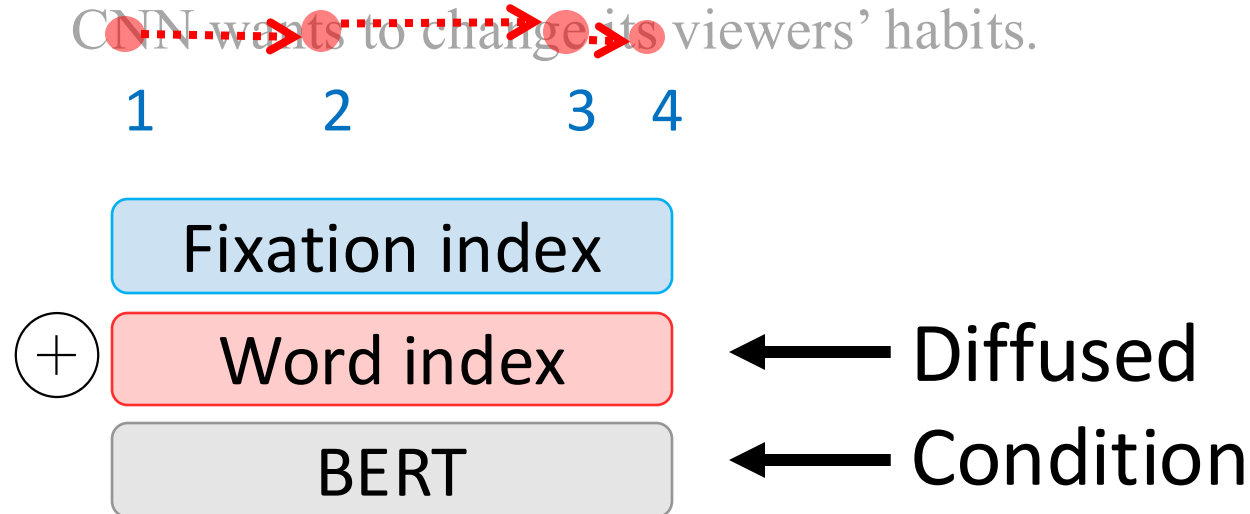


# NLP for Modeling Eye Movements in Reading

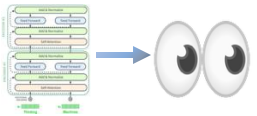


ScanDL, ScanDL 2.0 ([Bolliger et al., 2023](#) ,[2025](#))

- How? Discrete input into continuous space

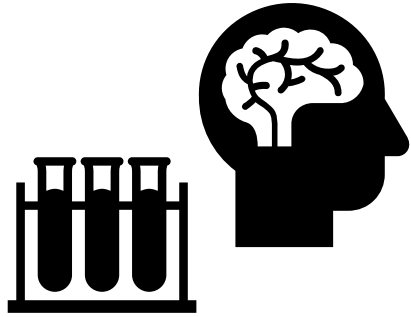
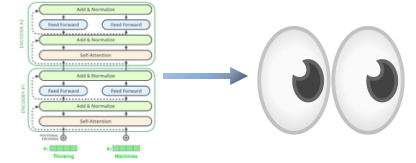


# Discussion: NLP for Modeling Eye Movements in Reading

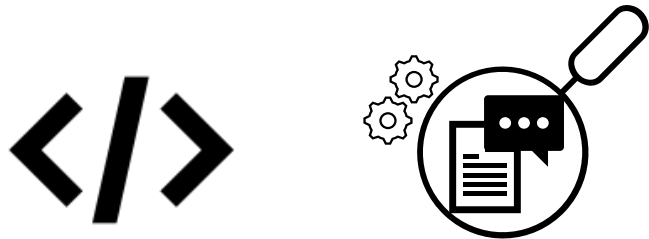


- NLP/ML based models outperform cognitive models
  - But metrics for scanpath generation – nontrivial!
- Making NLP/ML models more cognitively plausible and interpretable

# Uses of NLP in Modeling Eye Movements and Human Language Processing

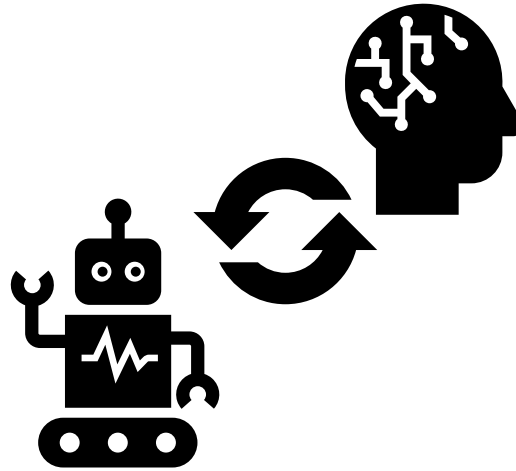


Testing Psycholinguistic Theories



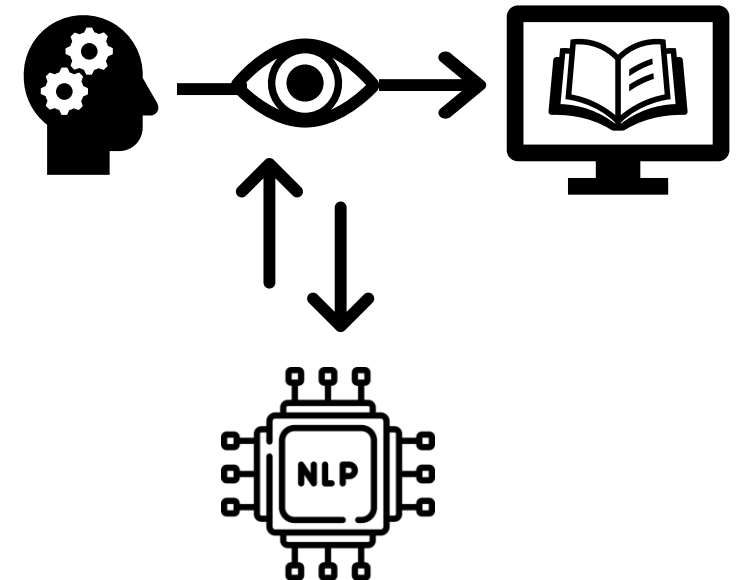
Representations

Linguistic quantities



Testing LLM alignment with human language processing

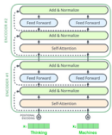
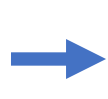
NLP for modeling eye movements in reading



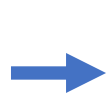
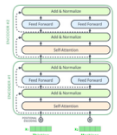
# Tutorial Outline



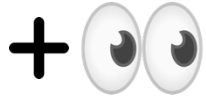
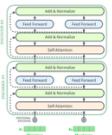
1. Introduction to eye tracking



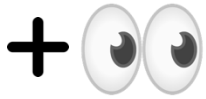
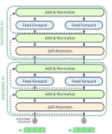
2. Uses of eye tracking in NLP



3. NLP for eye movement and cognitive modeling



4. New human centered applications



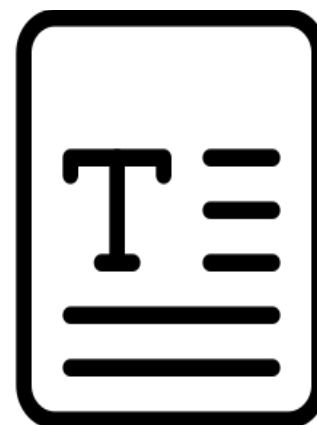
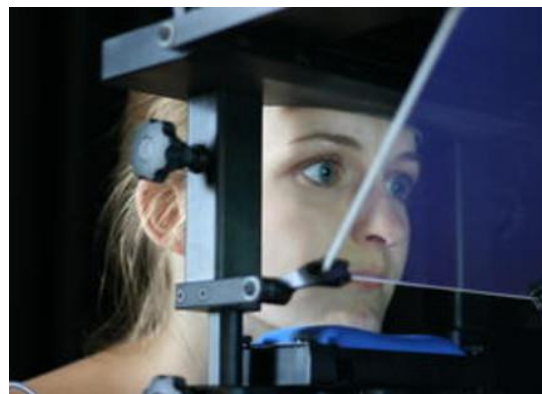
5. Outlook and future directions

# New Human Centered Applications



# Human Centered NLP with Eye Movements

- Rethinking the future of NLP
- Enabling a wide range of new human centered tasks
- Real-time predictions about reader and their interactions with the text



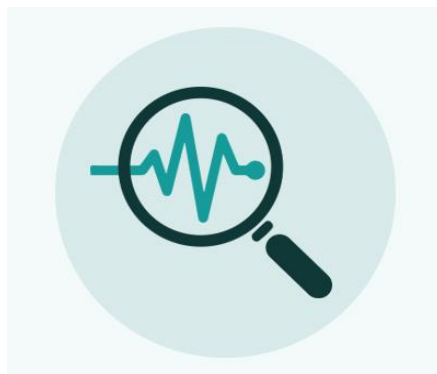


# Human Centered NLP with Eye Movements

Language  
assessment



Reading impairment  
screening and monitoring



Assessment of Reading  
Comprehension



# Human Centered NLP with Eye Movements

Language  
assessment



Reading impairment  
screening and monitoring



Assessment of Reading  
Comprehension

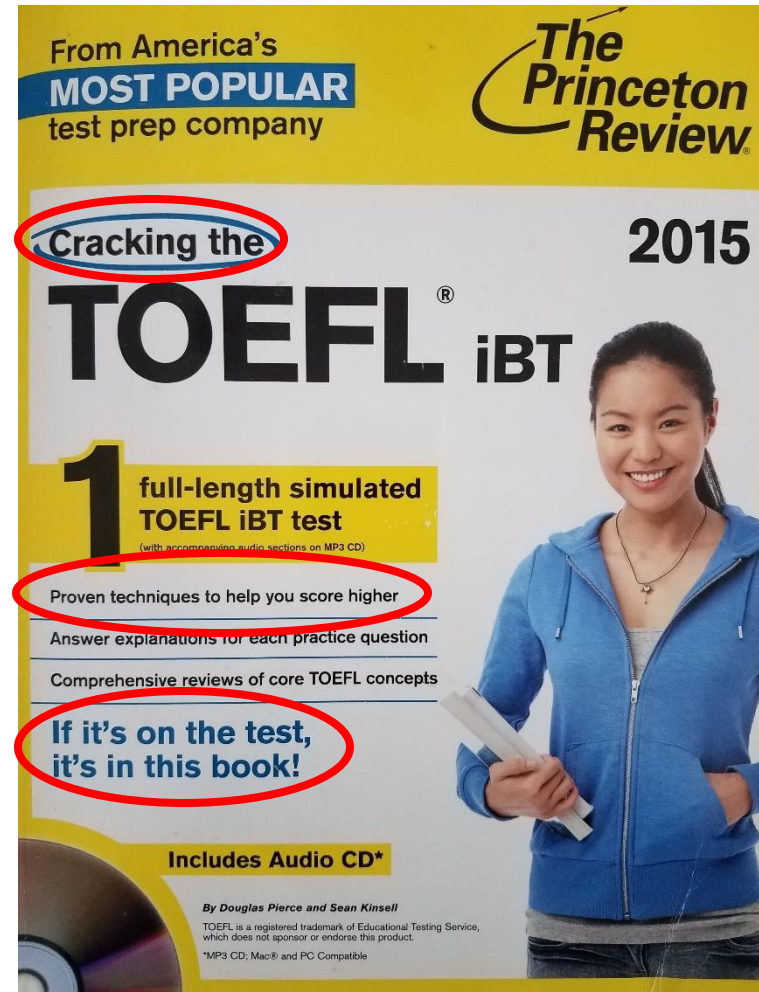


# Language Proficiency Assessment

- Over 2 billion English learners worldwide
- Grammar & vocabulary quizzes
- Reading comprehension
- Listening comprehension
- Essay writing
- ...



# Language Proficiency Assessment



# Language Proficiency Assessment



- Expensive
- Require test specific preparation
- Cheating
- Manually crafted ad-hoc tasks
- No ability to track language processing online

# Language Proficiency Assessment

- Eye movements are informative of L2 language proficiency

## Assessing Language Proficiency from Eye Movements in Reading

Yevgeni Berzak  
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boris@mit.edu

Roger Levy  
MIT BCS  
rplevy@mit.edu

[Berzak et al. \(2018\)](#)

Journal of Optical Technology Vol. 89, Issue 8, pp. 484-489 (2022) • <https://doi.org/10.1364/JOT.89.000484>



## Evaluation of level of foreign language proficiency based on eye movement data

V. A. Demareva, A. V. Golubinskaya, Yu. A. Edeleva, and R. V. Golubin

[Demareva et al. \(2022\)](#)

## Inferring Search User Language Proficiency from Eye Gaze Data

Ben Steichen  
California State Polytechnic  
University, Pomona  
bsteichen@cpp.edu

Wilsen Kosasih  
California State Polytechnic  
University, Pomona  
wkosasih@cpp.edu

Christian Becerra  
California State Polytechnic  
University, Pomona  
ceb@cpp.edu

[Steichen et al. \(2024\)](#)

## Predicting First-Language and Second-Language Proficiency Using Eye Fixation Data and Demographic Information: Assumptions, Data Representations, and Methods

Publisher: IEEE

[Cite This](#)



Soroosh Shalileh ; Matvey Kairov ; Ranga Baminawatte ; Olga Parshina ; Olga Dragoy [All Authors](#)

[Shalileh et al. \(2024\)](#)

# Our Test

A computer monitor with a dark grey frame and a silver base. The screen is white and displays the sentence "CNN wants to change its viewers' habits." in a black serif font.

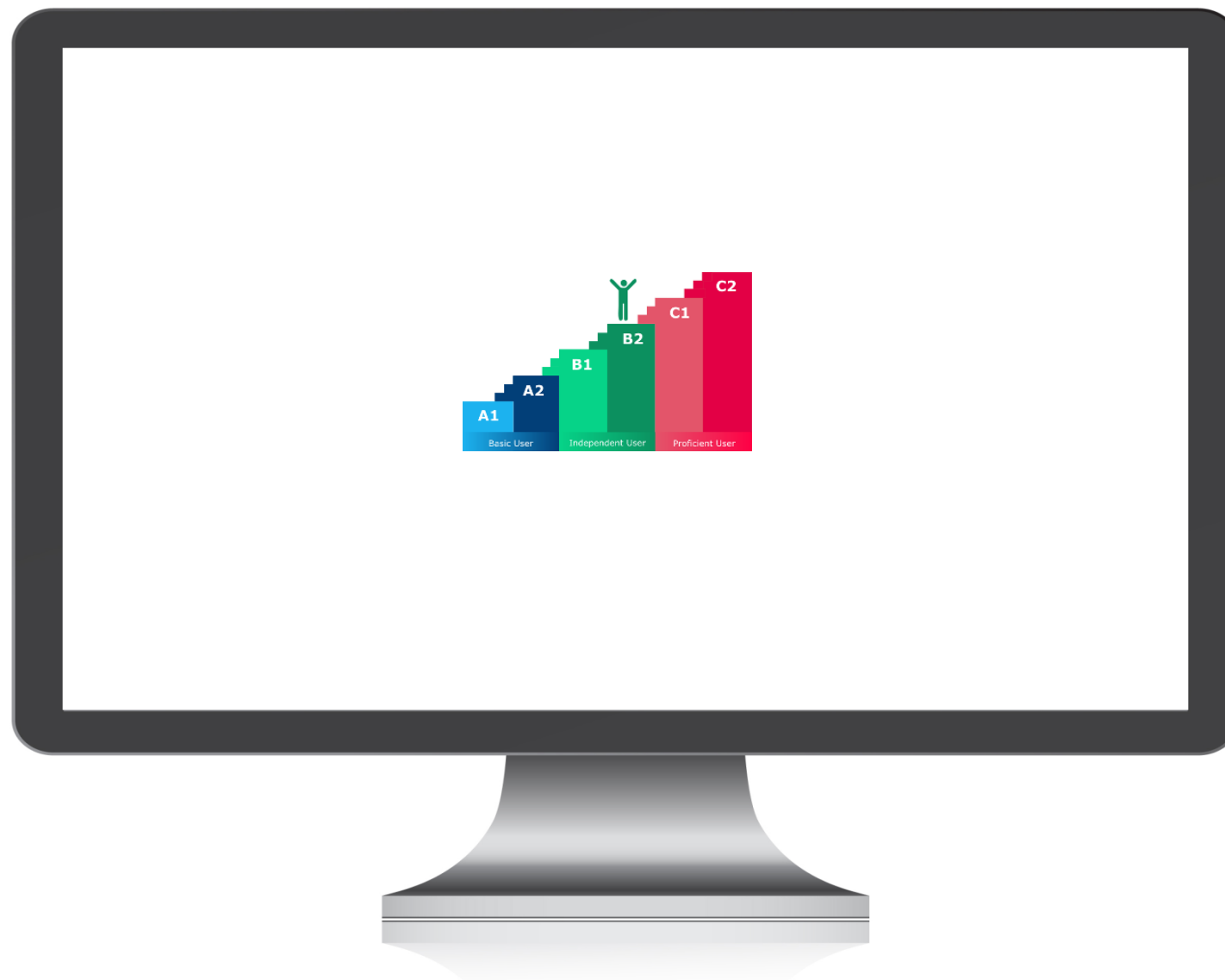
CNN wants to change its viewers' habits.

# Our Test



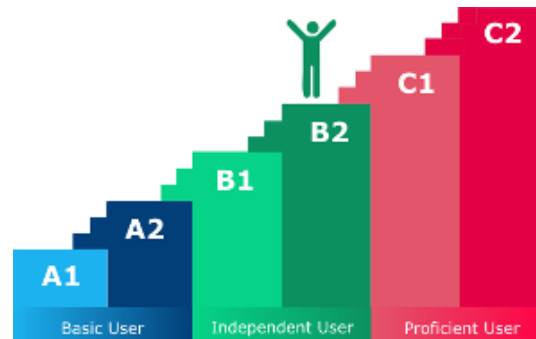


# Our Test

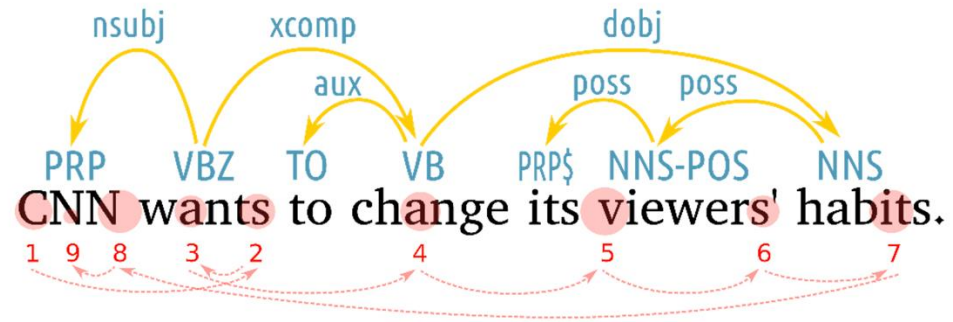


# Our Test

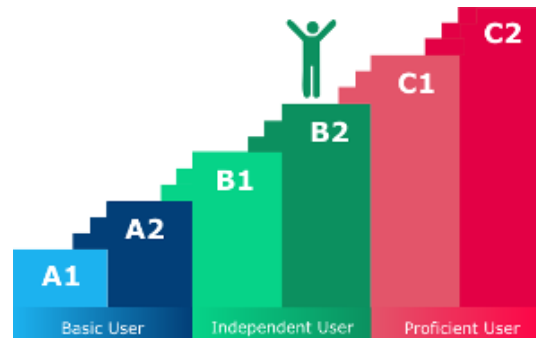
*Ordinary Reading*



# Our Test

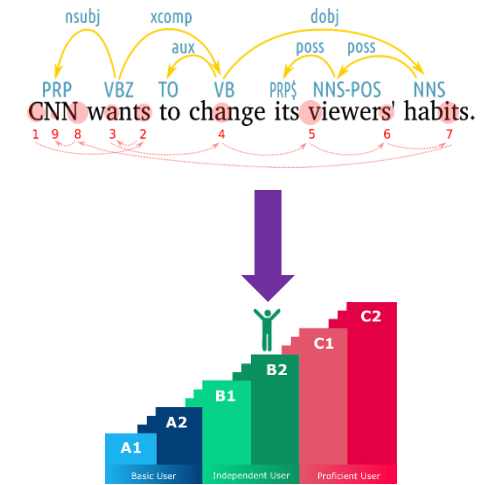


Linguistic Processing

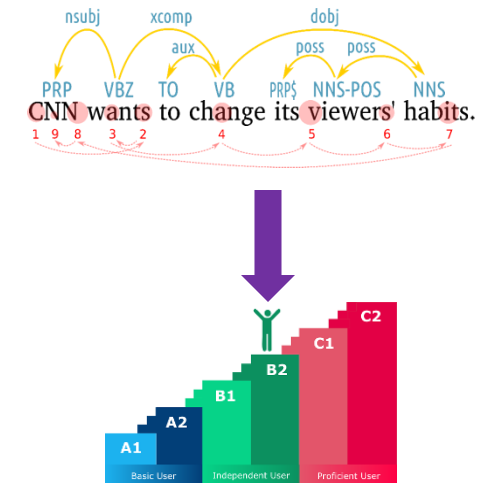


# Our Test

- ~~Expensive~~
- ~~Require test specific preparation~~
- ~~Cheating~~
- ~~Manually crafted ad-hoc tasks~~
- Ability to track language processing online



# Our Test

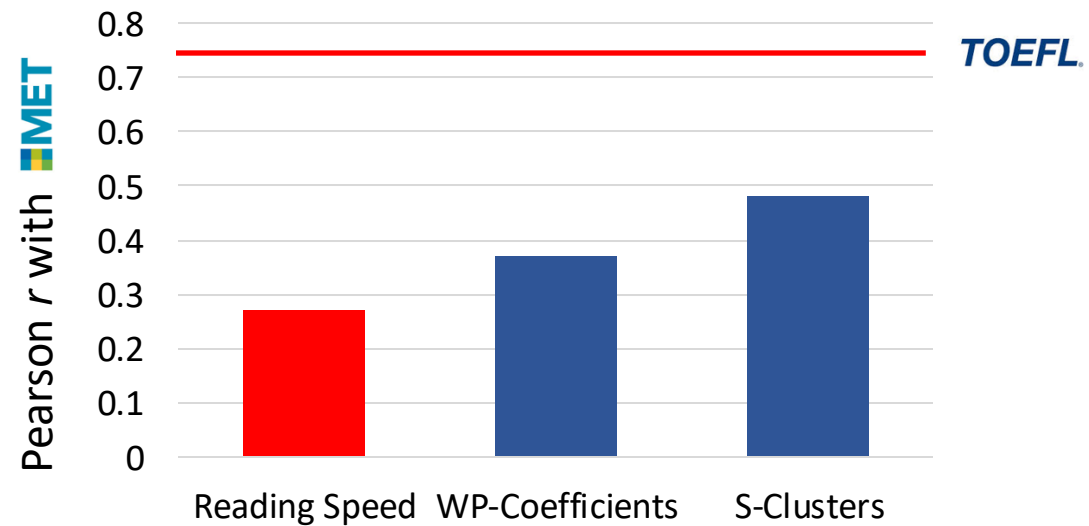
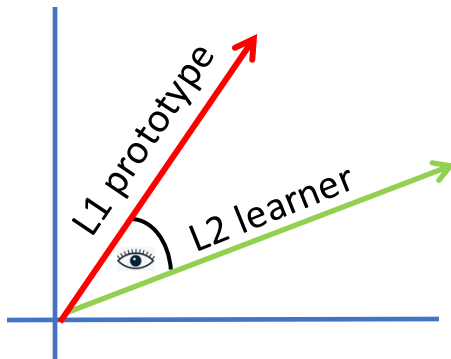


ESL proficiency  $\approx$  Similarity of reading patterns to native speakers of English

# EyeScore

[Berzak et al. \(2018\)](#)

- Extract eye movement features for each participant
- Compute English L1 “prototype”
- **EyeScore** = cosine similarity to L1 prototype



But

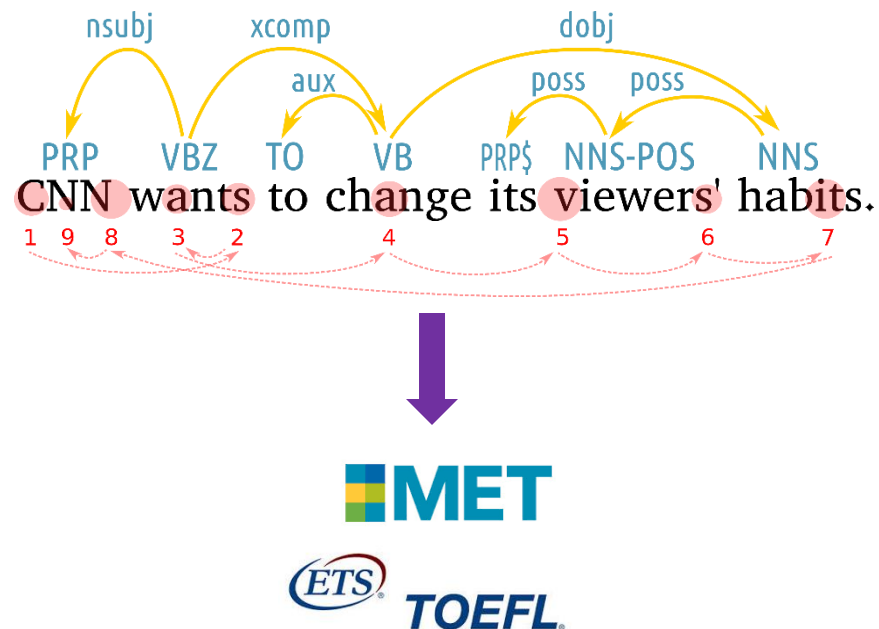
I



# Predicting Scores on Standardized Tests

## [Berzak et al. \(2018\)](#)

- Eye movement in reading can be used to predict scores of specific external proficiency tests

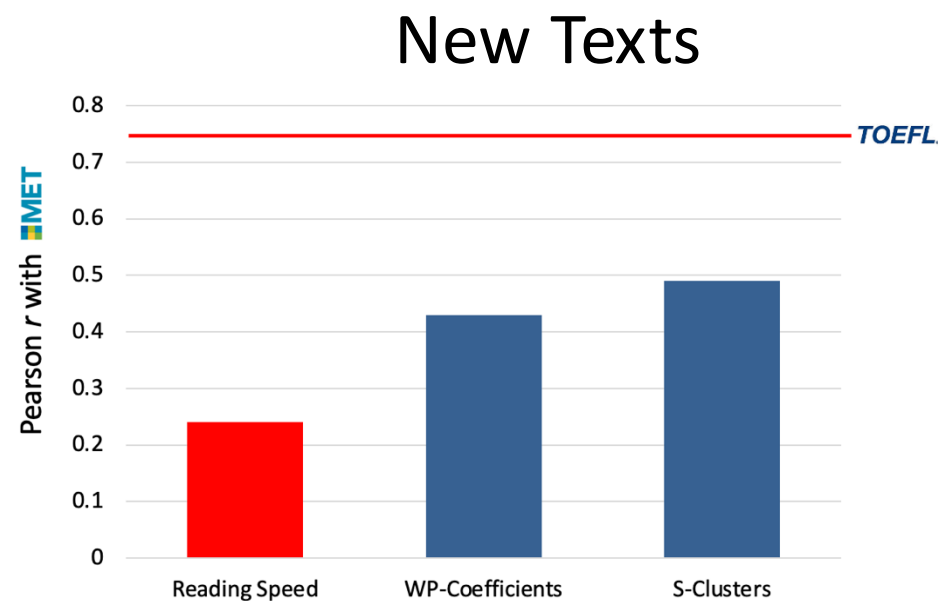
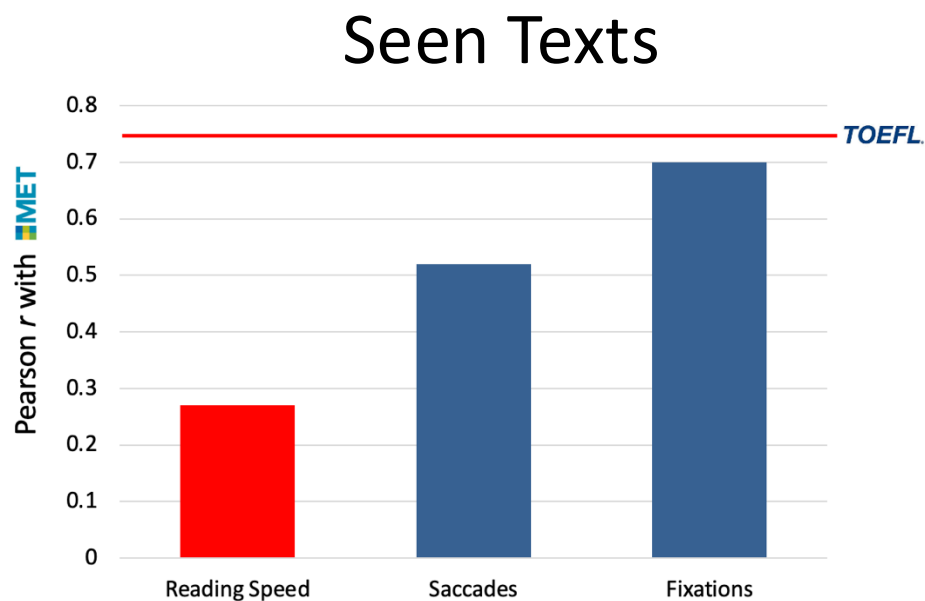




# Predicting Scores on Standardized Tests

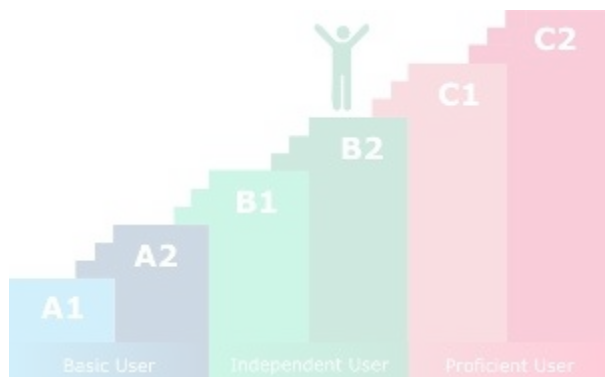
[Berzak et al. \(2018\)](#)

- Eye movement in reading can be used to predict scores of specific external proficiency tests



# Human Centered NLP with Eye Movements

Language  
assessment



Reading impairment  
Screening and monitoring



Assessment of Reading  
Comprehension





# Reading Impairments

## Developmental Dyslexia

*"... impairment in reading [which] is characterised by significant and persistent difficulties in learning academic skills related to reading, ... [and] is not due to a disorder of intellectual development, sensory impairment (vision or hearing), ... ." ([WHO, 2025](#))*

- Affects approx. 7-10% of the population ([Catts et al., 2005](#), [Peterson & Pennington, 2012](#); [Moll et al., 2014](#))
- Early detection and intervention is key ([Snowling, 2012](#); [Torgesen, 2002](#))
- Existing testing batteries must be administered by a trained specialist.

# Reading Impairments Developmental Dyslexia



Πηγαίνοντας με το λεωφορείο να επισκεψτώ την  
αδερφή μου που είχε κάνει μια εγχείρηση πέρασα  
μπροστά από το τετράγωνο που βρισκόταν το  
εργαστήριο στο οποίο δουλεύει η μητέρα μου. Το  
εργαστήριο κατασκεύαζε πλυντήρια είναι πολύ  
χρήσιμο να υπάρχει ένα πλυντήριο στο σπίτι.

Πηγαίνοντας με το λεωφορείο να επισκεψτώ την  
αδερφή μου που είχε κάνει μια εγχείρηση πέρασα  
μπροστά από το τετράγωνο που βρισκόταν το  
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εργαστήριο κατασκεύαζε πλυντήρια είναι πολύ  
χρήσιμο να υπάρχει ένα πλυντήριο στο σπίτι.

Smyrnakis et al. (2017)

# Reading Impairments Developmental Dyslexia



## Detecting Readers with Dyslexia Using Machine Learning with Eye Tracking Measures

Luz Rello  
Human-Computer Interaction Institute  
School of Computer Science  
Carnegie Mellon University  
luzrello@cs.cmu.edu

Miguel Ballesteros  
Natural Language Processing Group  
Universitat Pompeu Fabra  
miguel.ballesteros@upf.edu

[Rello and Ballesteros \(2014\)](#)

## Screening for Dyslexia Using Eye Tracking during Reading

Mattias Nilsson Benfatto , Gustaf Öqvist Seimyr, Jan Ygge, Tony Pansell, Agneta Rydberg, Christer Jacobson

Published: December 9, 2016 • <https://doi.org/10.1371/journal.pone.0165508>

[Nilsson Benfatto et al. \(2016\)](#)

## Predictive Model for Dyslexia from Fixations and Saccadic Eye Movement Events

A Jothi Prabha , R Bhargavi

[Jothi Prabha and Bhargava \(2020\)](#)

## Eye-tracking based classification of Mandarin Chinese readers with and without dyslexia using neural sequence models

Patrick Haller<sup>1</sup>, Andreas Säuberli<sup>1</sup>, Sarah E. Kiener<sup>1</sup>  
Jinger Pan<sup>3</sup>, Ming Yan<sup>4</sup>, Lena A. Jäger<sup>1,2</sup>

[Haller et al. \(2022\)](#)

## Dyslexia Prediction from Natural Reading of Danish Texts

Marina Björnsdóttir, Nora Hollenstein, Maria Barrett

[Björnsdóttir et al. \(2023\)](#)

Identifying dyslexia in school pupils from eye  
movement and demographic data using  
artificial intelligence

Soroosh Shalileh<sup>1\*</sup>, Dmitry Ignatov<sup>2</sup>, Anastasiya Lopukhina<sup>3</sup>, Olga Dragoy<sup>1,4</sup>

[Shalileh et al. \(2023\)](#)

## Automatic detection of dyslexia based on eye movements during reading in Russian

Anna Laurinavichyute

Anastasiya Lopukhina

David R. Reich

[Laurinavichyute et al. \(2025\)](#)

# Reading Impairments Developmental Dyslexia Datasets



## [Björnsdóttir et al. \(2023\)](#)

- 58 L1, L2 or adults with dyslexia reading paragraphs

## [Shalileh et al. \(2023\)](#)

- 300+ children with or without dyslexia
- Two different assessments

# Reading Impairments Developmental Dyslexia

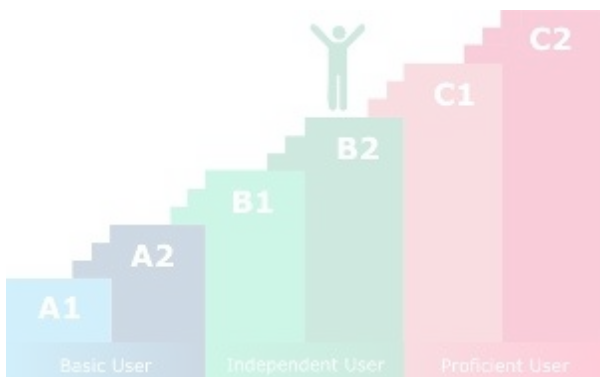


- Scale with few eye trackers
  - Cheaper alternatives possible
- Beyond screening



# Human Centered NLP with Eye Movements

Language  
assessment



Reading impairment  
diagnostics and monitoring



Assessment of Reading  
Comprehension

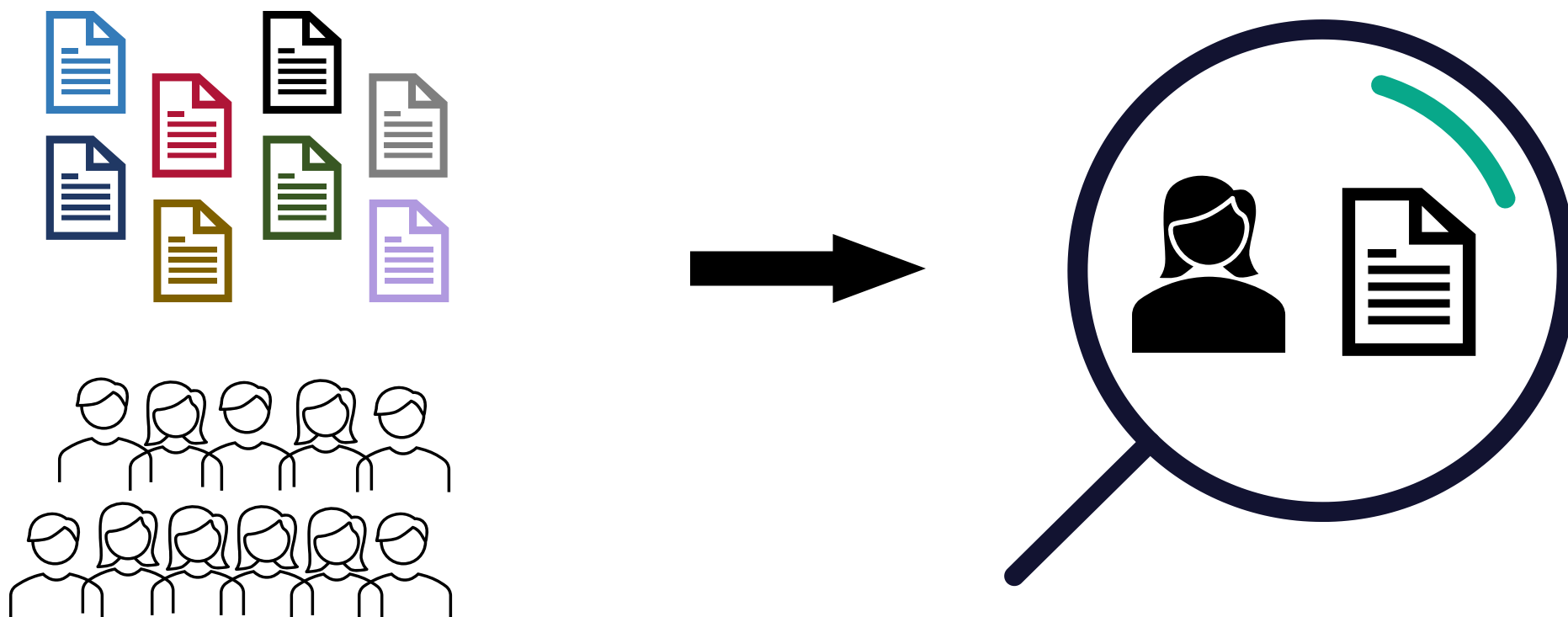




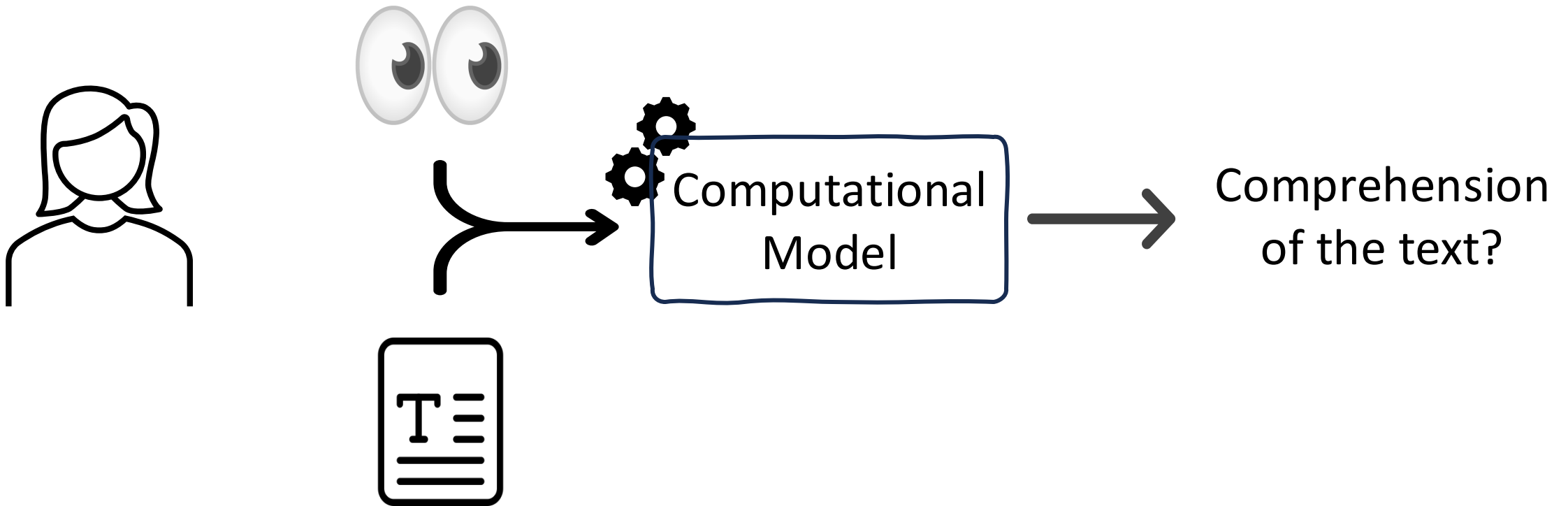


# Reading Comprehension

## A Holy Grail in psycholinguistics



# Reading Comprehension



# Reading Comprehension



## Towards Predicting Reading Comprehension From Gaze Behavior

Seoyoung Ahn  
Stony Brook University  
Stony Brook, New York

Conor Kelton  
Stony Brook University  
Stony Brook, New York

Aruna Balasubramanian  
Stony Brook University  
Stony Brook, New York

Gregory Zelinsky  
Stony Brook University  
Stony Brook, New York

[Ahn et al. \(2020\)](#)

## Fine-Grained Prediction of Reading Comprehension from Eye Movements

Omer Shubi<sup>1</sup>, Yoav Meiri<sup>1</sup>, Cfir Avraham Hadar<sup>1</sup>, Yevgeni Berzak<sup>1,2</sup>

[Shubi et al. \(2024\)](#)

Above chance performance  
but highly challenging task!

## Inferring Native and Non-Native Human Reading Comprehension and Subjective Text Difficulty from Scanpaths in Reading

Authors: David Robert Reich Paul Prasse Chiara Tschirner Patrick Haller Frank Goldhammer  
Lena A. Jäger [Authors Info & Claims](#)

[Reich et al. \(2022\)](#)

## Eye Movements as Images: A Multimodal Framework for Eye Movements Representation

Publisher: IEEE

[Cite This](#)



Dongsen Zhang; Peipei Li; Zekun Li; Yiwei Ru; Huijia Wu; Zhaofeng He [All Authors](#)

[Zhang et al. \(2025\)](#)

# Human Centered NLP with Eye Movements

## Open Frontiers



Education and  
digital learning

Information  
accessibility



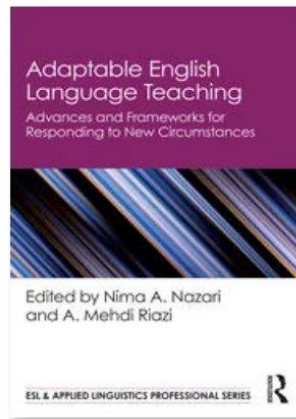
Human-machine  
communication

Interactive  
online systems



This is happening  
now!

# Eye tracking is starting to gain traction in education research!



Chapter

## New Approaches to the Assessment of English as an Additional Language

By [Graham Seed](#), [Angeliki Salamoura](#), [Nick Saville](#)

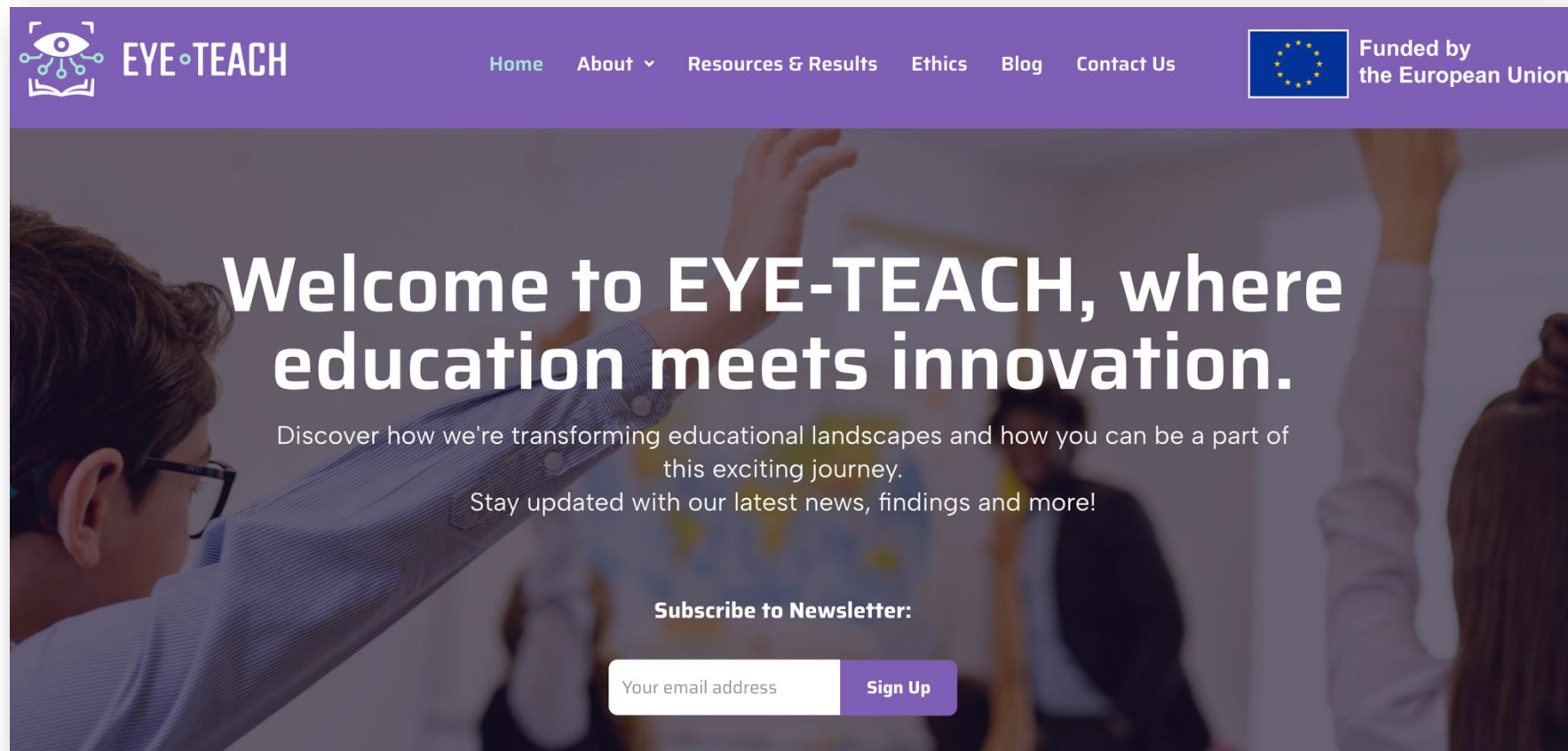
Book [Adaptable English Language Teaching](#)

Edition	1st Edition
First Published	2024
Imprint	Routledge
Pages	17
eBook ISBN	9781003361701



Share

# Eye tracking is starting to gain traction in education research!





# Eye tracking is starting to gain traction in education applications!

## Reading XR

*An AI-Powered Tool In the Fight to Improve Literacy*

Reading XR is a tool for evaluating reading fluency, using eye movements to identify the underlying factors causing reading difficulties.

"25% of children have a significant vision problem that impacts their learning."

-American Optometric Association

[LEARN MORE](#)



Lexplore

[Our Service](#) ▾

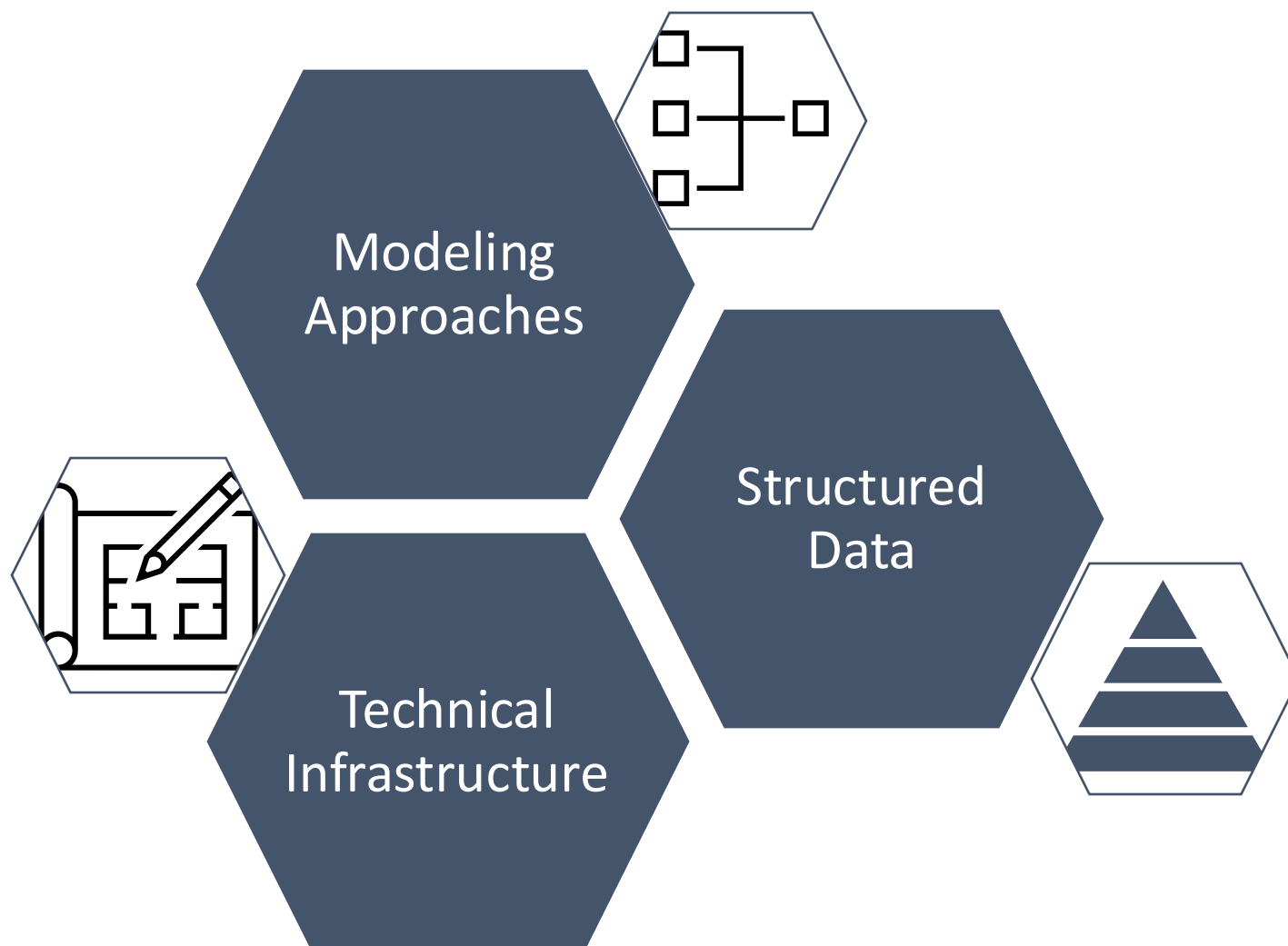
[Resources](#) ▾

[Get in touch](#) ▾

The all-in-one service  
for systematic reading  
development



# Human Centered NLP with Eye Movements



Relevant to any reader  
/ reader-text task

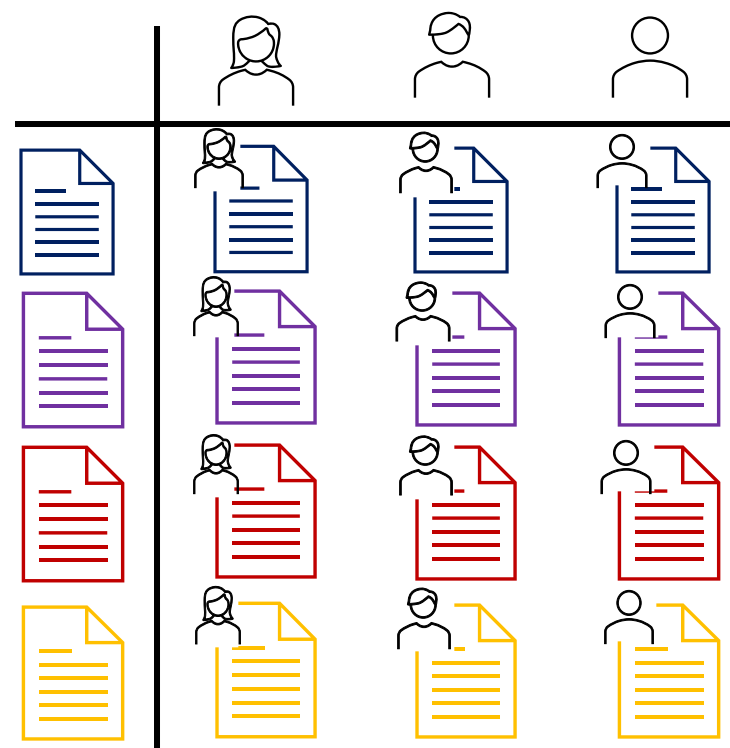
# Data is **not** iid – it is **structured**

## Implications for:

- **Statistical modeling**
- Training and Evaluations
- Applications

t-test → mixed effects models

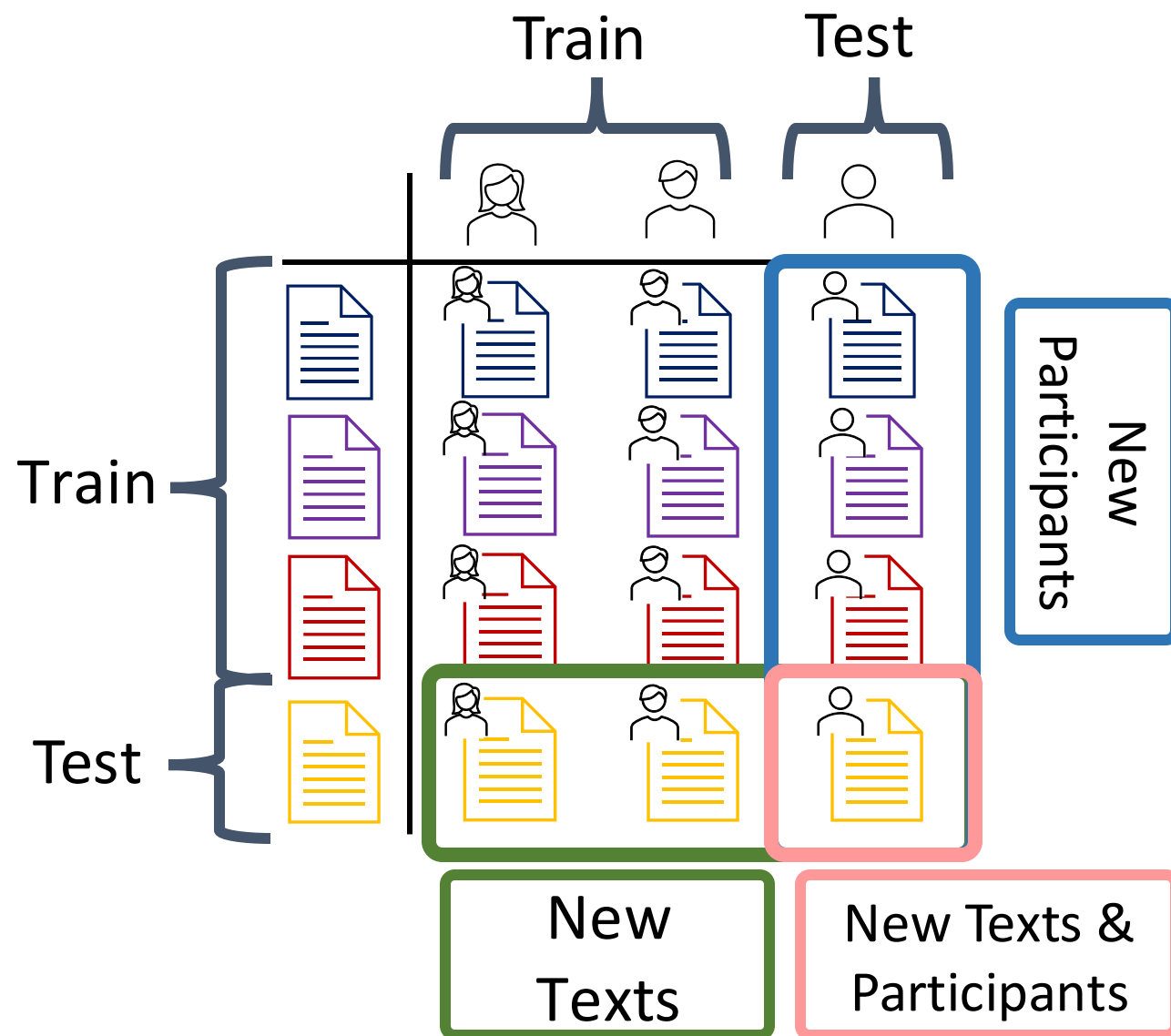
[Shravan Vasishth's Intro Stats course](#)



# Data is **not** iid – it is **structured**

## Implications for:

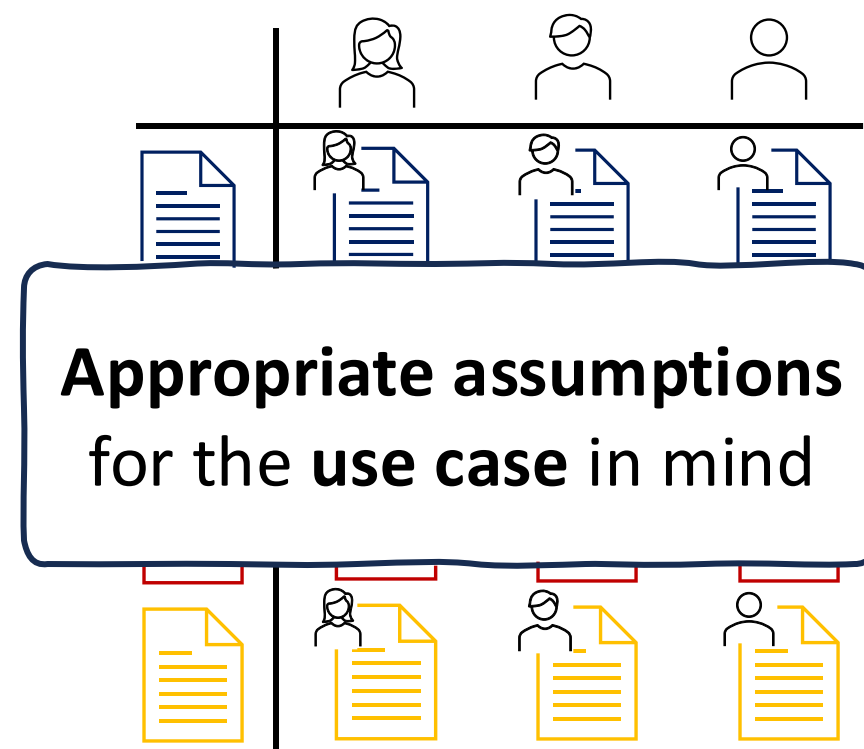
- Statistical modeling
- **Training and Evaluations**
- Applications



# Data is **not** iid – it has **structure**

## Implications for:

- Statistical modeling
- Training and Evaluations
- **Applications**



# Human Centered NLP with Eye Movements

## Open Frontiers



Education and  
digital learning

Information  
accessibility



Human-machine  
communication

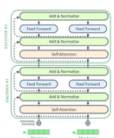
Interactive  
online systems



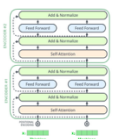
# Tutorial Outline



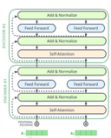
1. Introduction to eye tracking



2. Uses of eye tracking in NLP



3. NLP for eye movement and cognitive modeling



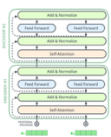
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4. New human centered applications



+

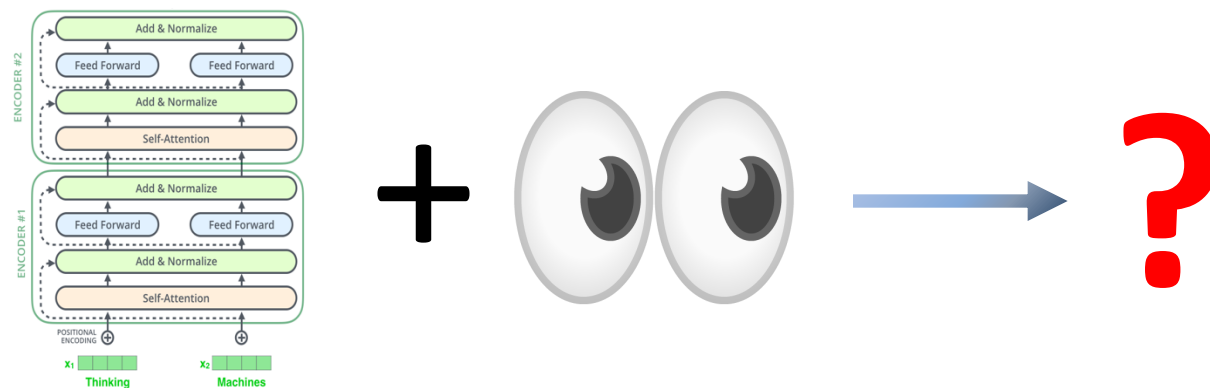


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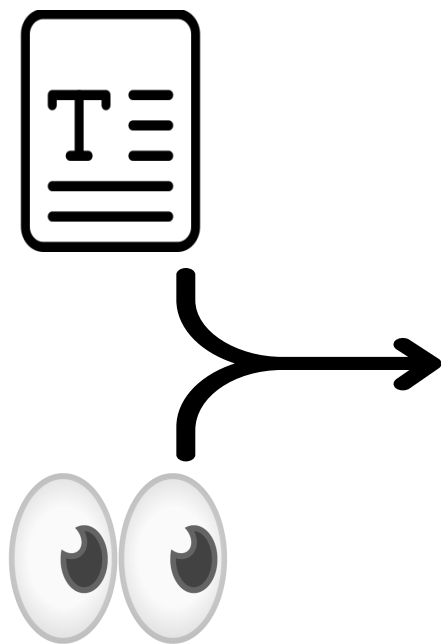


5. Outlook and future directions

# Directions for Future Research



# The Future: Text + Gaze Multimodal Models



## Highly open and challenging problem

Eye movements representation

Alignment with text

Low resource settings

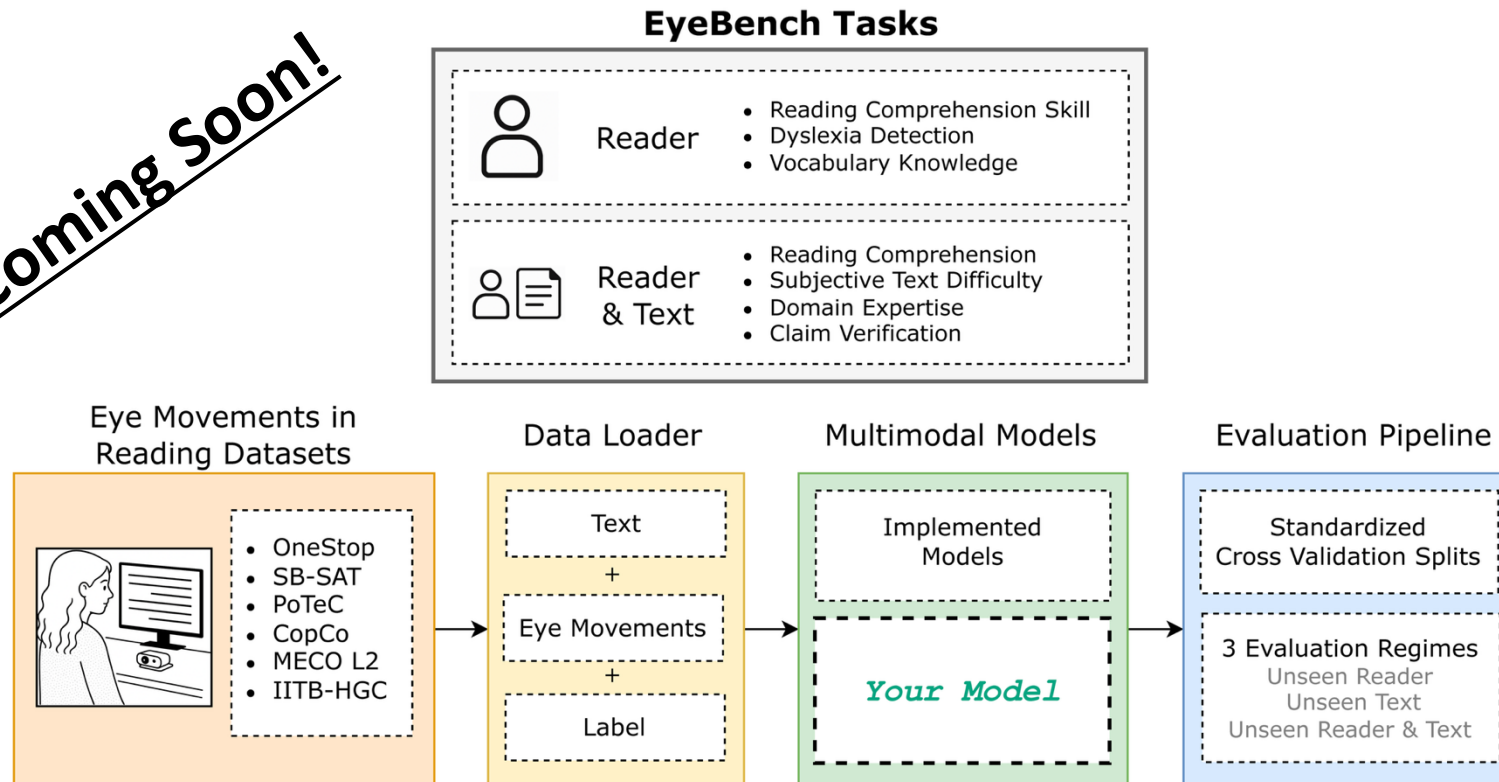
First-principles cognitive modeling



# How to get involved? EyeBench!

EyeBench: Predictive Modeling from Eye Movements in Reading

**Coming Soon!**

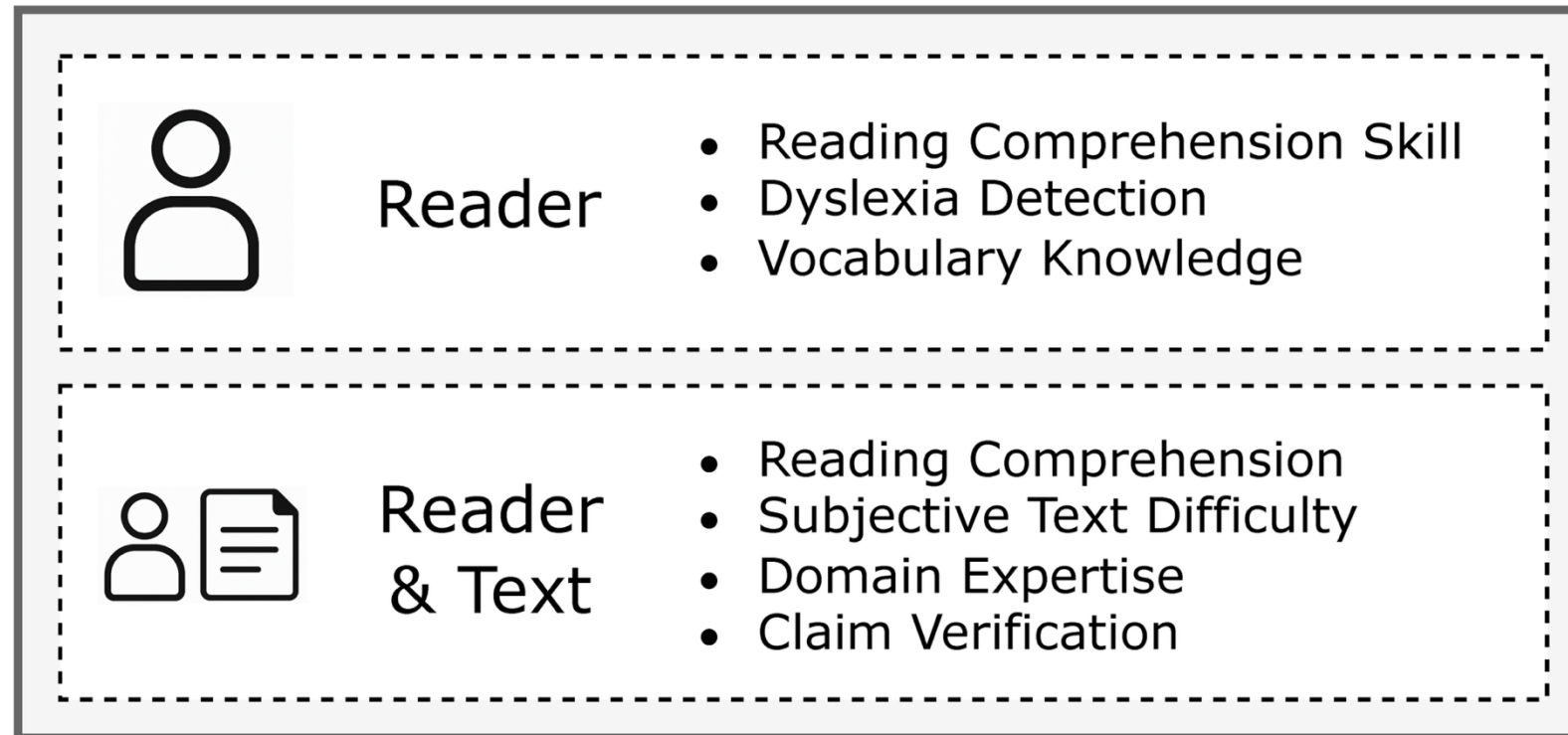


[github.com  
/EyeBench](https://github.com/ShubiReich/EyeBench)

Shubi, Reich et al. (in prep)

# How to get involved? EyeBench!

[EyeBench](#): Predictive Modeling from Eye Movements in Reading



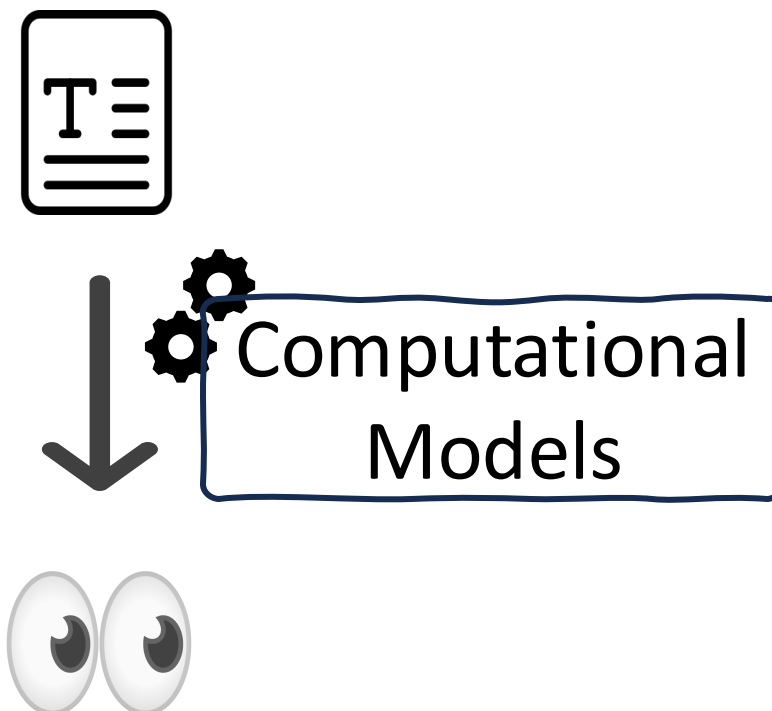
[github.com/eye-bench/eye-bench](https://github.com/eye-bench/eye-bench)

Shubi, Reich et al. (in prep)

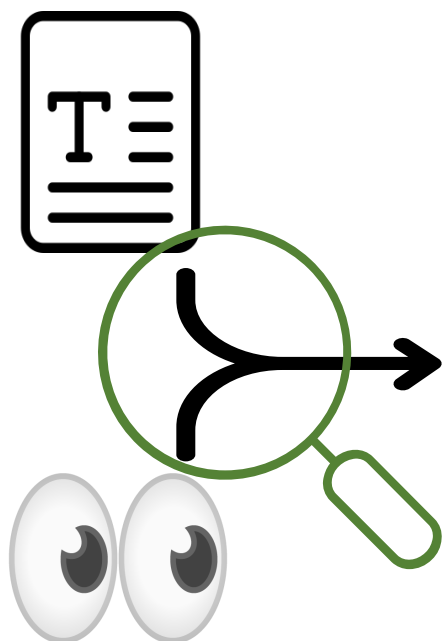
# Next Up – EyeGenBench!

EyeGenBench: An Evaluation Framework for Models of Eye Movements in Reading

Coming Soon(ish)!



# The Future: Interpretability



LLM  $\longleftrightarrow$  Human Attention Analysis

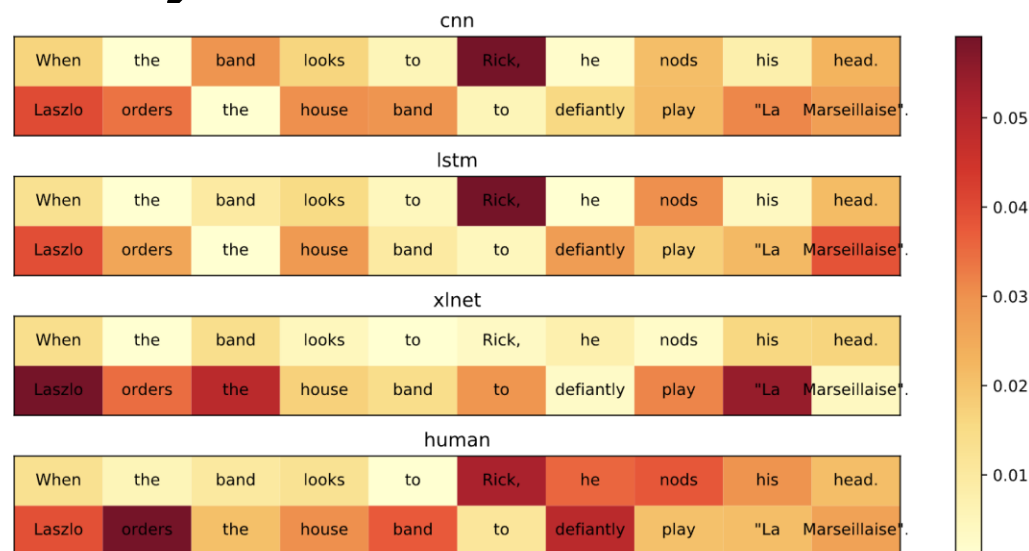
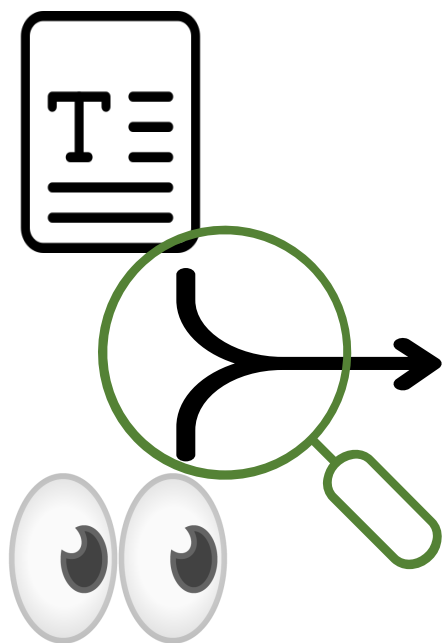


Figure 1: Example attention distributions of neural models (cnn, lstm, xlnet) and humans. [Sood et al. \(2020\)](#)

# The Future: Interpretability



## Explain and steer models

Identify reading strategies?

Do the models encode reader groups?

What properties are the models sensitive to?

Simulate diverse readers and experiments?

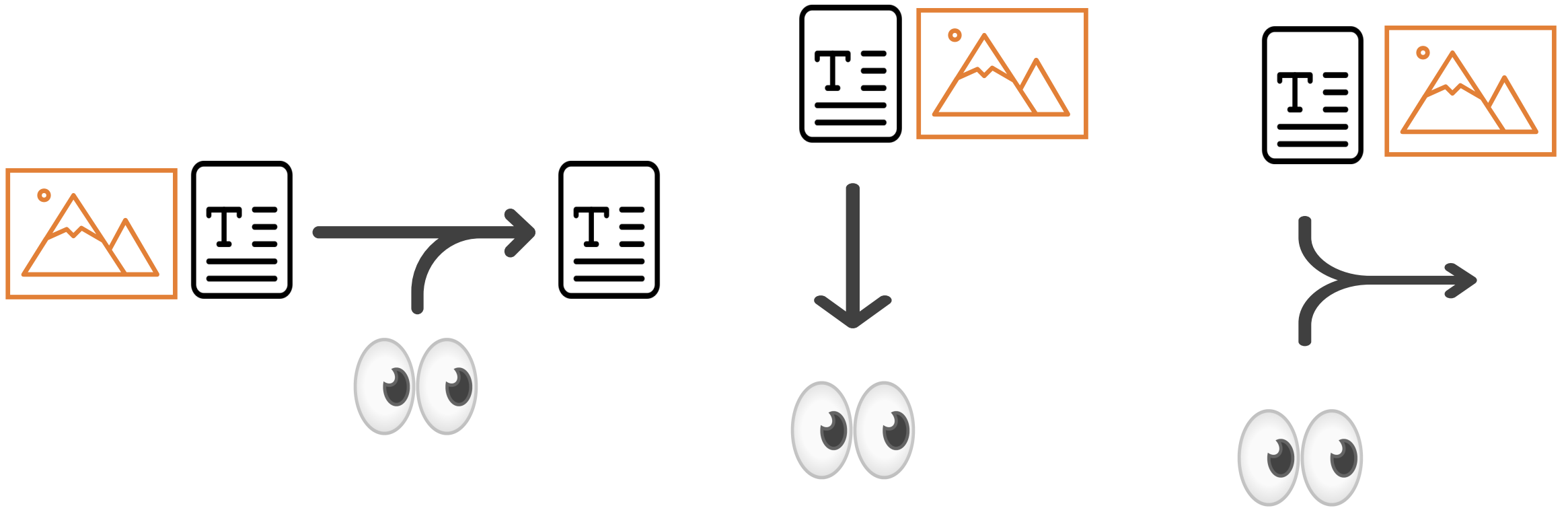
# The Future: Cognitive Alignment



Using **eye movements** to make **language models more human-like**

- Increasing the relevance of LMs as models of human linguistic processing
- Alignment with different target groups
- Alignment with other cognitive signals (e.g. the brain)
- Practical gains for NLP (e.g. resource efficiency)

# The Future: Eye Tracking, Language and Vision



# The Future: Eye Tracking, Language and Vision

Building on foundational work on **visual saliency**

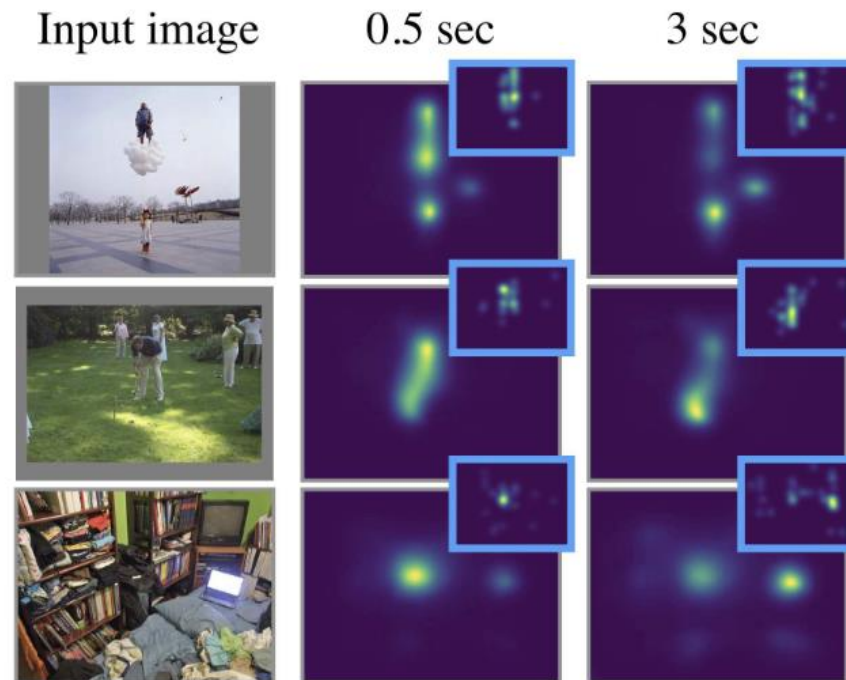


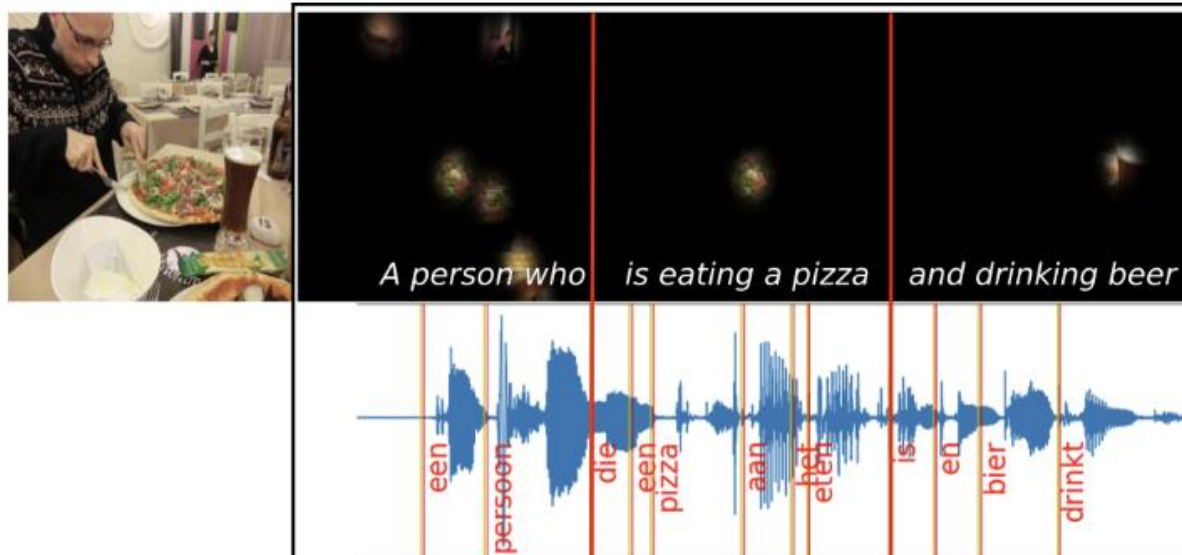
Image from [Fosco et al. \(2020\)](#)



# The Future: Eye Tracking, Language and Vision

Image captioning

[Takmaz et al. \(2020\)](#)

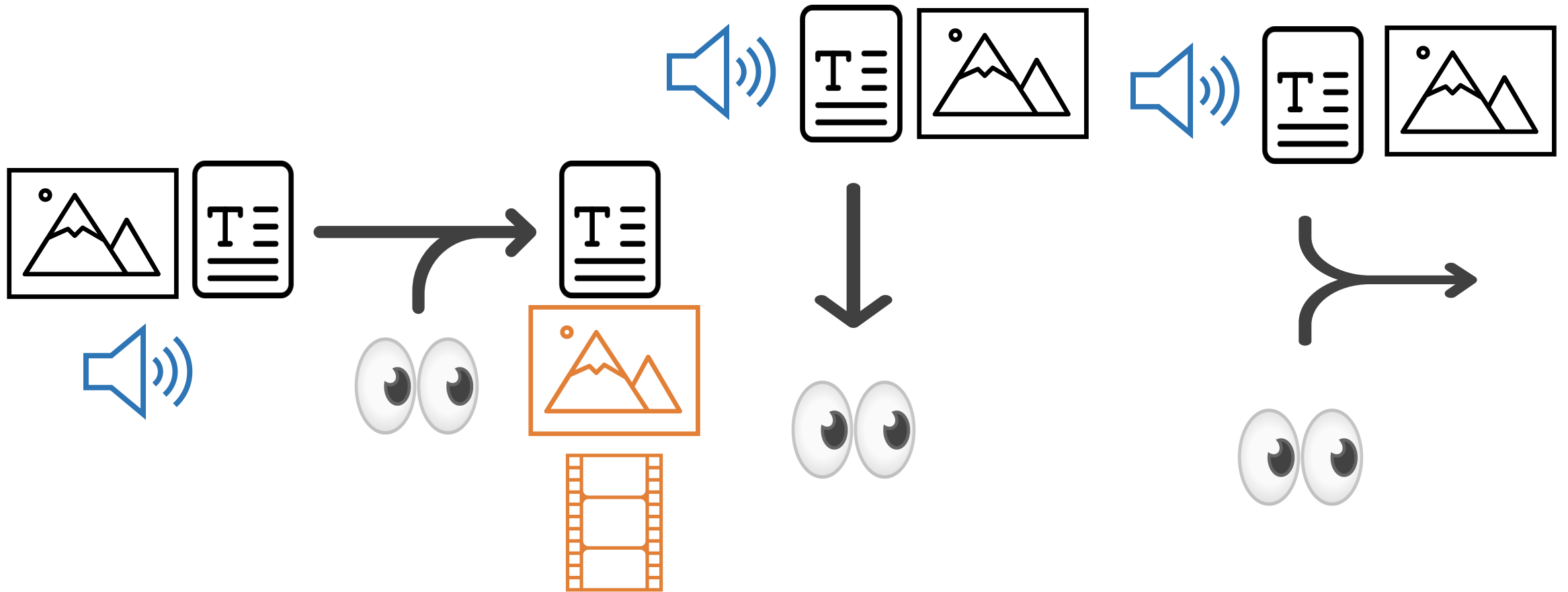


Visual question answering

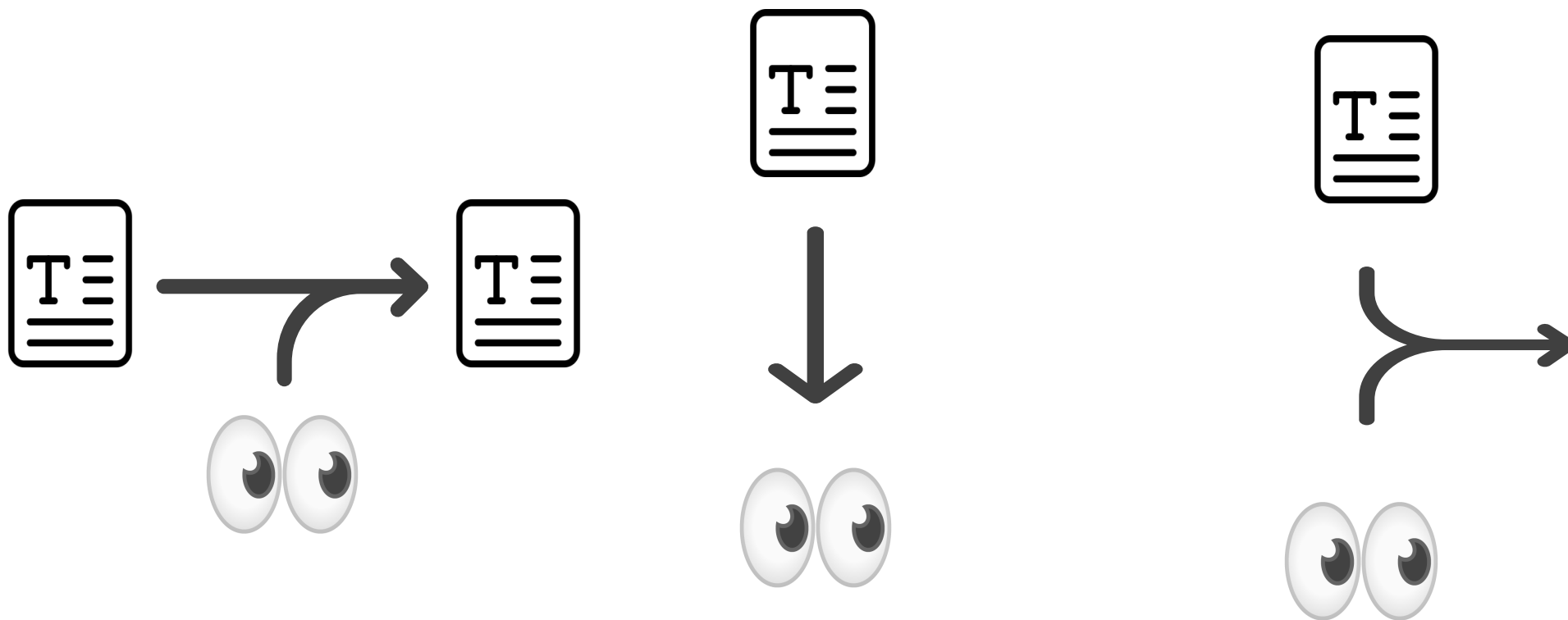
[Sood et al. \(2023\)](#)



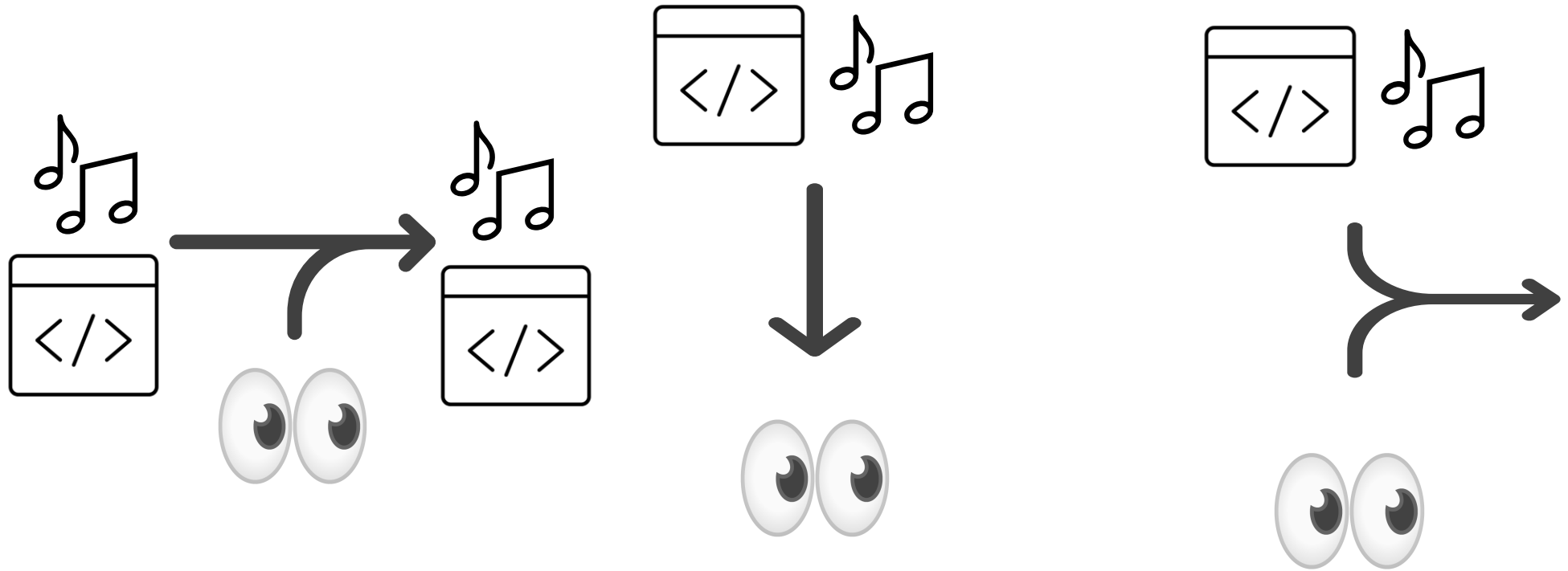
# The Future: Eye Tracking, Language and Vision



# The Future: Eye Tracking, Language and Vision

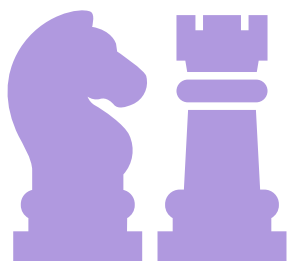


# The Future: Eye Tracking, Language and Vision



# The Future: Bias, Robustness and Fairness

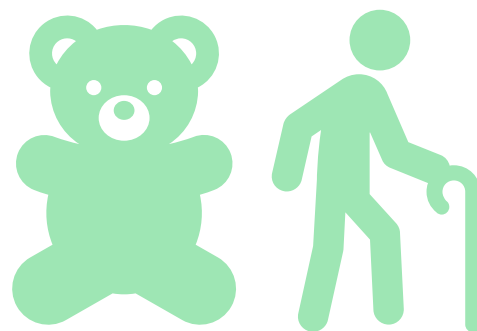
## Evaluating and ensuring model performance across groups



Reading  
Strategies



Educational  
Background



Age &  
Gender



Native Language &  
Language Skills

# Human Centered NLP with Eye Movements

## Open Frontiers



Education and  
digital learning



Interactive  
online systems

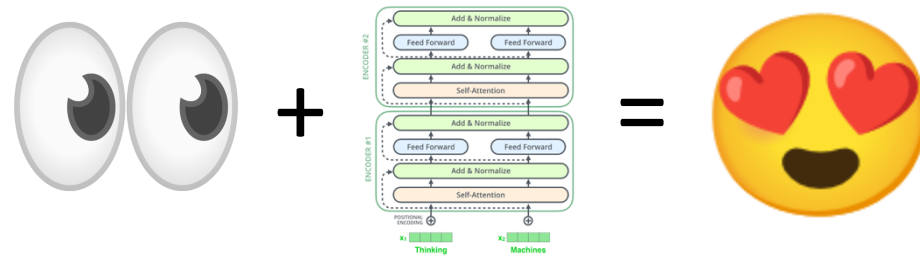
Information  
accessibility



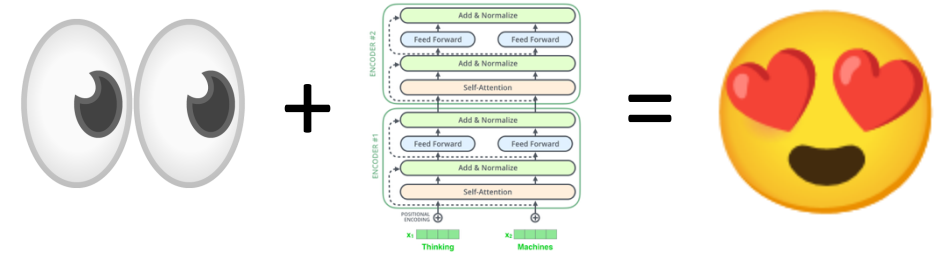
Human-machine  
communication



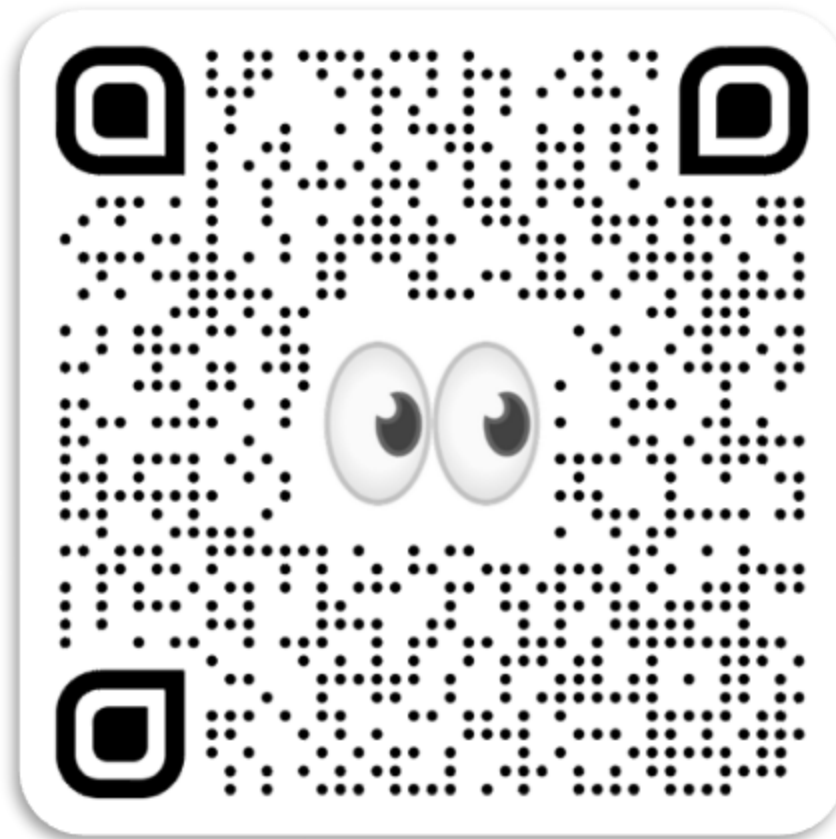
# Integrate eye tracking data into YOUR research!



# What Now?

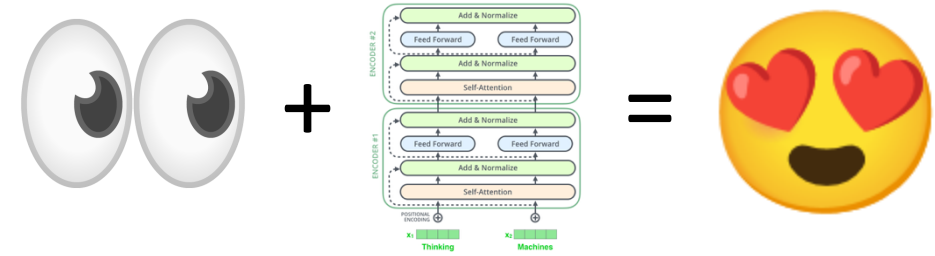


Slides and links to additional resources will be available on the [tutorial website](#)





# What Now?



Join a new [Discord channel](#) on Eye Tracking and NLP



We thank Cui Ding, Jakub Dotlačil, Ece Takmaz and Shachar Frenkel for their support in preparing this tutorial!






















Department of Computational Linguistics



**Universität  
Zürich**<sup>UZH</sup>

# Eye Tracking and NLP Papers at ACL 2025

Session Details	Title	
Monday, July 28 – 14:00-15:30 Room 1.61 – Session 3: IP-Orals	Déjà Vu? Decoding Repeated Reading from Eye Movements, Meiri et al.	 +  = 
Monday, July 28 – 18:00-19:30 Hall 4/5 – Session 5: IP-Posters	Beyond the Average Reader: the Reader Embedding Approach, Scozzaro et al.	 ➡ 
Tuesday, July 29 – 10:30-12:00 Hall 4/5 – Session 7: IP-Posters	CogSteer: Cognition-Inspired Selective Layer Intervention for Efficiently Steering Large Language Models, Wang et al.	 ➡ 
	Exploring the Effect of Nominal Compound Structure in Scientific Texts on Reading Times of Experts and Novices, Landwehr et al.	
	Automatic detection of dyslexia based on eye movements during reading in Russian, Laurinavichyute et al.	 +  = 
	Decoding Reading Goals from Eye Movements, Shubi and Hadar et al.	 +  = 
Wednesday, July 30 – 11:00-12:30 Hall 4/5 – Session 12: IP-Posters	From Human Reading to NLM Understanding: Evaluating the Role of Eye-Tracking Data in Encoder-Based Models, Dini et al.	 ➡ 
	ScanEZ: Integrating Cognitive Models with Self-Supervised Learning for Spatiotemporal Scanpath Prediction, Sood et al.	 ➡ 
	Fine-Grained Spatio-Temporal Modeling of Reading Behavior, Re et al.	 ➡ 

# Ethical Considerations

- **Informed Consent** – Collect data only with IRB approval and written participant consent.
- **Privacy Protection** – Keep data anonymized; avoid storing information enabling user identification.
- **Responsible Use** – Only with explicit consent.
- **Bias Awareness** – Validate models for fairness, especially for L2 learners, cognitive/visual impairments.
- **Transparency** – Clearly communicate risks, limitations, and intended uses of predictive systems.

# The Future

